

Festival Foods Low Sodium Deli Foods

(140mg of sodium or less per serving)



Desserts

Apple Crisp (135mg per 4 oz)
Pecan Chocolate Bars (95mg per bar (92g))

Dips/Spreads

Dill Dip (135mg per 1 oz)
Pico de Gallo Salsa (10mg per 2 oz)
Pumpkin Dip (50mg per 2 oz)
SKS Dill Cheddar Cheese Spread (135mg per 1 oz)
SKS Horseradish Cheese Spread (135mg per 1 oz)
SKS Veggie Cheddar Cheese Spread (135mg per 1 oz)
Swiss Cheese Dip (115mg per 1 oz)
Tzatziki Sauce (90mg per 2 Tbsp)

Sliced Cheeses (from Deli case)

Belgioioso Provolone Cheese (120mg per 1 oz)
Deppler's Baby Swiss Cheese (120mg per 1 oz)
Finlandia Light Swiss Cheese (130mg per 1 oz)
Havarti Cheese (135mg per 1 oz)
Swiss Cheese (130mg per 1 oz)

Heat & Eat

Squash with Sweet Potatoes (65mg per 4oz)
Yummy Yams (90mg per 4 oz)

Fruit Salads/Fluffs

Ambrosia Fruit Salad (90mg per 4 oz)
Cherry Cheesecake Fluff (65mg per 3 oz)
Cherry Velvet Fluff (30mg per 3 oz)
Chocolate Cherry Fluff (30mg per 3 oz)
Coconut Almond Fluff (125mg per 3 oz)
Cranberry Fluff (10mg per 3 oz)
Cranberry Orange Relish (0mg per ¼ cup)
Finger Jello (95mg per 4 oz)
Fresh Fruit Salad (10mg per 4 oz)
Orange Orzo Fruit Salad (85mg per ½ cup)
Pumpkin Fluff (120mg per 3 oz)
Sugar-Free Finger Jello (60mg per 4 oz)
Waldorf Salad (105mg per 4 oz)
Whipped Fruit Salad (65mg per 3 oz)

Disclaimer: For the convenience of our customers we have listed those Deli items that to the best of our knowledge are low sodium (140 mg of sodium or less per serving). Since ingredient lists can change frequently, Festival Foods acknowledges that the information on this sheet was accurate as of 2/5/14. After this date there may be slight changes due to the ingredient changes. The information provided here is intended for general information only. It is not intended as medical advice. Health information changes frequently as research constantly evolves. You should not rely on any information gathered here as a substitute for consultation with medical professionals. Information may not be reproduced without permission from Festival Foods. We strongly encourage guests to review the ingredient lists of suggested products before purchasing to ensure they meet individual dietary needs. All products not available at all Festival locations.