

*Caloric
Catering
Menu*



Disclaimer: Calories are based on recommended serving size guidelines; they do not reflect the actual weight and/or size of the catering item

Breakfast Menu

Minimum of 10 person/plate order please

Deluxe Continental

Assorted Sweet Rolls: 160-200 calories per 2oz serving
Assorted Muffins: 310-460 calories per 4oz serving
Assorted Bagels: 300-330 calories per 4oz serving
Butter (included): 102 calories per 0.5oz serving
Cream Cheese (included): 51 calories per 0.5oz serving

Cubed Fresh Fruit: 30-90 calories per 5oz serving
Whole Fruit: calories per 5oz serving

- Banana: 126 calories
- Orange: 67 calories
- Apple: 74 calories

2% Milk: 50 calories per 8oz serving
Minute Maid Orange Juice: 110 calories per 8oz serving
Coffee: 5 calories per 8oz serving

Hot Breakfast Buffet

Egg Bake: 180 calories per 4oz serving

Assorted Sweet Rolls: 160-200 calories per 2oz serving
Muffins: 310-460 calories per 4oz serving

Cubed Fresh Fruit: 30-90 calories per 5oz serving

2% Milk: 50 calories per 8oz serving
Minute Maid Orange Juice: 110 calories per 8oz serving
Coffee: 5 calories per 8oz serving

Festival Sunrise Breakfast

Scrambled Eggs: 120 calories per 4oz serving

Meat: calories per 2oz serving

- Sausage: 220 calories
- Ham: 50 calories
- Bacon: 310 calories

Cheesy Hash Browns: 380 calories per 8oz serving

Assorted Sweet Rolls: 160-270 calories per 2oz serving

2% Milk: 50 calories per 8oz serving
Minute Maid Orange Juice: 110 calories per 8oz serving
Coffee: 5 calories per 8oz serving

Cut Fruit: 30-90 calories per 5oz serving

Whole Fruit: per 5oz serving

- Banana: 126 calories
- Orange: 67 calories
- Apple: 74 calories

Soup and Sandwich Menu

Soup and Sandwich: \$9.99

Soups, choose from our Gourmet Varieties: calories per 8.5oz serving

- Beef Chili with Beans: 240 calories
- White Chicken Chili: 140 calories
- Vegetable Beef Barley: 180 calories
- Chicken Noodle Soup: 110 calories
- Chicken Dumpling: 170 calories
- Cheesy Broccoli: 250 calories
- Clam Chowder: 200 calories
- Minestrone: 170 calories
- Cream of Mushroom: 220 calories

Sandwich

- Breads: calories per 2oz serving
 - Soft Kaiser Rolls: 150 calories
 - Wheat Bread: 140 calories
 - White Bread: 150 calories
- Meats: calories per 2oz serving size
 - Ham off the Bone: 80 calories
 - Turkey off the Bone: 60 calories
 - Roast Beef: 60 calories
- Cheeses: calories per 1oz serving size
 - Colby: 110 calories
 - Cheddar: 110 calories
 - Provolone: 100 calories
 - Colby Jack: 110 calories
- Lettuce: 15 calories per 1oz serving
- Tomato: 18 calories per 1oz serving
- Red Onion: 10 calories per 1oz serving size

Dessert (Choose 1)

- Brownies (1 per plate): calories per 1.5oz serving
 - Mint Iced: 180 calories
 - Cream Cheese Iced: 180 calories
 - Fudge Iced: 170 calories
- Cookies (2 per plate): calories per 1oz serving
 - Sugar: 130 calories
 - Oatmeal Raisin: 110 calories
 - Chocolate Chip: 130 calories
 - M&M: 120 calories
 - Peanut Butter: 130 calories
 - Molasses: 130 calories
 - Snicker Doodle: 130 calories
 - Oatmeal Apple Cinnamon: 90 calories

Hot and Cold Sandwich Buffet

Hot Sandwich Buffet: calories per 5oz serving

Beef and Gravy: 310 calories
Turkey and Gravy: 150 calories
Sunday Hot Ham: 190 calories
Sloppy Joes: 200 calories
BBQ Beef: 270 calories
BBQ Pork: 300 calories

Includes

- Potato Salad: 220 calories per 4oz serving
- Creamy Coleslaw: 150 calories per 4oz serving
- Baked Beans: 140 calories per 4oz serving

Dessert (Choose 1)

- Brownies (1 per plate): calories per 1.5oz serving
 - Mint Iced: 180 calories
 - Cream Cheese Iced: 180 calories
 - Fudge Iced: 170 calories
- Cookies (2 per plate): calories per 1oz serving
 - Sugar: 130 calories
 - Oatmeal Raisin: 110 calories
 - Chocolate Chip: 130 calories
 - M&M: 120 calories
 - Peanut Butter: 130 calories
 - Molasses: 130 calories
 - Snicker Doodle: 130 calories
 - Oatmeal Apple Cinnamon: 90 calories

Build Your Own Sandwich

Assorted Meat Tray: calories per 2oz serving

- Ham off the Bone: 80 calories
- Turkey off the Bone: 60 calories
- Roast Beef: 60 calories

Assorted Cheese Tray: calories per 1oz serving

- Colby: 110 calories
- Colby Jack: 110 calories
- Cheddar: 110 calories
- Provolone: 100 calories

Breads: calories per 2oz serving size

- Soft Kaiser Rolls: 150 calories
- Wheat Bread: 140 calories
- White Bread: 150 calories

Lettuce: 15 calories per 1oz serving

Tomato: 18 calories per 1oz serving

Red Onion: 10 calories per 1oz serving size

Condiments: calories per 0.5oz serving

- Mayo: 90 calories

- Mustard: 11 calories
 - Butter: 100 calories
- Cubed Fresh Fruit: 30-90 calories per 5oz serving

Potato Salad: 220 calories per 4oz serving

Dessert (Choose 1)

- Brownies (1 per plate): calories per 1.5oz serving
 - Mint Iced: 180 calories
 - Cream Cheese Iced: 180 calories
 - Fudge Iced: 170 calories
- Cookies (2 per plate): calories per 1oz serving
 - Sugar: 130 calories
 - Oatmeal Raisin: 110 calories
 - Chocolate Chip: 130 calories
 - M&M: 120 calories
 - Peanut Butter: 130 calories
 - Molasses: 130 calories
 - Snicker Doodle: 130 calories
 - Oatmeal Apple Cinnamon: 90 calories

Traditional Box Lunch

Sandwiches

Assorted Meat Tray: calories per 2oz serving

- Ham off the Bone: 80 calories
- Turkey off the Bone: 60 calories
- Roast Beef: 60 calories

Assorted Cheese Tray: calories per 1oz serving

- Colby: 110 calories
- Colby Jack: 110 calories
- Cheddar: 110 calories
- Provolone: 100 calories

Breads: calories per 2oz serving size

- Soft Kaiser Rolls: 150 calories
- Wheat Bread: 140 calories
- White Bread: 150 calories

Lettuce: 15 calories per 1oz serving

Tomato: 18 calories per 1oz serving

Red Onion: 10 calories per 1oz serving size

Cold Sandwiches (A la Carte)

Meat Choices: calories per 2oz serving

- Ham off the Bone: 80 calories
- Turkey off the Bone: 60 calories
- Chicken off the Bone: 60 calories
- Regular Summer Sausage: 200 calories
- Garlic Summer Sausage: 200 calories
- Hard Salami: 120 calories

Protein Spreads: calories per 2oz serving

- Egg Salad: 150 calories
- Ham Spread: 150 calories
- Turkey Spread: 150 calories
- Bologna Spread: 240 calories

Protein Spreads: calories per 2oz serving

- Roast Beef: 60 calories
- Albacore Tuna: 160 calories
- Chicken Salad: 180 calories
- King Crab: 130 calories

Cheese Choices: calories per 1oz serving

- Colby Jack: 110 calories
- Mild Cheddar: 110 calories
- Colby: 110 calories
- Finlandia Swiss: 70 calories
- Muenster: 100 calories

Breads: calories per 2oz serving

- Party Bun: 170 calories
- Mini Kaiser: 110 calories
- Soft Kaiser: 140 calories
- Wheat Bread: 140 calories
- White Bread: 150 calories
- Mini Croissant: 200 calories
- Croissant: 200 calories
- Wheat Sub: 130 calories
- White Sub: 160 calories

Sides

- Potato Salad: 220 calories per 4oz serving
- Coleslaw: 150 calories per 4oz serving
- Parmesan Bowtie Salad: 280 calories per 4oz serving
- Macaroni Salad: 220 calories per 4oz serving
- Bacon Ranch Pasta: 270 calories per 4oz serving
- Bag of Chips: 140-160 calories per 1oz serving

Dessert (Choose 1)

- Brownies (1 per plate): calories per 1.5oz serving
 - Mint Iced: 180 calories
 - Cream Cheese Iced: 180 calories
 - Fudge Iced: 170 calories
- Cookies (2 per plate): calories per 1oz serving
 - Sugar: 130 calories
 - Oatmeal Raisin: 110 calories
 - Chocolate Chip: 130 calories
 - M&M: 120 calories
 - Peanut Butter: 130 calories
 - Molasses: 130 calories
 - Snicker Doodle: 130 calories
 - Oatmeal Apple Cinnamon: 90 calories

Picnic Buffet

Picnic Options: calories per 5oz serving size

- Hamburger with Bun: 320 calories
- Oktoberfest Brat with Bun: 360 calories
- Turkey Oktoberfest Brat with Bun: 260 calories
- Grilled Chicken Breast with Bun: 240 calories

Picnic Options (A la Carte): calories per 4oz serving

- Hamburger: 240 calories
- Grilled Chicken Breast: 160 calories
- Brats
 - Oktoberfest: 270 calories
 - Oktoberfest Turkey: 210 calories

Sides

- Potato Salad: 220 calories per 4oz serving
- Coleslaw: 150 calories per 4oz serving
- Baked Beans: 140 calories per 4oz serving
- Macaroni Salad: 220 calories per 4oz serving
- Bacon Ranch Pasta Salad: 270 calories per 4oz serving
- Bag of Chips: 140-160 calories per 1oz serving

Ketchup and Mustard Packets

Dessert (Choose 1)

- Brownies (1 per plate): calories per 1.5oz serving
 - Mint Iced: 180 calories
 - Cream Cheese Iced: 180 calories
 - Fudge Iced: 170 calories
- Cookies (2 per plate): calories per 1oz serving
 - Sugar: 130 calories
 - Oatmeal Raisin: 110 calories
 - Chocolate Chip: 130 calories
 - M&M: 120 calories
 - Peanut Butter: 130 calories
 - Molasses: 130 calories
 - Snicker Doodle: 130 calories
 - Oatmeal Apple Cinnamon: 90 calories

Lunch and Dinner Buffet

Main Entrees: calories per 4oz serving

- Baked Ham: 140 calories
- Tender Roast Pork: 190 calories
- Sliced Roast Turkey: 120 calories
- Stuffed Chicken Breast: 120 calories
- Baked Chicken: 230 calories
- Fried Chicken: 340 calories
- Ribs on a Stick: 230 calories
- Spoon Roast: 200 calories
- Baked Cod: 120 calories

Sides: calories per 4oz serving

- Sweet Corn: 100 calories
- Parsley Buttered Baby Reds: 440 calories
- Green Beans and Carrots: 45 calories
- Mashed Potatoes with Chicken Gravy: 250 calories
- Baked Beans: 140 calories
- Green Bean Casserole: 100 calories
- Gourmet Vegetable Blend: 70 calories
- Scalloped Potatoes: 180 calories
- Glazed Carrots: 130 calories
- Potato Wedges: 190 calories
- Coleslaw: 150 calories
- Potato Salad: 220 calories
- Garden Rotini Pasta Salad: 200 calories
- Macaroni Salad: 220 calories
- Roasted Asparagus: 100 calories

Dessert (Choose 1)

- Brownies (1 per plate): calories per 1.5oz serving
 - Mint Iced: 180 calories
 - Cream Cheese Iced: 180 calories
 - Fudge Iced: 170 calories
- Cookies (2 per plate): calories per 1oz serving
 - Sugar: 130 calories
 - Oatmeal Raisin: 110 calories
 - Chocolate Chip: 130 calories
 - M&M: 120 calories
 - Peanut Butter: 130 calories
 - Molasses: 130 calories
 - Snicker Doodle: 130 calories
 - Oatmeal Apple Cinnamon: 90 calories

Each meal includes a Dinner Roll with Butter: 130 calories per 1.5oz serving

Our Kitchen Favorites

Lasagna Dinner

Lasagna Options: calories per 8oz serving

- Beef Lasagna: 380 calories
- Vegetable Lasagna: 310 calories

Tossed Garden Salad

- Garden Salad: 35 calories per 3.5oz serving
- Dressings: 20-170 calories per 1oz serving

Garlic Bread: 200 calories per 2oz serving

Dessert (Choose 1)

- Brownies (1 per plate): calories per 1.5oz serving
 - Mint Iced: 180 calories
 - Cream Cheese Iced: 180 calories
 - Fudge Iced: 170 calories
- Cookies (2 per plate): calories per 1oz serving
 - Sugar: 130 calories
 - Oatmeal Raisin: 110 calories
 - Chocolate Chip: 130 calories
 - M&M: 120 calories
 - Peanut Butter: 130 calories
 - Molasses: 130 calories
 - Snicker Doodle: 130 calories
 - Oatmeal Apple Cinnamon: 90 calories

Taco Nacho Buffet

Shells: calories per 1oz serving

- Hard: 62 calories
- Soft: 45 calories

Meat: calories per 1oz serving

- Seasoned Ground Beef: 60 calories

Toppings: calories per 1oz serving

- Shredded Lettuce: 3 calories
- Shredded Cheddar Cheese: 110 calories
- Nacho Cheese: 50 calories
- Diced Tomatoes: 6 calories
- Sliced Ripe Olives: 25 calories
- Jalapeno Peppers: 10 calories
- Sour Cream: 60 calories
- Salsa: 10 calories
- Tortilla Chips: 140 calories

Dessert (Choose 1)

- Brownies (1 per plate): calories per 1.5oz serving
 - Mint Iced: 180 calories
 - Cream Cheese Iced: 180 calories
 - Fudge Iced: 170 calories
- Cookies (2 per plate): calories per 1oz serving
 - Sugar: 130 calories
 - Oatmeal Raisin: 110 calories
 - Chocolate Chip: 130 calories
 - M&M: 120 calories
 - Peanut Butter: 130 calories
 - Molasses: 130 calories
 - Snicker Doodle: 130 calories
 - Oatmeal Apple Cinnamon: 90 calories

On The Lighter Side

Baked Chicken Dinner

Baked Chicken: 230 calories per 4oz serving

Sides: calories per 4oz serving

- Garden Rotini Pasta Salad: 200 calories
- Our Own Potato Salad: 220 calories
- Green Beans: 31 calories
- Corn: 88 calories
- Garden Cucumber Salad: 25 calories

1 Wheat Dinner Roll: 160 calories per 2oz serving

2 Cookies: calories per 1oz serving

- Oatmeal Chocolate Chip: 100 calories
- Oatmeal Apple Cinnamon: 90 calories

BBQ Shredded Chicken on Rolls

Pulled BBQ Chicken: 170 calories per 5oz serving

Sides: calories per 4oz serving

- Garden Rotini Pasta Salad: 200 calories
- Our Own Potato Salad: 220 calories

2 Wheat Dinner Rolls: 160 calories per 2oz serving

Fresh Fruit: 30-90 calories per 5oz serving

2 Cookies: calories per 1oz serving

- Oatmeal Chocolate Chip: 100 calories
- Oatmeal Apple Cinnamon: 90 calories

Soup and Sandwich

Gourmet Soup: calories per 8.5oz serving

- Chicken Noodle: 110 calories
- Minestrone: 170 calories
- Beef Vegetable Barley: 180 calories

Sandwich

- 2 Wheat Dinner Rolls, Turkey Breast, Lettuce: 230 calories per 5oz serving

Fresh Fruit: 30-90 calories per 5oz serving

2 Cookies: calories per 1oz serving

- Oatmeal Chocolate Chip: 100 calories
- Oatmeal Apple Cinnamon: 90 calories

A La Carte

Chicken Buckets: 230-340 calories per 4oz serving

8 Pc
20 Pc
100 Pc

Cold Salads and Sides: calories per 4oz serving

Potato Salad: 220 calories
Creamy Cucumber Salad: 70 calories
Coleslaw: 150 calories
Oriental Coleslaw: 200 calories
Garden Rotini Pasta Salad: 200 calories
Pistachio Fluff: 260 calories
Whipped Fruit Salad: 180 calories
Finger Jello: 110 calories
Chicken Poppy Seed: 230 calories
Greek Pasta Salad: 170 calories

Other Side Options: calories per 5oz serving

Fresh Fruit: 30-90 calories
Mandarin Orange: 80 calories

Heat and Eat Sides: calories per 4oz serving

Baked Beans: 140 calories
Potato Wedges: 140 calories
Creamy Mac and Cheese: 170 calories
Twice Baked Potatoes: 180 calories
Potatoes: 130 calories
Old Fashion Stuffing: 200 calories
Chicken Gravy: 70 calories

Heat and Eat Appetizers: calories per 3oz serving

Buffalo Wings: 140 calories
Honey BBQ Wings: 170 calories
Smokey BBQ Wings: 230 calories
BBQ Meatballs: 170 calories
Chicken Strips: 100 calories
Potato Skins: 180 calories

Desserts

Brownies: 170-180 calories per 1.5oz serving
Bad Boy Brownies: 120-250 calories per 1.5oz serving
Cookies: 90-130 calories per 1oz serving
SKS Cheesecake: 200-480 calories per 4.5oz serving
Upper Crust Pies: 260-510 calories per 4oz serving

Beverages

Coffee 16oz: 6 calories per 12oz serving
2% Milk: 50 calories per 8oz serving
Coffee 8/12oz cups Carafe: 6 calories per 12oz serving
Bottled Soda 20oz: 0-180 calories per 12oz serving
Minute Maid Orange Juice Gallon: 110 calories per 8oz serving
Minute Maid Lemonade Gallon: 110 calories per 8oz serving
Minute Maid Fruit Punch Gallon: 90 calories per 8oz serving
Festival Bottled Water: 0 calories per 12oz serving

Party Platters

Fruit Pizza: 260 calories per 5oz serving

Small 6" (serves 1-2 people)
Large 12" (serves 8-11 people)

Veggie Pizza: 390 calories per 5oz serving

Small 6" (serves 1-2 people)
Large 12" (serves 8-12 people)

Cheese Tray: 110 calories per 1oz serving

Small (Serves 6-9 people)
Medium (Serves 8-15 people)
Large (Serves 15-24 people)

Cheese and Sausage Tray: 290 calories per 3oz serving

Small (Serves 6-9 people)
Medium (Serves 8-15 people)
Large (Serves 15-24 people)

Sandwich Meat Trays: 70 calories per 2oz serving

Small (Serves 6-9 people)
Medium (Serves 8-12 people)
Large (Serves 12-16 people)

Wrap Trays (Choose from Ham&Turkey or Taco): 190-200 calories per 3oz serving

Small (Serves 14-16 people)

Medium (Serves 28-32 people)

Deviled Egg Tray: 140 calories per 2 egg halves

6 count

12 count

Taco Tray: 170 calories per 3oz serving size

Small (Serves 4-8 people)

Medium (Serves 8-12 people)

Large (Serves 12-20 people)

Fresh Produce

Fruit and Vegetable Trays

Seasonal Fruit Trays

- Small Fruit 2lbs (serves 6-8 people)
 - Cantaloupe, Watermelon, Pineapple, Grapes, Strawberries: 90 calories per 5oz serving
 - Served with Vanilla Fruit Dip: 100 calories per 1oz serving
- Large Fruit 4lbs (serves 15-20 people)
 - Cantaloupe, Watermelon, Pineapple, Grapes, Strawberries: 90 calories per 5oz serving
 - Served with Vanilla Fruit Dip: 100 calories per 1oz serving

Select Fruit Tray: 30-90 calories per 5oz serving (Guest may choose fruit, seasonal items may not be available)

- Choice of dip: calories per 1oz serving size
 - Vanilla Fruit Dip: 100 calories
 - Caramel Fruit Dip: 100 calories
 - Strawberry Fruit Dip: 90 calories

Seasonal Vegetable Trays

- Small Vegetable 1.5lbs (serves 6-8 people)
 - Broccoli, Cauliflower, Carrots, Celery: 35 calories per 5oz serving
 - Served with Dill Dip: 130 calories per 1oz serving
- Large Vegetable 3.5lbs (serves 15-20 people)
 - Broccoli, Cauliflower, Carrots, Celery: 35 calories per 5oz serving
 - Served with Dill Dip: 130 calories per 1oz serving

Select Vegetable Tray: 16-35 calories per 5oz serving (Guest may choose vegetables)

- Choice of Dip: calories per 1oz serving
 - Dill Dip: 130 calories
 - Light Dill Dip: 90 calories
 - Spinach Dip: 100 calories
 - Ranch Dip: 65 calories

Cakes and Bakery

Cakes (White, Chocolate, or Marble) (Buttercream or Whipped Icing): 280-340 calories per 3oz serving

- 8" Single Layer (serves 8-10 people)
- 8" Double Layer (serves 10-12 people)
- Quarter Sheet (serves 15-20 people)
- Half Sheet (serves 30-40 people)
- Full Sheet (serves 60-80 people)

Assorted Bar Tray: calories per 1.5oz serving

- Assorted Dessert Bar Tray: 200 calories
- Assorted Fruit Bar Tray: 150 calories

Select Cookies: calories per 1oz serving

- Sugar: 130 calories
- Peanut Butter: 130 calories
- Oatmeal Raisin: 110 calories
- Molasses: 130 calories
- Chocolate Chip: 130 calories
- Snicker Doodle: 130 calories
- M&M: 120 calories
- Oatmeal Apple Cinnamon: 90 calories

Bread Options

- Party/Sandwich Bun: 80 calories per 2oz serving
- Croissants: 200 calories per 2oz serving

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