

Turkey



Bacon Wrapped Turkey Tenderloin

Nutrition Facts	
Variable servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 130mg	6%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes --g Added Sugars	--%
Protein 27g	
Vitamin D 0mcg	0%
Calcium 12mg	0%
Iron 1mg	6%
Potassium 274mg	6%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Turkey, Bacon (cured with Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrate).



Caribbean Jerk Turkey Burgers

Nutrition Facts	
Variable servings per container	
Serving size	4 oz (113g)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 85mg	28%
Sodium 930mg	40%
Total Carbohydrate 3g	1%
Dietary Fiber --g	--%
Total Sugars 3g	
Includes --g Added Sugars	--%
Protein 20g	
Vitamin D --mcg	--%
Calcium 36mg	2%
Iron 2mg	10%
Potassium --mg	--%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Turkey, Seasoning Mix (Salt, Soybean Oil, Whey Protein Concentrate, Sugar, Spices (Red Pepper, Cumin, Nutmeg, Thyme), Dehydrated Garlic, Chives, Parsley Flakes, Lime Powder (Lime Oil, Citric Acid), Spices Extract, Silicon Dioxide).

CONTAINS: Milk and Soy.



Ground Turkey Burgers

Nutrition Facts	
Variable servings per container	
Serving size	4 oz (113g)
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 105mg	5%
Total Carbohydrate 0g	0%
Dietary Fiber --g	--%
Total Sugars 0g	
Includes --g Added Sugars	--%
Protein 20g	
Vitamin D --mcg	--%
Calcium 20mg	2%
Iron 1mg	6%
Potassium --mg	--%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Turkey (90% lean, blend of White and Dark Meat).



Ground Turkey

Nutrition Facts	
Variable servings per container	
Serving size	4 oz (113g)
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 130mg	6%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes --g Added Sugars	--%
Protein 27g	
Vitamin D 0mcg	0%
Calcium 12mg	0%
Iron 1mg	6%
Potassium 274mg	6%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Turkey.



Ranch Chipotle Turkey Blend Brat

Nutrition Facts	
Variable servings per container	
Serving size	4 oz (113g)
Amount per serving	
Calories	210
% Daily Value*	
Total Fat 14g	18%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 700mg	30%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 34mg	2%
Iron 1mg	6%
Potassium 147mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Turkey, Pork, Salt, Natural Flavorings, Sweet Whey, Chipotle Peppers, Dextrose, Vinegar Powder (Maltodextrin, Vinegar).

CONTAINS: Milk.



Raspberry Chipotle Turkey Blend Brat

Nutrition Facts	
Variable servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	220
% Daily Value*	
Total Fat 15g	19%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 340mg	15%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 17g	
Vitamin D 0mcg	0%
Calcium 32mg	2%
Iron 1mg	6%
Potassium 149mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Turkey, Pork, Water, Raspberry Chipotle Marinade (Sugar, Salt, Spices, Sodium Phosphate, Maltodextrin, Modified Corn Starch, Natural and Artificial Flavorings, Dried Onion, Dried Garlic, Torula Yeast, Caramel Color, less than 2% Soybean Oil (added as a processing aid)).

CONTAINS: Soy.



Roasted Garlic Turkey Burgers

Nutrition Facts	
Variable servings per container	
Serving size	4 oz (113g)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 750mg	33%
Total Carbohydrate 2g	1%
Dietary Fiber --g	--%
Total Sugars 1g	
Includes --g Added Sugars	--%
Protein 20g	
Vitamin D --mcg	--%
Calcium 36mg	2%
Iron 2mg	10%
Potassium 29mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Turkey, Seasoning (Whey Protein Concentrate, Salt, Soybean Oil, Spices, Dehydrated Garlic, Onion, Chives, Sugar, Parsley Flakes, Silicon Dioxide).

CONTAINS: Milk and Soy.



Turkey Blend Brat

Nutrition Facts	
Variable servings per container	
Serving size	4 oz (113g)
Amount per serving	
Calories	210
% Daily Value*	
Total Fat 13g	17%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 85mg	28%
Sodium 950mg	41%
Total Carbohydrate 1g	0%
Dietary Fiber --g	--%
Total Sugars 0g	
Includes --g Added Sugars	--%
Protein 20g	
Vitamin D 0mcg	0%
Calcium 24mg	2%
Iron 1mg	6%
Potassium 112mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Turkey, Pork, Seasoning (Salt, Trehalose, Soy Grits, Spices, Monosodium Glutamate, Dextrose, Natural Flavor, BHA, BHT, and Citric Acid (added to protect freshness)), Water.



Turkey Brat Garden Medley

Nutrition Facts	
Variable servings per container	
Serving size	4 oz (113g)
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 750mg	33%
Total Carbohydrate 1g	0%
Dietary Fiber --g	--%
Total Sugars 0g	
Includes --g Added Sugars	--%
Protein 20g	
Vitamin D --mcg	--%
Calcium 24mg	2%
Iron 2mg	10%
Potassium 14mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Turkey,(90% Lean blend of White and Dark Meat), Water, Salt, High Protein Soy Flour, Dextrose, Monosodium Glutamate, BHA & BHT & Citric Acid (added as an antioxidant), Monosodium Glutamate, Soy, Seasoning (Salt, Dehydrated Carrots, Onion, Celery, Red & Green Bell Peppers, Spices, Dextrose).

CONTAINS: Soy.



Turkey Brat Tomato Basil

Nutrition Facts	
Variable servings per container	
Serving size	4 oz (113g)
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 750mg	33%
Total Carbohydrate 1g	0%
Dietary Fiber --g	--%
Total Sugars 1g	
Includes --g Added Sugars	--%
Protein 20g	
Vitamin D 0mcg	0%
Calcium 28mg	2%
Iron 2mg	10%
Potassium 48mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Turkey, Tomato Basil Seasoning (Salt, Paprika, Tomato, Spices (Basil, Sugar, Garlic, Onion)).



Turkey Breast with Skin

Nutrition Facts	
Variable servings per container	
Serving size	3 oz (85g)
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 1.5g	8%
Trans Fat --g	
Cholesterol 55mg	18%
Sodium 50mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 19g	
Vitamin D --mcg	--%
Calcium 11mg	0%
Iron 1mg	6%
Potassium 234mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Turkey.



Turkey Breast without Skin

Nutrition Facts

Variable servings per container
Serving size 3 oz (85g)

Amount per serving

Calories 100

% Daily Value*

Total Fat 1.5g 2%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 50mg 17%

Sodium 95mg 4%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes --g Added Sugars --%

Protein 20g

Vitamin D 0mcg 0%

Calcium 9mg 0%

Iron 1mg 6%

Potassium 206mg 4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Turkey.



Turkey Drumstick

Nutrition Facts	
Variable servings per container	
Serving size	3 oz (85g)
Amount per serving	
Calories	120
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 2g	10%
Trans Fat --g	
Cholesterol 60mg	20%
Sodium 65mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 17g	
Vitamin D --mcg	--%
Calcium 14mg	2%
Iron 1mg	6%
Potassium 232mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Turkey.



Turkey Tenderloin

Nutrition Facts	
Variable servings per container	
Serving size	3 oz (85g)
Amount per serving	
Calories	100
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 95mg	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes --g Added Sugars	--%
Protein 20g	
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron 1mg	6%
Potassium 206mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Turkey.



Turkey Thigh

Nutrition Facts	
Variable servings per container	
Serving size	3 oz (85g)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 95mg	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes --g Added Sugars	--%
Protein 17g	
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron 1mg	6%
Potassium 177mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Turkey.



Turkey Wing

Nutrition Facts	
Variable servings per container	
Serving size	3oz (85g)
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 3g	15%
Trans Fat --g	
Cholesterol 60mg	20%
Sodium 45mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 17g	
Vitamin D --mcg	--%
Calcium 12mg	0%
Iron 1mg	6%
Potassium 204mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Turkey.



Whole Turkey

Nutrition Facts	
Varies servings per container	
Serving size	3 oz (85g)
Amount per serving	
Calories	120
% Daily Value*	
Total Fat 5g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 95mg	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes --g Added Sugars	--%
Protein 18g	
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron 1mg	6%
Potassium 191mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Turkey.