

SALADS



Absolutely Avocado Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	370
	% Daily Value*
Total Fat 29g	37%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 440mg	19%
Total Carbohydrate 21g	8%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 12mg	0%
Iron 0mg	0%
Potassium 134mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pasta (Water, Enriched Durum Semolina (Durum Semolina Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid) Egg Whites), Avocado Salad Dressing (Soybean Oil, Water, Buttermilk, Avocado, Distilled Vinegar, Egg Yolk, Salt, Garlic Juice, Sugar, Garlic, Onion, Spice, Lemon Juice Concentrate, Potassium Sorbate and Sodium Benzoate (added as preservatives), Xanthan Gum, Propylene Glycol Alginate, Fruit Juice Concentrate (added for color), Oleoresin Turmeric, Calcium Disodium EDTA (added to protect flavor), Natural Flavor), Grape Tomatoes, Avocados, Green Onion, Cilantro, Lime Juice, Cumin, Garlic Salt, Pepper.

CONTAINS: Wheat, Eggs, Soy, and Milk.



Ambrosia Salad

Nutrition Facts	
Variable servings per container	
Serving size	4 oz (113g)
Amount per serving	
Calories	180
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 7g	35%
<i>Trans Fat</i> 0g	
Cholesterol 10mg	3%
Sodium 90mg	4%
Total Carbohydrate 24g	9%
Dietary Fiber 1g	4%
Total Sugars 18g	
Includes --g Added Sugars	--%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 0mg	0%
Potassium 88mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Non Dairy Whipped Topping (Water, Hydrogenated Vegetable Oils (Coconut & Palm Kernel Oils), Corn Syrup, High Fructose Corn Syrup, less than 2% Sodium Caseinate, Polysorbate 60, Sorbitan Monostearate, Guar Gum, Xanthan Gum, Beta Carotene), Sour Cream (Cultured Sour Cream (Skim Milk, Cream, Grade A Whey, Food Starch Modified, Guar Gum, Sodium Phosphate, Carrageenan, Sodium Citrate, Potassium Sorbate, Locust Bean Gum, Enzymes), Fruit Cocktail (Diced Peaches, Diced Pears, Water, Grapes, Corn Syrup, Pineapple Segments, Sugar Cherries (artificially colored red)), Mandarin Oranges, Pineapple, Marshmallow (Corn Syrup, Sugar, Modified Food Starch (Corn), Dextrose, Water, Gelatin, Natural and Artificial Flavor, Tetrasodium Pyrophosphate, Blue 1), Coconut Flakes (Sugar, Water, Propylene Glycol (preserves freshness), Salt, Sodium metabisulfite (retains coconut whiteness)), Vanilla Pudding (Sugar, Dextrose, Modified Food Starch, Sodium Phosphates, Calcium Sulfate, Natural and Artificial Flavors, Salt, Mono and Diglycerides, Yellow 5, Yellow 6).

CONTAINS: Milk and Tree Nuts



Asian Broccoli Slaw

Nutrition Facts	
Variable servings per container	
Serving size	3.5oz (99g)
Amount per serving	
Calories	170
	% Daily Value*
Total Fat 9g	12%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 47mg	4%
Iron 1mg	6%
Potassium 22mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Broccoli Cole Slaw Mix (Broccoli Stems, Shredded Carrots, Shredded Red Cabbage), Oriental Crunch Kit (Ramen Noodle Nut Mix (Ramen Noodles [Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Palm, Cottonseed, Canola Oil), Preserved by TBHQ, Salt, Soy Sauce (Water, Wheat, Soybeans, Salt), Potassium Carbonate, Sodium (Mono, Hexameta, Tripoly) Phosphate, Sodium Carbonate, Turmeric], Blanched Almonds, Sunflower Nuts, Sunflower Oil, Sea Salt), Sugar, Corn Oil, Vinegar, Soy Sauce (Water, Salt, Hydrolyzed Soy Protein, Corn Syrup, Caramel Color, Potassium Sorbate [added as a preservative]), Garlic Powder), Snow Peas.

CONTAINS: Wheat, Soy, and Tree Nuts.



Avocado Chicken Club

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	250
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 480mg	21%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 61mg	4%
Iron 2mg	10%
Potassium 146mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Rainbow Rotini (Water, Durum Semolina, Tomato Solids, Dried Spinach, Enriched with Iron (Ferrous Sulfate), B Vitamins (Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid)), Chardonnay Vinaigrette (Soybean Oil, White Wine, White Wine Vinegar, Water, Sugar, Salt, Contains less than 2% of Mustard Flour, Spice, Garlic Powder, Onion Powder, Natural Flavor, Xanthan Gum, Autolyzed Yeast Extract, Mustard Oil, Chives), Chicken, Avocado, Grape Tomatoes, Celery, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto (vegetable coloring), Powdered Cellulose (added to prevent caking), Potassium Sorbate and Natamycin (added as preservatives)), Mayonnaise (Soybean Oil, Water, Egg Yolk, Vinegar, Sugar, Salt, Mustard, Natural Flavor, Citric Acid, Calcium Disodium EDTA (added to protect flavor), Lemon Juice, Oleoresin Paprika (added for color)), Bacon (cured with Water, Salt, Sugar, Sodium Erythorbate and/or Sodium Ascorbate, Sodium Nitrite, may contain Smoke Flavoring, Sodium Phosphate).

CONTAINS: Wheat, Eggs, Soy, and Milk.



Bacon Blue Cheese Potato Salad

Nutrition Facts	
About 20 servings per container	
Serving size	1/2 cup (122g)
Amount per serving	
Calories	260
	% Daily Value*
Total Fat 20g	25%
Saturated Fat 5g	27%
<i>Trans</i> Fat 0g	
Cholesterol 30mg	10%
Sodium 510mg	22%
Total Carbohydrate 16g	6%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	1%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 44mg	4%
Iron 1mg	4%
Potassium 368mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Potatoes, Sour Cream (Cultured Grade A Milk, Cream and Skim Milk, Corn Starch-Modified, Guar Gum, Sodium Citrate, Carrageenan, Locust Bean Gum, Potassium Sorbate (added to preserve freshness), Natural Flavors), Mayonnaise (Soybean Oil, Water, Egg Yolk, Vinegar, Sugar, Salt, Mustard, Natural Flavor, Citric Acid, Calcium Disodium EDTA (added to protect flavor), Lemon Juice, Oleoresin Paprika (added for color)), Blue Cheese (Blue Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Penicillium Roqueforti), Powdered Cellulose (added to prevent caking), Natamycin (mold inhibitor)), Bacon (cured with Water, Salt, Sugar, Sodium Erythorbate and/or Sodium Ascorbate, Sodium Nitrite, may contain Smoke Flavoring, Sodium Phosphate), Onions, Green Onions, Salt, Dried Bell Pepper, Garlic (Water, Garlic, Phosphoric Acid (added as a preservative, Soybean Oil), Black Pepper, Sodium Benzoate (added as a preservative), Potassium Sorbate (added as a preservative), Dry Parsley.

CONTAINS: Milk, Soy, Eggs.



Bacon Broccoli Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	410
	% Daily Value*
Total Fat 33g	42%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 520mg	23%
Total Carbohydrate 18g	7%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 111mg	8%
Iron 1mg	6%
Potassium 140mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Gluten-Free Shell Pasta (Brown Rice Flour, Water, Potato Starch, Tapioca Starch, Whole Egg, Salt, Xanthan Gum), Broccoli, Mayonnaise (Soybean Oil, Water, Egg Yolk, Vinegar, Sugar, Salt, Mustard, Natural Flavor, Citric Acid, Calcium Disodium EDTA (added to protect flavor), Lemon Juice, Oleoresin Paprika (added for color)), Sugar, Onions, Golden Raisins (Raisins with Sulfur Dioxide), Vinegar, Bacon (cured with Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite, may contain Smoke Flavoring) Salt, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (color), Potato Starch, Powdered Cellulose and Dextrose (added to prevent caking), Red Onion.

CONTAINS: Egg, Soy, and Milk.



Bacon Broccoli Salad with Gluten Free Pasta

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	450
	% Daily Value*
Total Fat 34g	44%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 760mg	33%
Total Carbohydrate 27g	10%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 120mg	10%
Iron 1mg	6%
Potassium 140mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Gluten-Free Shell Pasta (Brown Rice Flour, Water, Potato Starch, Tapioca Starch, Whole Egg, Salt, Xanthan Gum), Broccoli, Salad Dressing (Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains less than 2% of Salt, Spices, Natural Flavors, Paprika), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA Added To Protect Flavor, Natural Flavors), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (added for color), Potato Starch, Powdered Cellulose and Dextrose (added to prevent caking)), Bacon (Bacon cured with Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrite, may also contain Dextrose, Flavoring, Honey, Dehydrated Pork Broth, Potassium Chloride, Potassium Lactate, Smoke Flavoring, Sodium Diacetate, Sodium Phosphate), Red Onion.

CONTAINS: Milk and Soy.



Bacon Ranch Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	340
	% Daily Value*
Total Fat 22g	28%
Saturated Fat 9g	45%
<i>Trans Fat</i> 0g	
Cholesterol 50mg	17%
Sodium 1160mg	50%
Total Carbohydrate 32g	12%
Dietary Fiber 0g	0%
Total Sugars 13g	
Includes 0g Added Sugars	0%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 42mg	4%
Iron 0mg	0%
Potassium 48mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Ranch Pasta Salad(Pasta (Water, Durum Wheat Semolina, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Mayonnaise (Soybean Oil, Water, Egg Yolk, Corn Syrups, Vinegar, Salt, Mustard, Natural Flavors, Citric Acid, Disodium EDTA [to protect flavor], Lemon), Salad Dressing (Water, Soybean Oil, Corn Syrups, Vinegar, Modified Food Starch, Egg Yolk, Salt, Natural Flavors, Garlic, Lemon Juice, Paprika, Disodium EDTA [to protect flavor])), Water, Cucumbers, Green Peppers, Red Peppers, Parmesan Cheese (Parmesan Cheese [Cow's Milk, Cheese Culture, Salt, Rennet], Cellulose, Calcium Propionate [Preservative]), Carrots, Onions, Bacon (Cured with Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrite. May also contain: Potassium Chloride, Dextrose, Smoke Flavoring, Sodium Phosphates, Honey, Potassium Lactate, Sodium Diacetate.), Seasoning Mix (Buttermilk Powder, Salt, Dehydrated Onion & Garlic, Whey, Sugar, Natural & Artificial Flavors, Maltodextrin, Lactic Acid, Parsley, Guar Gum, Xanthan Gum, Dill weed, Disodium Inosinate and Guanylate, Disodium EDTA, Silicon Dioxide. Contains Milk), Glucono-Delta-Lactone, Sodium Benzoate (Preservative), Black Pepper, Potassium Sorbate (Preservative), Stabilizer (Guar Gum, Xanthan Gum, Sodium Alginate)).

CONTAINS: Milk, Eggs, and Wheat.



Bacon Cheddar Rotelli Pasta Salad

Nutrition Facts

About 19 servings per container
Serving size 3/4 cup (132g)

Amount per serving
Calories 350

	% Daily Value*
Total Fat 24g	31%
Saturated Fat 6g	29%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 560mg	24%
Total Carbohydrate 25g	9%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 3g Added Sugars	5%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 130mg	10%
Iron 1mg	6%
Potassium 132mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pasta (Water, Durum Wheat Semolina, Niacin, Iron (Ferrous Sulfate), Thiamin Mononitrate, Riboflavin, Folic Acid), Mayonnaise (Soybean Oil, Water, Egg Ylk, Vinegar, Sugar, Salt, Mustard, Natural Flavor, Citric Acid, Clcium Disodium EDTA (added to protect flavor), Lemon Juice, Oleoresin Paprika (added for color)), Salad Dressing (Water, Soybean Oil, Sugar, Vinegar, Modified Food Starch, Egg Yolk, Salt, Natural Flavor, Paprika, Calcium Disodium EDTA (added to protect flavor), Lemon Juice, Garlic, Xanthan Gum), Water, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto (Vegetable Color), Anti-Caking Agents (Corn Starch and/or Potato Starch and/or Powdered Cellulose), Potassium Sorbate and Natamycin (added as preservatives)), Parmesan Cheese (Parmesan Cheese (Pasteurized Cow's Milk, Cheese Culture, Salt, Enzymes, Powdered Cellulose (added as an anti-caking agent), Calcium Propionate (added as a preservative)), Bacon (cured with Water, Salt, Sugar, Sodium Erythorbate and/or Sodium Ascorbate, Sodium Nitrite, may contain Smoke Flavoring, Sodium Phosphate), Seasoning Mix (Buttermilk Powder, Salt, Dehydrated Onion and Garlic, Whey, Sugar, Maltodextrin, Natural Flavors, Lactic Acid, Parsley, Guar Gum, Xanthan Gum, Dillweed, Disodium Inosinate and Guanylate, Disodium EDTA, Silicon Dioxide (added to prevent caking), Milk), Green Onions, Glucono Delta Lactone, Sodium Benzoate (added as a preservative), Black Pepper, Potassium Sorbate (added as a preservative), Stabilizer (Guar Gum, Xanthan Gum, Sodium Alginate).

CONTAINS: Wheat, Milk, Eggs, and Soy.



Broccoli Cheddar Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	400
	% Daily Value*
Total Fat 28g	36%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 610mg	27%
Total Carbohydrate 31g	11%
Dietary Fiber 0g	0%
Total Sugars 16g	
Includes --g Added Sugars	--%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 28mg	2%
Iron 0mg	0%
Potassium 68mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pasta Salad(Pasta(Water, Durum Wheat Semolina, Dried Spinach, Dried Tomato, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto [Color]), Sugar, Onion, Whey, Salt, Yeast Extract, Egg Yolk, High Fructose Corn Syrup, Vinegar, Mustard, Natural Flavors, Calcium Disodium EDTA (added to preserve freshness), Lemon Juice, Cultured Dextrose, Sodium Diacetate, Egg White Lysozyme and Nisin Preparation (Antimicrobials), Xanthan Gum, Guar Gum, Gum Tragacanth, Potassium Sorbate and Sodium Benzoate (added as preservatives), Citric Acid, Yellow 5, Yellow 6), Broccoli.

CONTAINS: Wheat, Eggs, Milk, and Soy.



Broccoli Cranberry Salad

Nutrition Facts	
Variable servings per container	
Serving size	3.5oz (99g)
Amount per serving	
Calories	260
	% Daily Value*
Total Fat 22g	28%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 360mg	16%
Total Carbohydrate 13g	5%
Dietary Fiber 1g	4%
Total Sugars 10g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 91mg	8%
Iron 0mg	0%
Potassium 159mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Broccoli, Salad Dressing Base (Mayonnaise (Soybean Oil, Water, Egg Yolk, Corn Syrups, Vinegar, Salt, Mustard, Natural Flavors, Citric Acid, Disodium EDTA, Lemon), Onions, Sugar, Golden Raisins, Vinegar, Bacon (cured with Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrite, Potassium Chloride, Dextrose, Smoke Flavoring, Sodium Phosphates, Honey, Potassium Lactate, Sodium Diacetate, Salt)), Cheddar Cheese(Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto(added for color), Potato Starch, Powdered Cellulose & Dextrose(added to prevent caking)), Onion, Dried Cranberries(Cranberries, Sugar, Sunflower Oil), Red Onion, Sunflower Seeds(Shelled Sunflower Kernels, Partially Hydrogenated SoybeanOil, Salt, No Preservatives), Bacon(Bacon cured with Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrite, Dextrose, Flavoring, Honey, Dehydrated Pork Broth, Potassium Chloride, Potassium Lactate, Smoke Flavoring, Sodium Diacetate, Sodium Phosphate).

CONTAINS: Milk, Wheat, and Soy.



Brussel Sprouts with Bacon Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	230
	% Daily Value*
Total Fat 17g	22%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 370mg	16%
Total Carbohydrate 18g	7%
Dietary Fiber --g	--%
Total Sugars 10g	
Includes --g Added Sugars	--%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 74mg	6%
Iron 0mg	0%
Potassium 400mg	8%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Brussel Sprouts, Dressing (Soybean Oil, Water, Distilled Vinegar, Egg Yolk, Salt, Spice, Xanthan Gum, Dehydrated Onion, Natural Flavor), Carrots, Bacon (Bacon, cured with Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite), Almonds.

CONTAINS: Eggs and Tree Nuts.



Buffalo Chicken Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	330
	% Daily Value*
Total Fat 21g	27%
Saturated Fat 6g	30%
<i>Trans</i> Fat 0g	
Cholesterol 55mg	18%
Sodium 850mg	37%
Total Carbohydrate 23g	8%
Dietary Fiber --g	--%
Total Sugars 3g	
Includes --g Added Sugars	--%
Protein 12g	
Vitamin D --mcg	--%
Calcium 34mg	2%
Iron 1mg	6%
Potassium --mg	--%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pasta Rotini (Water, Enriched Durum Semolina (Durum Semolina Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Chicken Strips (Boneless, Skinless Chicken Breast Meat With Rib Meat, Water, Seasoning (Maltodextrin, Salt, Sugar, Chicken Stock, Vegetable Stock [Carrot, Onion, Celery], Flavors, Carrot Powder and Garlic Powder), Modified Food Starch, Sodium Phosphates, Soy Protein Concentrate, Sea Salt), Celery, Mayonnaise (Soybean Oil, Water, Whole Egg, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Ranch Dressing (Salt, Maltodextrin, Onion, Garlic, Spices, Dextrose, Disodium Inosinate, Disodium Guanylate, Xanthan Gum, Autolyzed Yeast Extract, Buttermilk, Turmeric (added for color), Buffalo Wing Sauce (Distilled Vinegar, Aged Cayenne Red Peppers, Salt, Water, Canola Oil, Paprika, Xanthan Gum, Natural Butter Type Flavor and Garlic Powder), Seasoning (Salt, Sugar, Spices (Including Paprika, Turmeric), Onion, Corn Starch, Garlic, Natural Flavor, And Extractives Of Paprika), Mrs. Dash (Onion, Spices, (Black Pepper, Parsley, Celery Seed, Basil, Bay, Marjoram, Oregano, Savory, Thyme, Cayenne Pepper, Coriander, Cumin, Mustard, Rosemary), Garlic, Carrot, Orange Peel, Tomato, Lemon Juice Powder, Citric Acid, Oil of Lemon), Onion Powder, Garlic Powder), And Red Peppers.

CONTAINS: Soy, Egg, and Wheat.



Caesar Crab Salad

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	290
	% Daily Value*
Total Fat 19g	24%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 750mg	33%
Total Carbohydrate 20g	7%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 44mg	4%
Iron 1mg	6%
Potassium 54mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Imitation Crab (Fish Protein (Pollock and/or Whiting), Water, Egg Whites, Corn Starch, Potato Starch, Sugar, Sorbitol, Mirin Wine, Contains 2% or less of the following: Salt, Natural and Artificial Crab Flavors, Soy Protein Isolate, Soybean Oil, Carrageenan, Sodium Phosphates, Paprika, color added), Rainbow Rotini Pasta (Water, Enriched Semolina (Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Whole Eggs, Salt), Creamy Caesar Dressing (Water, Soybean Oil, Parmesan Cheese (Part Skim Cow's Milk, Cow's Milk, Cheese Cultures, Salt, Enzymes), Whole Eggs And Egg Yolks, Vinegar, Dijon Mustard (Water, Mustard Seed, Vinegar, Salt, White Wine, Citric Acid, Tartaric Acid, Spices), Corn Syrup, Salt, Dehydrated Garlic, Lemon Juice Concentrate, Dehydrated Onion, Anchovies, Modified Corn Starch, Cream, Xanthan Gum, Spices, Phosphoric Acid, Fumaric Acid, Sorbic Acid And Calcium Disodium Edta Used To Protect Quality, Propylene Glycol Alginate, Worcestershire Sauce (Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Garlic Powder, Sugar, Spices, Tamarind, Natural Flavor), Soy Flour, Sugar, Natural Flavor, Disodium Inosinate, Disodium Guanylate.), Tomatoes, Premium Salad Dressing (Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains less than 2% of Salt, Spices, Natural Flavors, Paprika), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains Less Than 2% Of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA Added To Protect Flavor, Natural Flavors), Onion, Shredded Parmesan Cheese (Parmesan Cheese (Pasteurized Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (added to prevent caking)), Parsley.

CONTAINS: Shellfish, Fish, Soy, Wheat, Eggs, and Milk.



Caramel Apple Salad with Nuts

Nutrition Facts	
Variable servings per container	
Serving size	3.5oz (99g)
Amount per serving	
Calories	160
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 4.5g	23%
<i>Trans</i> Fat 0g	
Cholesterol 5mg	2%
Sodium 135mg	6%
Total Carbohydrate 24g	9%
Dietary Fiber --g	--%
Total Sugars 19g	
Includes --g Added Sugars	--%
Protein 2g	
Vitamin D --mcg	--%
Calcium 5mg	0%
Iron 0mg	0%
Potassium 63mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Apples(Apples, Ascorbic Acid, Calcium Ascorbate, Calcium Carbonate), Cheesecake (Skim Milk, Buttermilk, Food Starch Modified, Partially Hydrogenated Soybean and/or Cottonseed Oil, Cheddar Cheese (Cultured Milk, Salt, Enzymes), Corn Syrup Solids, Sodium, Calcium, and Potassium Phosphates, Lactose, Glycerol Lacto Esters of Fatty Acids, Mono And Diglycerides, Soy Lecithin, Sodium Caseinate, Natural and Artificial Flavor, Citric and Lactic Acid, Sodium Carboxymethylcellulose, Yellow 5, Yellow 6), Whipped Topping Base(Water, Partially Hydrogenated Coconut Oil, Carbohydrate Gum, Polysorbate 560, Polyglycerol Esters of Fatty Acids, Artificial Flavor, Sodium Citrate, Disodium Phosphate, Xanthan Gum, Beta Carotene, Cultured Dextrose, Sodium Diacetate, Nisin Preparation, Egg White Lysozyme, Glucono-Delta-Lactone, Sodium Benzoate, and Potassium Sorbate (added as preservatives), Snickers(Milk Chocolate(Cocoa Butter, Chocolate, Lactose, Milkfat), Peanuts, Corn Syrup, Sugar, Butter, Vegetable Oil(Partially Hydrogenated Palm Kernel Oil), Lactose, Egg Whites), Vanilla Pudding (Sugar, Corn Sugar, Calcium Sulfate).

CONTAINS: Milk, Eggs, Soy, and Peanuts.



Cashew Broccoli Salad

Nutrition Facts	
Variable servings per container	
Serving size	3.5oz (99g)
Amount per serving	
Calories	250
	% Daily Value*
Total Fat 21g	27%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 260mg	11%
Total Carbohydrate 11g	4%
Dietary Fiber 1g	4%
Total Sugars 6g	
Includes 3g Added Sugars	6%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 24mg	2%
Iron 1mg	6%
Potassium 153mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Broccoli, Mayonnaise(Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Water Chestnuts (Water Chestnuts, Water), Bacon Topping (Bacon cured with Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrite, Dextrose, Flavoring, Honey, Dehydrated Pork Broth, Potassium Chloride, Potassium Lactate, Smoke Flavoring, Sodium Diacetate, Sodium Phosphate), Cashews (Cashews, Vegetable Oil (Peanut, Cottonseed, Partially Hydrogenated Soybean and/or Sunflower Seed), Salt, Onion, Raisins, Sugar, Cider Vinegar High Fructose Corn Syrup and Cider Vinegar.

CONTAINS: Eggs, Soy, Peanuts, and Tree Nuts.



Cheddar Broccoli Pasta

Nutrition Facts	
About 26 servings per container	
Serving size	1/2 cup (102g)
Amount per serving	
Calories	350
% Daily Value*	
Total Fat 24g	31%
Saturated Fat 6g	28%
Trans Fat 0.5g	
Cholesterol 25mg	9%
Sodium 440mg	19%
Total Carbohydrate 26g	10%
Dietary Fiber 1g	2%
Total Sugars 14g	
Includes 12g Added Sugars	24%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 133mg	10%
Iron 1mg	4%
Potassium 127mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pasta Salad (Water, Durum Wheat Semolin, Dried Spinach, Dried Tomato, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Mayonnaise (Soybean Oil, Water, Egg Yolk, Vinegar, Sugar, Salt, Mustard, Natural Flavor, Citric Acid, Calcium Disodium EDTA (added to protect flavor), Lemon Juice, Oleoresin Paprika (added for color)), Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto (Vegetable Color), Anti-Caking Agents (Corn Starch and/or Powdered Cellulose), Potassium Sorbate and Natamycin (added as preservatives)), Sugar, Onions, Vinegar, Cheddar Cheese Flavor (Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Whey, Soybean Oil, Maltodextrin, Salt, Yeast Extract, Citric Acid, Yellow 5, Yellow 6), Water, Preservative (Maltodextrin, Culture Dextrose, Sodium Diacetate, Nisin Preparation (Sodium Chloride, Nisin Prep), Egg White Lysozyme), Salt, Sodium Benzoate (added as a preservative), Potassium Sorbate (added as a preservative), Stabilizer (Xanthan Gum, Guar Gum, Gum Tragacanth, Dextrose).

CONTAINS: Wheat, Soy, Egg, and Milk.



Cheese Tortellini Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	350
	% Daily Value*
Total Fat 21g	27%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 860mg	37%
Total Carbohydrate 24g	9%
Dietary Fiber --g	--%
Total Sugars 6g	
Includes --g Added Sugars	--%
Protein 12g	
Vitamin D --mcg	--%
Calcium 20mg	2%
Iron 0mg	0%
Potassium --mg	--%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Tri-Color Cheese Tortellini (Flour [Durum Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Ricotta Cheese [Pasteurized Whey, Milk, Cream], Parmesan Cheese [Part-Skim Milk, Cheese Culture, Salt, Enzymes], Whole Eggs, Romano Cheese [Cultured Part-Skim Milk, Salt, Enzymes], Cellulose [added to prevent caking], Wheat Flour [Enriched Wheat Flour [Contains Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Sugar, Soybean Oil, Yeast], Provolone Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Oleoresin Paprika, Spinach Powder, Salt, Black Pepper), Cucumbers, Corn Oil, Parmesan Cheese (Part-Skim Cow's Milk, Cheese Cultures, Salt, Rennet, Cellulose, Calcium Propionate [added as a preservative]), Red Peppers, Yellow Peppers, White Wine Vinegar (White Wine Vinegar, Sodium Bisulfite [Preservative]), Dijon Mustard (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice), Sugar, Green Onions, Salt, Basil, Worcestershire Sauce (Vinegar, Water, Molasses, High Fructose Corn Syrup, Salt, Soy Sauce [Water, Salt, Hydrolyzed Soy Protein, Corn Syrup, Caramel Coloring], Natural Flavoring, Caramel Coloring, Anchovies, Polysorbate 80, Soy Flour, Garlic Extract), Parsley, Garlic (Garlic, Olive Oil, Phosphoric Acid), Black Pepper, Sodium Benzoate (added as a preservative), Potassium Sorbate (added as a preservative), Pepper Sauce (Vinegar, Aged Red Pepper, Salt).

CONTAINS: Wheat, Milk, Eggs, Fish, and Soy.



Chef Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	340
	% Daily Value*
Total Fat 26g	33%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 700mg	30%
Total Carbohydrate 16g	6%
Dietary Fiber 1g	4%
Total Sugars 5g	
Includes 2g Added Sugars	4%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 153mg	10%
Iron 1mg	6%
Potassium 77mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Rotini Pasta (Water, Enriched Semolina (Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid)), Salad Dressing (Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains less than 2% of Salt, Spices, Natural Flavors, Paprika), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (Color), Potato Starch, Powdered Cellulose And Dextrose (To Prevent Caking)), Turkey Breast (Turkey Breast Meat, Turkey Broth, Modified Food Starch, Contains 2% or less Salt, Sugar, Sodium Phosphate, Flavoring), Ham (Ham cured with Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite), Milk, Peas, Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Celery, Eggs, Sugar, Italian Tuscan Gold Dressing (Soybean Oil, Water, High Fructose Corn Syrup, Distilled Vinegar, Salt, Contains less than 2% of Lemon Juice Concentrate, Dehydrated Garlic, Xanthan Gum, Dehydrated Onion, Tamarind, Natural Flavor, Dehydrated Red Bell Pepper, Propylene Glycol Alginate, Spices, Apo Carotenal, Calcium Disodium EDTA (added to protect flavor), Beta Carotene (added for color)), Seasoning Salt (Salt, Sugar, Spices (Including Paprika and Turmeric), Onion, Cornstarch, Garlic, Tricalcium Phosphate, Paprika Oleoresin, Natural Flavor), Pepper, Mrs. Dash Seasoning (Onion, Spices, (Black Pepper, Parsley, Celery Seed, Basil, Bay, Marjoram, Oregano, Savory, Thyme, Cayenne Pepper, Coriander, Cumin, Mustard, Rosemary), Garlic, Carrot, Orange Peel, Tomato, Lemon Juice Powder, Citric Acid, Oil of Lemon).

CONTAINS: Wheat, Egg, Milk, and Soy.



Cherry Chicken Pasta Salad with Walnuts

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	400
	% Daily Value*
Total Fat 26g	33%
Saturated Fat 4g	20%
<i>Trans</i> Fat 0g	
Cholesterol 30mg	10%
Sodium 440mg	19%
Total Carbohydrate 31g	11%
Dietary Fiber 0g	0%
Total Sugars 11g	
Includes 0g Added Sugars	0%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 17mg	2%
Iron 1mg	6%
Potassium 34mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Pasta (Enriched Durum Flour (Durum Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid) Water, Egg Whites) Chicken Breast Strips (Chicken Breast with Rib Meat, Water, Seasoning, Sugar, Spice Extractives on a Dextrose Carrier and Sodium Phosphates), Poppy Seed Dressing (High Fructose Corn Syrup, Soybean Oil, Water, Distilled Vinegar, Corn Vinegar, Contains less than 2% of Non Fat Dry Milk Solids, Salt, Poppy Seeds, Egg Yolks, Xanthan Gum, Onion Dehydrated, Spice, Calcium Disodium Edta Added To Protect Flavor), Mayonnaise (Soybean Oil, Egg Yolks, Whole Egg, Water, Distilled Vinegar, Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Cherries, Sugar, Sunflower Oil, Walnuts, Celery, Onion, High Fructose Corn Syrup, and Cider Vinegar.

CONTAINS: Eggs, Soy, Milk, Wheat, and Tree Nuts.



Chicken Cashew Salad

Nutrition Facts	
Variable servings per container	
Serving size	3.5oz (99g)
Amount per serving	
Calories	240
	% Daily Value*
Total Fat 17g	22%
Saturated Fat 3g	15%
<i>Trans Fat</i> 0g	
Cholesterol 65mg	22%
Sodium 570mg	25%
Total Carbohydrate 9g	3%
Dietary Fiber 0g	0%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 15g	
Vitamin D 0mcg	0%
Calcium 5mg	0%
Iron 1mg	6%
Potassium 42mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Chicken, Salad Dressing (Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains less than 2% of Salt, Spices, Natural Flavors, Paprika), Grapes, Cashews (Cashews, Vegetable Oil (Peanut, Cottonseed, Partially Hydrogenated Soybean and/or Sunflower Seed), Salt, Peanuts and/or Other Tree Nuts), Chicken Base (Roasted Chicken, Salt, Maltodextrin, Hydrolyzed Corn Protein, Chicken Fat, Whey, Autolyzed Yeast Extract, Onion Powder, Disodium Inosinate, Disodium Guanylate, Spice Extractives, Turmeric, Extractive of Turmeric, Caramel Color), Celery, Onion, Seasoning Salt (Salt, Sugar, Spices (Including Paprika and Turmeric), Onion, Cornstarch, Garlic, Tricalcium Phosphate, Paprika Oleoresin, Natural Flavor).

CONTAINS: Egg, Milk, Peanuts, and Tree Nuts.



Chicken Parmesan Peppercorn Salad

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	330
	% Daily Value*
Total Fat 23g	29%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 500mg	22%
Total Carbohydrate 21g	8%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 71mg	6%
Iron 0mg	0%
Potassium 32mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Bowtie Pasta (Water, Enriched Semolina (Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Egg Whites), Parmesan Peppercorn Dressing (Soybean Oil, Buttermilk (Cultured Pasteurized Milk, Sodium Citrate, Salt), Water, Corn Syrup, Parmesan Cheese (Pasteurized Cultured Milk, Salt, Enzymes, Anti-mycotic Agent), Parmesan Cheese Flavor (Cultured Milk, Water, Salt, Enzymes), Egg Yolks, Buttermilk, Whey Solids, Contains Less than 2% of Distilled Vinegar, Salt, Balsamic Vinegar, Dehydrated Garlic, Dehydrated Onion, Lemon Juice Concentrate, Spices, Lactic Acid, Xanthan Gum, Polysorbate 60, Sodium Benzoate and Potassium Sorbate, Propylene Glycol Alginate, Autolyzed Yeast Extract, Dehydrated Parsley, Dextrose, Maltodextrin, Calcium Disodium EDTA), Chicken (Chicken Breast with Rib Meat, Water, Seasoning (Maltodextrin, Salt, Sugar, Chicken Stock, Vegetable Stock (Carrot, Onion, Celery), Flavors, Carrot Powder and Garlic Powder), Modified Food Starch, Sodium Phosphates, Soy Protein Concentrate, Sea Salt), Bell Peppers, Milk, Salad Dressing (Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains Less Than 2% Of Salt, Spices, Natural Flavors, Paprika), Italian Dressing (Soybean Oil, Water, High Fructose Corn Syrup, Distilled Vinegar, Salt, Contains less than 2% of Lemon Juice Concentrate, Dehydrated Garlic, Xanthan Gum, Dehydrated Onion, Tamarind, Natural Flavor, Dehydrated Red Bell Pepper, Propylene Glycol Alginate, Spices, Apo Carotenal, Beta Carotene), Parmesan Cheese (Pasteurized Part-skim Cow's Milk, Cheese Cultures, Salt, Enzymes, Modified Food Starch, Powdered Cellulose (added to prevent caking), Potassium Sorbate (added to protect flavor)), Italian Seasoning (Spices).

CONTAINS: Wheat, Eggs, Milk, and Soy.



Chicken Parmesan Peppercorn with Gluten Free Pasta

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	410
	% Daily Value*
Total Fat 24g	31%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 830mg	36%
Total Carbohydrate 36g	13%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 85mg	6%
Iron 1mg	6%
Potassium 25mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Gluten Free Pasta (Brown Rice Flour, Water, Potato Starch, Tapioca Starch, Whole Egg, Salt, Xanthan Gum), Parmesan Peppercorn Dressing (Soybean Oil, Buttermilk (Cultured Pasteurized Milk, Sodium Citrate, Salt), Water, Corn Syrup, Parmesan Cheese (Pasteurized Cultured Milk, Salt, Enzymes, Anti-mycotic Agent), Parmesan Cheese Flavor (Cultured Milk, Water, Salt, Enzymes), Egg Yolks, Buttermilk, Whey Solids, Contains Less than 2% of Distilled Vinegar, Salt, Balsamic Vinegar, Dehydrated Garlic, Dehydrated Onion, Lemon Juice Concentrate, Spices, Lactic Acid, Xanthan Gum, Polysorbate 60, Sodium Benzoate and Potassium Sorbate, Propylene Glycol Alginate, Autolyzed Yeast Extract, Dehydrated Parsley, Dextrose, Maltodextrin, Calcium Disodium EDTA), Chicken (Chicken Breast with Rib Meat, Water, Seasoning (Maltodextrin, Salt, Sugar, Chicken Stock, Vegetable Stock (Carrot, Onion, Celery), Flavors, Carrot Powder and Garlic Powder), Modified Food Starch, Sodium Phosphates, Soy Protein Concentrate, Sea Salt), Bell Peppers, Milk, Salad Dressing (Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains Less Than 2% Of Salt, Spices, Natural Flavors, Paprika), Italian Dressing (Soybean Oil, Water, High Fructose Corn Syrup, Distilled Vinegar, Salt, Contains Less Than 2% Of Lemon Juice Concentrate, Dehydrated Garlic, Xanthan Gum, Dehydrated Onion, Tamarind, Natural Flavor, Dehydrated Red Bell Pepper, Propylene Glycol Alginate, Spices, Apo Carotenal, Beta Carotene), Parmesan Cheese (Pasteurized Part-skim Cow's Milk, Cheese Cultures, Salt, Enzymes, Modified Food Starch, Powdered Cellulose (added to prevent caking), Potassium Sorbate (added to protect flavor)), Italian Seasoning (Spices).

CONTAINS: Eggs, Milk, and Soy.



Chipotle Chicken Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	8 oz (227g)
Amount per serving	
Calories	620
	% Daily Value*
Total Fat 46g	59%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0g	
Cholesterol 40mg	13%
Sodium 920mg	40%
Total Carbohydrate 34g	12%
Dietary Fiber 0g	0%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 15mg	2%
Iron 0mg	0%
Potassium 24mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pasta (Water, Enriched Durum Semolina (Durum Semolina Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid) Egg Whites), Chicken (White Meat chicken), Mild Salsa (Diced tomatoes, Water, Jalapeno Peppers, Tomato Paste, Onions, Dehydrated Onions, Distilled Vinegar, Salt, Dehydrated Garlic, Natural Flavor), Flame Roasted Sweet Corn with Peppers (Sweet Corn, Onion, Red Bell Pepper, Green Bell Pepper, Olive Oil, Contains less than 2% of Citric Acid, Dehydrated Garlic and Onion, Maltodextrin, Natural Flavors (including Grilled and Smoked), Paprika, Salt, Spices), Chipotle Chili Pepper (Chipotle Chili Pepper and less than 2% Silicon Dioxide (added to prevent caking)), Green Onion, Red Pepper, Yellow Pepper, Ranch Dressing (Soybean Oil, Water, Distilled Vinegar, Buttermilk Solids, Egg Yolks, Contains less than 2% of Salt, Sugar, Monosodium Glutamate, Dehydrated Garlic, Dehydrated Onion, Natural Flavors (includes Milk), Lactic Acid, Spices(includes Mustard), Phosphoric Acid, Sodium Benzoate (added as a preservative), Xanthan Gum, Dehydrated Parsley, Calcium Disodium EDTA (added to protect flavor)).

CONTAINS: Eggs, Milk, and Wheat.



Chopped Salad

Nutrition Facts	
Variable servings per container	
Serving size	3.5oz (99g)
Amount per serving	
Calories	160
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 2.5g	13%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	3%
Sodium 290mg	13%
Total Carbohydrate 13g	5%
Dietary Fiber --g	--%
Total Sugars 7g	
Includes --g Added Sugars	--%
Protein 4g	
Vitamin D --mcg	--%
Calcium 58mg	4%
Iron 0mg	0%
Potassium 105mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Cabbage, All Natural Dressing (Soybean Oil, Water, Sugar, Vinegar, Salt, Onion, Garlic, Xanthan Gum, Spices), Pasta (Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Tomatoes, Bell Peppers, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto [added for color], Potato Starch, Corn Starch & Calcium Sulfate [added as an anti-caking agent], Natamycin [added as a preservative]), Bacon (Cured with Water, Salt, Smoked Flavoring, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite), Green Onion.

CONTAINS: Wheat and Milk.



Chunky Almond Chicken Salad

Nutrition Facts	
Variable servings per container	
Serving size	3.5oz (99g)
Amount per serving	
Calories	300
	% Daily Value*
Total Fat 23g	29%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 290mg	13%
Total Carbohydrate 5g	2%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 3g Added Sugars	6%
Protein 20g	
Vitamin D 0mcg	0%
Calcium 12mg	0%
Iron 1mg	6%
Potassium 41mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Diced Chicken, Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Premium Salad Dressing (Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains less than 2% of Salt, Spices, Natural Flavors, Paprika), Celery, Almonds, Sugar, Salt, Pepper High Fructose Corn Syrup and Cider Vinegar.

CONTAINS: Milk, Soy, and Tree Nuts.



Couscous Feta and Mint Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	340
	% Daily Value*
Total Fat 19g	24%
Saturated Fat 2.5g	13%
<i>Trans Fat</i> 0g	
Cholesterol 5mg	2%
Sodium 1050mg	46%
Total Carbohydrate 36g	13%
Dietary Fiber --g	--%
Total Sugars 1g	
Includes --g Added Sugars	--%
Protein 7g	
Vitamin D --mcg	--%
Calcium 53mg	4%
Iron 1mg	6%
Potassium --mg	--%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Tri-Colored Couscous (Water, Couscous (Wheat Flour, Spinach Powder, Tomato Powder, Rosemary Extract)), Canola Oil, Feta Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Green Onions, Parsley, Lemon Juice, Spearmint, Kosher Salt, Extra Virgin Olive Oil with Lemon Oil, Lemon Peel (Lemon Peel, Invert Sugar, Citric Acid), Cayenne Red Pepper.

CONTAINS: Wheat and Milk.



Cowboy Caviar

Nutrition Facts	
About 20 servings per container	
Serving size	1/2 cup (115g)
Amount per serving	
Calories	100
	% Daily Value*
Total Fat 2g	2%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 19g	7%
Dietary Fiber 2g	8%
Total Sugars 12g	
Includes 10g Added Sugars	20%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 18mg	2%
Iron 1mg	4%
Potassium 173mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Pinto Beans (Pinto Beans, Water, Salt, Calcium Chloride (firming agent), Calcium Disodium EDTA (added for color retention), Black Beans (Black Beans, Water, Sugar, Salt, Calcium Chloride (firming agent), Ferrous Gluconate), Apple Cider Vinegar (Apple Cider Vinegar, Water), Green Peppers, Red Peppers, Orange Peppers, Corn (Corn, Water, Sugar, Salt), Sugar, Water, Onions, Corn Oil, Salt, Sodium Benzoate (added as a preservative).



Crabby Tortellini

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	310
	% Daily Value*
Total Fat 19g	24%
Saturated Fat 3g	15%
<i>Trans Fat</i> 0g	
Cholesterol 20mg	7%
Sodium 780mg	34%
Total Carbohydrate 25g	9%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 34mg	2%
Iron 1mg	6%
Potassium 29mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Imitation Crab (Fish Protein (Pollock and/or Whiting), Water, Egg Whites, Corn Starch, Potato Starch, Sugar, Sorbitol, Mirin Wine, Contains 2% or less of the following: Salt, Natural and Artificial Crab Flavors, Soy Protein Isolate, Soybean Oil, Carrageenan, Sodium Phosphates, Paprika, Color Added), Tricolor Cheese Tortellini (Pasta: Enriched Semolina Flour (Semolina Flour [Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Spinach Powder, Paprika, Eggs. Filling: Ricotta Cheese, (Whey, Pasteurized Whole Milk, Skim Milk, Vinegar, Salt), Imported Romano Cheese (Pasteurized Sheep's Milk, Cheese Culture, Salt), Cracker Meal (Enriched Bleached Wheat Flour [Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid], Ammonium Bicarbonate, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate, Guar Gum), Potato Flakes (Dehydrated Potatoes, Mono and Diglycerides (Sodium Acid Pyrophosphate, Sodium Bisulfite and Citric Acid (added as preservatives)), Salt, Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Garlic, Spices), Ranch Dressing (Soybean Oil, Water, Distilled Vinegar, Buttermilk Solids, Egg Yolks, Contains less than 2% of Sugar, Monosodium Glutamate (MSG), Natural Flavors (Milk), Salt, Dehydrated Garlic, Dehydrated Onion, Lactic Acid, Phosphoric Acid, Sodium Benzoate (a preservative), Spices, Xanthan Gum, Calcium Disodium EDTA (added to protect flavor)), Green Peas.

CONTAINS: Milk, Soy, Wheat, Eggs, Fish, and Shellfish.



Cranberry Almond Pasta Salad

Nutrition Facts	
About 12 servings per container	
Serving size	2/3 cup (132g)
Amount per serving	
Calories	450
	% Daily Value*
Total Fat 31g	40%
Saturated Fat 4.5g	22%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 400mg	18%
Total Carbohydrate 36g	13%
Dietary Fiber 2g	8%
Total Sugars 14g	
Includes 12g Added Sugars	24%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 52mg	4%
Iron 1mg	8%
Potassium 146mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Pasta (Water, Durum Wheat Semolina, Egg White, Niacin, Iron (Ferrous Sulfate), Thiamin Mononitrate, Riboflavin, Folic Acid), Mayonnaise (Soybean Oil, Water, Egg Yolk, Vinegar, Sugar, Salt, Mustard, Natural Flavor, Citric Acid, Calcium Disodium EDTA (added to protect flavor), Lemon Juice, Oleoresin Paprika (added for color)), Vinegar, Green Onions, Sugar, Almonds (Almonds, High Oleic Sunflower Oil), Dried Cranberries (Cranberries, Sugar, Sunflower Oil), Corn Oil, Poppy Seeds, Soup Base (Salt, Dextrose, Chicken Fat, Modified Food Starch, Onion Powder, Spice, Extractives of Turmeric, Sorbic Acid, Parsley, Disodium Inosinate and Guanylate, Silicon Dioxide (added to prevent caking), Celery Salt (Salt, Celery Seed, Silicon Dioxide (added to prevent caking))), Dry Mustard, Stabilizer (Xanthan Gum, Guar Gum, Gum Tragacanth, Dextrose).

CONTAINS: Wheat, Eggs, Soy, and Tree Nuts.



Cranberry Orange Relish

Nutrition Facts	
Varied servings per container	
Serving size	1/4 cup (64g)
Amount per serving	
Calories	90
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 23g	9%
Dietary Fiber 2g	6%
Total Sugars 20g	
Includes 18g Added Sugars	36%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 7mg	0%
Iron 0mg	0%
Potassium 44mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Cranberry, Sugar, Oranges.



Cranberry Walnut Salad

Nutrition Facts

About 20 servings per container
Serving size 1/2 cup (94g)

Amount per serving
Calories 150

% Daily Value*

Total Fat 6g	8%
Saturated Fat 0.5g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 440mg	19%
Total Carbohydrate 23g	9%
Dietary Fiber 1g	5%
Total Sugars 19g	
Includes 16g Added Sugars	31%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 32mg	2%
Iron 1mg	4%
Potassium 136mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Red Cabbage, Apple Cider Vinegar (Apple Cider Vinegar, Water), Sugar, Onions, Dried Cranberries (Cranberries, Sugar, Sunflower Oil), Corn Oil, Walnuts, Water, Salt, Celery Seed, Sodium Benzoate (added as a preservative).

CONTAINS: Tree Nuts.



Creamy Coleslaw

Nutrition Facts	
About 44 servings per container	
Serving size	1/2 cup (113g)
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 8g	11%
Saturated Fat 1.5g	6%
Trans Fat 0g	
Cholesterol 10mg	4%
Sodium 330mg	15%
Total Carbohydrate 16g	6%
Dietary Fiber 2g	7%
Total Sugars 12g	
Includes 10g Added Sugars	19%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 33mg	2%
Iron 0mg	2%
Potassium 140mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cabbage, Salad Dressing (Water, Soybean Oil, Sugar, Vinegar, Modified Food Starch, Egg Yolk, Salt, Natural Flavor, Paprika, Calcium Disodium EDTA (added to protect flavor), Lemon Juice, Garlic, Xanthan Gum), Sugar, Carrots, Salt, Stabilizer (Xanthan Gum, Guar Gum, Gum Tragacanth, Dextrose), Onions.

CONTAINS: Eggs.



Creamy Crab and Pea Salad

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	290
	% Daily Value*
Total Fat 19g	24%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 680mg	30%
Total Carbohydrate 21g	8%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 48mg	4%
Iron 1mg	6%
Potassium 69mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Imitation Crab(Pollock, Water, Snow Crabmeat, Sugar, Egg Whites, Corn Starch ,Wheat Starch, Potato Starch, Sorbitol, Mirin(Rice Wine)Contains 2% or less of the following: Salt, Soybean Oil, Natural & Artificial Flavors, Soy Protein Isolate, Modified Corn Starch, Calcium Carbonate, Sodium Tripolyphosphate Paprika, color added), Pasta(Enriched Durum Flour(Durum Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid)Water,Egg Whites), Mayonnaise (Soybean Oil, Egg Yolks, Whole Egg, Water, Distilled Vinegar, Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Sour Cream(Cultured Sour Cream(Skim Milk, Cream, Grade A Whey, Food Starch Modified, Guar Gum, Sodium Phosphate, Carrageenan, Sodium Citrate, Pot Assium Sorbate, Locust Bean Gum, Enzymes)Peas, Bacon(Cured Pork With Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite),Red Onion, Lemon Juice, Salt, Black Pepper, Dill Weed, High Fructose Corn Syrup and Cider Vinegar.

CONTAINS: Fish, Shellfish, Egg, Wheat, Milk, and Soy.



Creamy Cucumber and Tomato Pasta Salad

Nutrition Facts	
variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	250
	% Daily Value*
Total Fat 17g	22%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 270mg	12%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 18mg	2%
Iron 1mg	6%
Potassium 40mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Rotini Pasta(Enriched Durum Flour(Durum Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid) Water, Egg Whites), Deli Blend (Soybean Oil, Water, Vinegars(Distilled and Corn) Sugar, Whole Eggs, Modified Food Starch, Egg Yolks, Salt, Mustard Flour, Spices, Xanthan Gum, Paprika, Calcium Disodium EDTA (added to protect quality) Cucumbers, Diced Tomatoes, Green Onions, Red Wine Vinegar(Burgundy Wine Vinegar, Sulphur Dioxide (added to protect color), and Water (dilute to 5% acidity)), Basil Leaves, Oregano Leaves.

CONTAINS: Egg, Wheat, and Soy.



Crunchy Coleslaw

Nutrition Facts	
About 17 servings per container	
Serving size	4 tbsp. (41g)
Amount per serving	
Calories	190
	% Daily Value*
Total Fat 12g	15%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 135mg	6%
Total Carbohydrate 19g	7%
Dietary Fiber 1g	3%
Total Sugars 13g	
Includes 13g Added Sugars	25%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 1mg	4%
Potassium 51mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Ramen Noodle Nut Mix (Ramen Noodles (Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Palm Oil, Salt, Potassium Crabonate, Sodium Alginate, SOdium Carbonate, Sodium Tripolyphosphate, TBHQ (added as a preservative)), Blanched Almonds, Sunflower Nuts, Sunflower Oil, Sea Salt, Sugar, Corn Oil, Vinegar, Soy Sauce (Water, Salt, Hydrolyzed Vegetable Protein (Corn and Soy), Molasses, Caramel Color, Sodium Benzoate (added to protect freshness), Citric Acid), Garlic Powder.

CONTAINS: Wheat, Tree Nuts, and Soy.



Curried Tofu Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	480
	% Daily Value*
Total Fat 43g	55%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 510mg	22%
Total Carbohydrate 21g	8%
Dietary Fiber --g	--%
Total Sugars 11g	
Includes --g Added Sugars	--%
Protein 10g	
Vitamin D --mcg	--%
Calcium 276mg	20%
Iron 4mg	20%
Potassium --mg	--%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Tofu (Soybean, Water, Magnesium Chloride), Canola Oil, Red Peppers, Raisins (contains Sulphites), Carrots, Green Onions, Almonds, Mayonnaise (Canola Oil, Egg Yolks, Vinegar, Water, Salt, Sugar, Paprika Extract), Curry Sauce (Water, Vegetable Oil, Concentrated Tomato Puree, Onion Powder, White Flour, Coriander, Cumin, Spices, Salt, Sugar, Coconut, Garlic Powder, Acetic Acid), Sugar, White Wine Vinegar (contains Sulphites), Lemon Juice, Curry Powder, Roasted Garlic, Sea Salt, Cilantro, Turmeric, Citric Acid).

CONTAINS: Eggs, Soy, and Tree Nuts.



Dawn's Potato Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	160
	% Daily Value*
Total Fat 9g	12%
Saturated Fat 1.5g	8%
<i>Trans</i> Fat --g	
Cholesterol 85mg	28%
Sodium 460mg	20%
Total Carbohydrate 19g	7%
Dietary Fiber --g	--%
Total Sugars --g	
Includes --g Added Sugars	--%
Protein 2g	
Vitamin D --mcg	--%
Calcium 20mg	2%
Iron 1mg	6%
Potassium 383mg	8%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Potatoes, Salad Dressing(Soybean Oil, Water, High Fructose Corn Syrup, Distilled Vinegar, Egg Yolks, Food Starch-Modified, Salt, Contains less than 2% of Spice, Natural Flavor, Calcium Disodium EDTA (added to protect flavor)), Sugar, Celery, Onions, Eggs, Salt, Mustard(Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices), Radishes, Artificial Coloring (FD&C Yellow #5, Yellow #6, Red #40), Spices, Potassium Sorbate (added to preserve freshness), Sodium Benzoate (added to preserve freshness).

CONTAINS: Eggs.



Deviled Egg Pasta Salad

Nutrition Facts

About 19 servings per container
Serving size 1/2 cup (121g)

Amount per serving
Calories 320

	% Daily Value*
Total Fat 23g	30%
Saturated Fat 4g	20%
<i>Trans</i> Fat 0g	
Cholesterol 145mg	48%
Sodium 700mg	30%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	3%
Total Sugars 6g	
Includes 4g Added Sugars	8%
Protein 7g	
Vitamin D 1mcg	4%
Calcium 56mg	4%
Iron 1mg	8%
Potassium 117mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pasta (Water, Durum Wheat Semolin, Niacin, Iron (Ferrous Sulfate), Thiamin Mononitrate, Riboflavin, Folic Acid), Eggs, Mayonnaise (Soybean Oil, Egg Yolk, Corn Sweetener, Water, Vinegar, Salt, Spices, Citric Acid, Lemon Juice, Calcium Disodium EDTA (added to protect flavor), Natural Flavor), Water, Sugar, Mustard (Water, Vinegar, Mustard Seed, Salt, Turmeric, Paprika), Salt, Red Peppers (Sweet Bell Peppers, Water, Citric Acid), Onions, Vinegar, Sweet Relish (Cucumbers, Sugar, Water, Vinegar, Salt, Calcium Chloride, Sodium Benzoate, Xanthan Gum, Peppers, Polysorbate 80, Natural Flavors, Potassium Sorbate, Oleoresin, Turmeric), Glucono Delta Lactone, Preservatives(Maltodextrin, Cultured Dextrose, Sodium Diacetate, Nisin Preparation (Sodium Chloride, Nisin Prep), Egg White Lysozyme), Dry Mustard, Sodium Benzoate (added as a preservative), Potassium Sorbate (added as a preservative), Black Pepper, Dill Weed, Cayenne Pepper.

CONTAINS: Wheat and Eggs.



Dilly Pickle Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	8oz (227g)
Amount per serving	
Calories	600
	% Daily Value*
Total Fat 48g	62%
Saturated Fat 13g	65%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 830mg	36%
Total Carbohydrate 28g	10%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 215mg	15%
Iron 2mg	10%
Potassium 119mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pasta (Water, Enriched Durum Semolina (Durum Semolina Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Egg Whites), Pickles and Pickle Juice (Fresh Cucumbers, Water, Salt, Vinegar, Lactic Acid, Sodium Benzoate (added as a preservative), Natural Flavors, Polysorbate 80, Turmeric (added for color)), Mayo (Soybean Oil, Water, Whole Egg, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Sour Cream (Nonfat Milk, Cream, Grade A Whey, Corn Starch-Modified, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Locust Bean Gum, Potassium Sorbate (added as a preservative)), Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto (Vegetable Coloring), Powdered Cellulose (added to prevent caking), Potassium Sorbate and Natamycin (added as preservatives), Green Onion, Black Pepper, Cayenne Pepper.

CONTAINS: Milk, Egg, Wheat and Soy.



Edamame Cheddar Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	250
	% Daily Value*
Total Fat 15g	19%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 430mg	19%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 193mg	15%
Iron 1mg	6%
Potassium 53mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Penne Pasta (Water, Enriched Durum Semolina (Durum Semolina Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Edamame, Golden Italian Dressing (Soybean Oil, Water, High Fructose Corn Syrup, Distilled Vinegar, Salt, Contains Less Than 2% Of Lemon Juice Concentrate, Garlic, Xanthan Gum, Onion, Tamarind, Natural Flavor, Red Bell Pepper, Propylene Glycol Alginate, Spices, Apo Carotenol, Calcium Disodium EDTA (added to protect flavor), Beta Carotene (added for color)), Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Artificial Color, Potato Starch, Powdered Cellulose (added to prevent caking), Natamycin (natural mold inhibitor)), Tomato, Cucumber, Yellow Peppers, Onion Powder, Pepper.

CONTAINS: Milk, Wheat, and Soy.



Edamame Spring Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	130
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Total Carbohydrate 30g	11%
Dietary Fiber --g	--%
Total Sugars 20g	
Includes --g Added Sugars	--%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 37mg	2%
Iron 1mg	6%
Potassium 0mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Edamame (Soybeans), Corn (Corn, Water, Sugar, Salt), Black Beans (prepared Black Beans, Water, Salt), Celery, Red Wine, Oil Dressing (Water, Canola Oil, Red Wine Vinegar, Olive Oil, Sugar, Salt, Spices, Dried Garlic, Dried Bell Pepper, Xanthan Gum), Red Onion, Red Pepper.

CONTAINS: Soy.



Farmers Market Blend Salad

Nutrition Facts	
41 servings per container	
Serving size	1 Cup (57g)
Amount per serving	
Calories	100
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 150mg	7%
Total Carbohydrate 11g	4%
Dietary Fiber 2g	7%
Total Sugars 8g	
Includes 3g Added Sugars	6%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 31mg	2%
Iron 1mg	6%
Potassium 160mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Kale, Carrots, Dressing (Soybean Oil, Water, Sugar, Apple Juice Concentrate, Vinegar, Egg Yolks, Poppy Seeds, Salt, Natural Flavor, Xanthan Gum, Spice), Broccoli, Brussel Sprouts, Red Cabbage, Cranberries (Cranberries, Sugar, Sunflower Oil), Sun Flower Hearts (Sunflower Kernels, Cottonseed and Sunflower Oil, Salt).

CONTAINS: Soy and Eggs.



Festival's Own Potato Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	270
	% Daily Value*
Total Fat 17g	22%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 470mg	20%
Total Carbohydrate 24g	9%
Dietary Fiber --g	--%
Total Sugars 7g	
Includes --g Added Sugars	--%
Protein 4g	
Vitamin D --mcg	--%
Calcium 18mg	2%
Iron 1mg	6%
Potassium --mg	--%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Potatoes, Salad Dressing (Soybean Oil, Water, Vinegar, Sugar, Egg Yolks, Starch, Food Starch-Modified, Salt, Mustard Flour, Paprika, Natural Flavor, Dried Garlic), Eggs, Mustard (Water, Vinegar, Mustard Seed, Salt, Turmeric), Sugar, Onions, Salt, Black Pepper, Parsely.

CONTAINS: Eggs.



Fiesta Street Corn Salad

Nutrition Facts	
Variable servings per container	
Serving size	3.5oz (99g)
Amount per serving	
Calories	160
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 470mg	20%
Total Carbohydrate 17g	6%
Dietary Fiber --g	--%
Total Sugars 6g	
Includes --g Added Sugars	--%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 99mg	8%
Iron 1mg	6%
Potassium 158mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Sweet Corn, Dressing (Soybean Oil, Water, Sugar, Fresh Buttermilk, Cilantro, Distilled Vinegar, Lime Juice Concentrate, Salt, Egg Yolk, Maltodextrin, Buttermilk Powder, Dehydrated Garlic and Onion, Xanthan Gum, Spices, Lactic Acid, Nonfat Milk Powder, Whey Powder, Natural Flavors, Sodium Alginate, Dextrose, Citric Acid, Lemon Juice Concentrate, Sorbic Acid, Beta Carotene, Dehydrated Red Pepper), Black Beans (Black Beans, Water, Salt, Calcium Chloride, Ferrous Gluconate), Cotija Cheese (Pasteurized Milk, Enzymes, Cultures, Salt, Free Flow Powder (Potato Starch, Corn Starch, Dextrose, Calcium Sulfate, Natamycin, Enzyme (added to prevent caking)), Jicama, Red Onion, Red Pepper, Cilantro, Lime Juice (Water, Lime Juice Concentrate, Sodium Metabisulfite, Sodium Benzoate (added as preservatives), Lime Oil), Seasoning (Cumin Powder, Salt, Spices, Dextrose, Dehydrated Onion, Sugar, Dehydrated Garlic, Onion and Green Peppers, Paprika, Natural Flavors, Jalpeno Powder, Extractives of Paprika, Silicon Dioxide (anti-caking), Natural Flavors, Cayenne Pepper.

CONTAINS: Soy, Milk, and Eggs.



Fresh Fruit Salad

Nutrition Facts	
Variable servings per container	
Serving size	3.5 oz (99g)
Amount per serving	
Calories	35
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 9g	3%
Dietary Fiber 1g	4%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 0mg	0%
Potassium 185mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Blueberries, Pineapple, Watermelon, Cantaloupe, Honey Dew, Strawberries, and Grapes.



Fresh Kale and Tomato Bowtie Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	80
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	14%
Total Carbohydrate 12g	4%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 68mg	6%
Iron 1mg	6%
Potassium 66mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Pasta(Water, Enriched Durum Wheat Semolina [Semolina, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid], Egg Whites), Corn Oil, Water, Lemon Juice(Lemon Juice From Concentrate [Water, Concentrated Lemon Juice]; Sodium Benzoate, Sodium Metabisulfite and Sodium Sulfite[added as preservatives] Lemon Oil), White Wine Vinegar(White Wine Vinegar, Potassium Metabisulfite[added to protect color], Water), Garlic(Garlic, Water, Phosphoric Acid, Olive Oil, Sodium Benzoate[added as a preservative], Sulfites), Salt, Maltodextrin, Cultured Dextrose, Sodium Diacetate, Salt, Egg White Lysozyme and Nisin Preparation, Stabilizer (Guar Gum, Xanthan Gum, Sodium Alginate), Potassium Sorbate (added as a preservative), Black Pepper), Black Pepper, Basil, Tomatoes, Kale, Green Onion.

CONTAINS: Wheat and Eggs.



Garden Rotini Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	250
	% Daily Value*
Total Fat 19g	24%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 610mg	27%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 17mg	2%
Iron 1mg	6%
Potassium 160mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Italian Dressing (Soybean Oil, Water, High Fructose Corn Syrup, Distilled Vinegar, Salt, Contains less than 2% of Lemon Juice Concentrate, Dehydrated Garlic, Xanthan Gum, Dehydrated Onion, Tamarind, Natural Flavor, Dehydrated Red Bell Pepper, Propylene Glycol Alginate, Spices, Apo Carotenal, Calcium Disodium EDTA (added to protect flavor), Beta Carotene), Pasta (Water, Enriched Durum, Semolina (Durum Semolina Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid).), Broccoli, Cauliflower, Cheddar Cheese ((Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto (Vegetable Coloring), Powdered Cellulose (added to prevent caking), Potassium Sorbate and Natamycin (Preservative), Carrots, Bell Pepper, Onion, Black Olives (California Ripe Olives, Water, Salt, Ferrous Gluconate).

CONTAINS: Milk, Wheat, and Soy.



Grandma's Potato Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	340
	% Daily Value*
Total Fat 27g	35%
Saturated Fat 3.5g	18%
<i>Trans</i> Fat 0g	
Cholesterol 30mg	10%
Sodium 440mg	19%
Total Carbohydrate 20g	7%
Dietary Fiber --g	--%
Total Sugars 1g	
Includes --g Added Sugars	--%
Protein 3g	
Vitamin D --mcg	--%
Calcium 0mg	0%
Iron 1mg	6%
Potassium --mg	--%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Potatoes, Mayonnaise (Soybean Oil, Whole Eggs and Egg Yolks, Water, Vinegar, Salt, Sugar, Lemon juice, Natural Flavors, Calcium Disodium EDTA (added to protect quality)), Eggs, Water, Onions, Celery, Sugar, Mustard (Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices), Salt, Onion Salt (Salt, Dehydrated Onion, Parsley, Contains less than 2% of Silicon Dioxide (added to prevent caking), Parsley, Potassium Sorbate (added as a preservative), Black Pepper.

CONTAINS: Eggs and Soy.



Greek Feta Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	210
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 700mg	30%
Total Carbohydrate 21g	8%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 52mg	4%
Iron 1mg	6%
Potassium 91mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Pasta (Water, Enriched Semolina(Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Whole Eggs, Salt), Cucumber, Green Olives(Olives, Water, Minced Pimentos (Sodium Alginate, Guar Gum, Calcium Chloride, Potassium Sorbate (added as a preservative), Salt and Lactic Acid), Onion, Black Olives(California Ripe Olives, Water, Salt, Ferrous Gluconate), Tomatoes, Bell Pepper, Lemon Juice, Olive Oil, Red Pepper(Sweet Red Peppers, Water, and Citric Acid), Soybean Oil, Feta Cheese(Cultured Pasteurized Milk, Salt, Enzymes), Potato Starch(added to prevent caking), Garlic Powder, Dill, Oregano.

CONTAINS: Wheat, Eggs, and Milk.



Greek Salad with Gluten Free Pasta

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	230
<small>% Daily Value*</small>	
Total Fat 11g	14%
Saturated Fat 2.5g	13%
<i>Trans Fat</i> 0g	
Cholesterol 35mg	12%
Sodium 900mg	39%
Total Carbohydrate 28g	10%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 59mg	4%
Iron 1mg	6%
Potassium 105mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Gluten Free Pasta(Brown Rice Flour, Water, Potato Starch, Tapioca Starch, Whole Egg, Salt, Xanthan Gum), Greek Dressing(Water, Soybean Oil, Feta Cheese (Cultured Pasteurized Part Skim Milk, Salt, Enzymes), White Wine Vinegar, Salt, Extra Virgin Olive Oil, Contains less than 2% of Dehydrated Garlic, Sugar, Spices, Lemon Juice Concentrate, Garlic Juice, Propylene Glycol Alginate, Onion Juice, Xanthan Gum, Potassium Sorbate and Sodium Benzoate (added as preservatives), Dehydrated Parsley, Dehydrated Onion, Calcium Disodium EDTA (added to protect flavor), Tomatoes, Bell Pepper, Cucumber, Onion, Cherry Peppers (Fresh Peppers, Water, Vinegar, Salt, Calcium Chloride, Sodium Benzoate(added as a preservative)), Sodium Bisulfite, and Turmeric, Black Olives(Ripe Olives, Water, Salt, Ferrous Gluconate), Stuffed Green Olives (Olives, Water, Minced Pimentos(Sodium Alginate, Guar Gum Calcium Chloride, Potassium Sorbate (added as a preservative), Salt and Lactic Acid), Feta Cheese (Pasteurized Cow’s Milk a Skim Milk, Salt, Enzymes and Vegetable Coagulant), Calcium Chloride, Dill.

CONTAINS: Soy, Eggs, and Milk.



Greek Yogurt Cucumber and Onion Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	130
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 1.5g	8%
<i>Trans</i> Fat 0g	
Cholesterol 5mg	2%
Sodium 650mg	28%
Total Carbohydrate 4g	1%
Dietary Fiber --g	--%
Total Sugars 3g	
Includes --g Added Sugars	--%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 48mg	4%
Iron 0mg	0%
Potassium 133mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cucumbers, Dressing (Greek Yogurt (Cow's and Goat's Milk, Cream, Active Bacterial Cultures), ALL Natural Mayonnaise (Soybean Oil, Egg Vinegar, Water, Salt, Sugar, Natural Flavor, Lemon Juice Concentrate), Salt, Dill Weed, White Pepper, Natural Flavor), Red Onions, Carrots.

CONTAINS: Eggs and Milk.



Ham and Cheese Macaroni Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	330
	% Daily Value*
Total Fat 22g	28%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 640mg	28%
Total Carbohydrate 26g	9%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 4g Added Sugars	8%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 46mg	4%
Iron 1mg	6%
Potassium 34mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Elbow Macaroni (Water, Enriched Semolina (Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid)), Salad Dressing (Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains less than 2% of Salt, Spices, Natural Flavors, Paprika), Milk, Celery, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (added for color), Potato Starch, Powdered Cellulose and Dextrose (added to prevent caking)), Sugar, Italian Dressing (Soybean Oil, Water, High Fructose Corn Syrup, Distilled Vinegar, Salt, Contains less than 2% of Lemon Juice Concentrate, Dehydrated Garlic, Xanthan Gum, Dehydrated Onion, Tamarind, Natural Flavor, Dehydrated Red Bell Pepper, Propylene Glycol Alginate, Spices, Apo Carotenal, Calcium Disodium EDTA (added to protect flavor), Beta Carotene (added for color)), Ham (cured with Water, Dextrose, Salt, Contains 2% or less of Potassium Lactate, Sodium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite, Sugar, Potassium Chloride).

CONTAINS: Wheat, Milk, Soy, and Eggs.



Honey Dijon Chicken Salad

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	200
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 320mg	14%
Total Carbohydrate 23g	8%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 15mg	2%
Iron 1mg	6%
Potassium 81mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Penne Pasta(Water, Enriched Semolina (Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid)), Fat Free Honey Mustard Dressing(Water, Corn Syrup, High Fructose Corn Syrup, Dijon Mustard(Distilled Vinegar, Water, Mustard Seed, Salt, White Wine, Citric Acid, Turmeric, Spices, Tartaric Acid), Distilled Vinegar, Honey Sugar, Food Starch-Modified, Contains less than 2% of Salt, Spice, Xanthan Gum, Titanium Dioxide (color), Sodium Benzoate and Potassium Sorbate(as preservatives), Natural and Artificial Flavors, Caramel Color, Annatto and Turmeric(color)), Cucumber, Diced Chicken, Eggs, Celery, Black Olives(California Ripe Olives, Water, Salt, Ferrous Gluconate), Onion, Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains Less Than 2% Of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), High Fructose Corn Syrup and Cider Vinegar).

CONTAINS: Eggs and Wheat.



Italian Pepperoni Salad

Nutrition Facts	
About 19 servings per container	
Serving size	3/4 cup (120g)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 840mg	37%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	3%
Total Sugars 8g	
Includes 7g Added Sugars	15%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 1mg	4%
Potassium 60mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Pasta (Water, Durum Wheat Semolina, Niacin, Iron (Ferrous Sulfate), Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Vinegar, Corn Oil, Sugar, Ripe Olives (Ripe Olives, Water, Salt, Ferrous Gluconate (added to stabilize color)), Pepperoncini (Pepperoncini, Water, Sea Salt, Vinegar, Citric Acid, Sodium Bisulfate, Sodium Benzoate, Turmeric), Green Peppers (Bell Peppers, Water, Citric Acid), Salt, Garlic (Water, Garlic, Phosphoric Acid (added as a preservative), Soybean Oil), Dried Onions, Lemon Juice (Lemon Juice from Concentrate, Sodium Benzoate, Sodium Metabisulfite, and Sodium Sulfite (added as preservatives), Stabilizer (Guar Gum, Xanthan Gum, Sodium Alginate), Oregano, Basil, Dry Parsley.

CONTAINS: Wheat and Soy.



Italian Pepperoni Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	240
	% Daily Value*
Total Fat 13g	17%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 990mg	43%
Total Carbohydrate 25g	9%
Dietary Fiber 0g	0%
Total Sugars 10g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 83mg	6%
Iron 0mg	0%
Potassium 6mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Italian Pepperoni Pasta Kit (Pasta (Water, Durum Wheat Semolina, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Vinegar, Corn Oil, Sugar, Ripe Olives (Ripe Olives, Water, Salt, Ferrous Gluconate (added to stabilize color)), Pepperoncini (Imported Peppers, Water, Vinegar, Salt, Sodium Benzoate [added as a preservative], Sodium Bisulfite [added as a color protectant], Yellow 5), Green Peppers (Bell Peppers, Water, Citric Acid), Red Peppers (Sweet Bell Peppers, Water, Citric Acid), Salt, Garlic (Garlic, Water, Phosphoric Acid, Olive Oil, Sodium Benzoate [added as a preservative], Contains Sulfites), Dried Onions, Lemon Juice (Lemon Juice From Concentrate [Water, Concentrated Lemon Juice]; Sodium Benzoate, Sodium Metabisulfite and Sodium Sulfite [added as preservatives]; Lemon Oil), Dried Red Peppers, Sodium Benzoate (added as a preservative), Stabilizer (Guar Gum, Xanthan Gum, Sodium Alginate), Oregano, Basil, Dried Parsley), Provolone Cheese (Cultured Pasteurized Milk, Enzymes, Salt), Pepperoni (Pork and Beef, Salt, Spices, Dextrose, Lactic Acid Starter Culture, Oleoresin of Paprika, Flavorings, Sodium Ascorbate, Sodium Nitrite, BHA, BHT, Citric Acid), Onion, Parmesan Cheese (Pasteurized Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes, Modified Food Starch, Powdered Cellulose (added to prevent caking), Potassium Sorbate (added to protect flavor)).

CONTAINS: Wheat and Milk.



Italian Tortellini Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	360
	% Daily Value*
Total Fat 26g	33%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 970mg	42%
Total Carbohydrate 21g	8%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 130mg	10%
Iron 1mg	6%
Potassium 34mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Cheese Tortellini(Enriched Durum Flour[Durum Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate(Vitamin B1), Riboflavin(Vitamin B2)], Water, Beef, Part Skim Ricotta Cheese(Pasteurized Whey, Pasteurized Milk, Vinegar, Carrageenan), Bread Crumb(Enriched Flour[Wheat Flour, Niacin, Reduced Iron, Hiamine Mononitrate(Vitamin B1), Riboflavin(Vitamin B2)], Sugar, Soybean Oil, Yeast), Whole Egg, Imported Romano Cheese Made From Sheeps Milk(Pasteurized Sheeps Milk, Bacterial Culture, Salt, Rennet), Soybean Oil, Salt, Spices, Dehydrated Parsley Flakes, Garlic Powder), Italian Dressing(Soybean Oil, Water, High Fructose Corn Syrup, Distilled Vinegar, Salt Contains Less Than 2% Of Lemon Juice Concentrate, Dehydrated Garlic, Corn Syrup, Xanthan Gum, Dehydrated Onion, Natural Flavors, Dehydrated Red Bell Pepper, Propylene Glycol Alginate, Spices, Tamarind, Apocarotenal And Beta Carotene(Color), Calcium Disodium, Edta(added to protect flavor), Hard Salami(Beef and Pork, Salt, Contains 2% Or Less Of Dextrose, Water, Natural Spices, Garlic Powder, Sodium Ascorbate, Lactic Acid Starter Culture, Sodium Nitrate, BHA, BHT, Citric Acid), Provolone Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Green Pepper, Red Onion, Black Olives , Parmesan Cheese (Parmesan Cheese(Cultured Part Skim Milk, Salt, Enzymes), Basil Leaves.

CONTAINS: Wheat, Milk, Eggs, and Soy.



Jalapeno Popper Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	360
	% Daily Value*
Total Fat 27g	35%
Saturated Fat 8g	40%
<i>Trans Fat</i> 0g	
Cholesterol 45mg	15%
Sodium 610mg	27%
Total Carbohydrate 24g	9%
Dietary Fiber --g	--%
Total Sugars 5g	
Includes --g Added Sugars	--%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 98mg	8%
Iron 1mg	6%
Potassium 236mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Mayonnaise (Soybean Oil, Water, Egg Yolk, Vinegar, Sugar, Salt, Mustard, Natural Flavor, Citric Acid, Calcium Disodium EDTA (added to protect flavor), Lemon Juice, Oleoresin Paprika (added for color)), Pasta (Durum Wheat Semolina, Niacin, Iron (Ferrous Sulfate), Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Corn, Sour Cream (Cultured Grade A Milk, Cream, Skim Milk, Corn Starch-Modified, Guar Gum, Sodium Citrate, Carrageenan, Locus Bean Gum, Potassium Sorbate (added to preserve freshness), Natural Flavors), Jalapeno Pepper, Red Peppers (Sweet Bell Peppers, Water, Citric Acid), Lemon Juice (Lemon Juice from Concentrate (Water, Concentrated Lemon Juice), Sodium Benzoate, Sodium Metabisulfite and Sodium Sulfite (added as preservatives), Lemon Oil), Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto (Vegetable Color), Anti-Caking Agents (Corn Starch and/or Potato Starch and/or Powdered Cellulose), Potassium Sorbate and Natamycin (added as preservatives)), Cream Cheese Seasoning (Cream Cheese Powder (Cream Cheese (Pasteurized Milk, Cheese Culture, Salt, Carob Bean Gum), Sodium Caseinate, Disodium Phosphate, Natural Flavors, BHA), Natural Flavor), Bacon (cured with Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite, may contain Smoke Flavoring), Salt, Garlic Powder, Sodium Benzoate (added as a preservative), Potassium Sorbate (added as a preservative), Black Pepper, Stabilizer (Guar Gum, Xanthan Gum, Sodium Alginate).

CONTAINS: Milk, Wheat, and Eggs.



Kidney Bean Salad

Nutrition Facts	
Variable servings per container	
Serving size	3.5oz (99g)
Amount per serving	
Calories	180
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 320mg	14%
Total Carbohydrate 20g	7%
Dietary Fiber --g	--%
Total Sugars 6g	
Includes --g Added Sugars	--%
Protein 5g	
Vitamin D --mcg	--%
Calcium 0mg	0%
Iron 0mg	0%
Potassium --mg	--%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Kidney Beans(Dark Red Kidney Beans, Water, Salt, Calcium Chloride, Disodium EDTA(added to preserve color)), Mayonnaise(Soybean Oil, Egg Yolks, Whole Egg, Water, Distilled Vinegar, Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Eggs, Pickle Relish (Cucumbers, High Fructose Corn Syrup, Corn Syrup, Vinegar, Salt, Dehydrated Red Pepper, Spices, Xanthan Gum, Calcium Chloride, Potassium Sorbate(added as a preservative), Alum, Turmeric(added for color), Natural Flavors, Polysorbate 80), Celery, Salt, Pepper High Fructose Corn Syrup and Cider Vinegar.

CONTAINS: Soy and Eggs.



Lemon Fresh Farmer's Market Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	240
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 37g	13%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 2mg	10%
Potassium 244mg	6%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Bow Tie Pasta(Water, Enriched Durum Semolina (Durum Semolina Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Egg Whites), Lemon Vinaigrette(Filtred Water, Canola Oil, Sugar, White Wine Vinegar, Extra Virgin Olive Oil, Lemon Juice Concentrate, Sea Salt, Spice, Lemon Peel, Garlic, Xanthan Gum, Natural Flavor), Zucchini, Yellow Squash, Red Pepper Slices, Broccoli, Carrots, Fresh Parsley.

CONTAINS: Wheat and Eggs.



Lime Black Bean Fiesta Salad

Nutrition Facts	
Variable servings per container	
Serving size	3.5oz (99g)
Amount per serving	
Calories	90
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 14g	5%
Dietary Fiber 3g	11%
Total Sugars 4g	
Includes 2g Added Sugars	4%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 24mg	2%
Iron 1mg	6%
Potassium 112mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Black Beans, Roasted Corn(Sweet Corn, Onion, Red Bell Pepper, Green Bell Pepper, Olive Oil, Contains less than 2% of the following: Citric Acid, Dehydrated Garlic and Onion, Maltodextrin, Natural Flavors (including grill & smoke), Paprika, Salt, Spices, Sugar), Tomatoes, Green Peppers, Cilantro, Basil, Taco Seasoning (Spices (including Chili Pepper, Cumin, Oregano, Red Pepper), Onion, Whey Solids (Milk), Salt, Sugar, Paprika, Garlic, Potato Starch and Citric Acid), Lime Vinaigrette Dressing(Water, Vegetable Oil(Soybean and or Canola), Vinegar, Sugar, Lime Juice Concentrate, Honey, Contains less than 2% of: Salt, Lime Juice, Spice, Onion, Lime Oil, Xanthan Gum, Arabic Gum, Garlic).

CONTAINS: Milk and Soy.



Macaroni Salad

Nutrition Facts	
About 38 servings per container	
Serving size	2/3 cup (131g)
Amount per serving	
Calories	380
	% Daily Value*
Total Fat 29g	37%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 430mg	19%
Total Carbohydrate 26g	10%
Dietary Fiber 1g	5%
Total Sugars 8g	
Includes 6g Added Sugars	13%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 85mg	6%
Iron 1mg	6%
Potassium 94mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Pasta (Water, Durum Wheat, Semolina, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Mayonnaise (Soybean Oil, Water, Egg Yolk, Vinegar, Sugar, Salt, Mustard, Natural Flavor, Citric Acid, Calcium Disodium EDTA (added as a preservative), Lemon Juice), Salad Dressing (Soybean Oil, Water, Vinegar, Sugar, Egg Yolks, Modified Food Starch, Salt, Mustard Flour, Spice, Paprika, Natural Flavor, Garlic), Peas, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes, Annatto (added for color), Anti-Caking Agents (Corn Starch and/or Potato Starch, and/or Powdered Cellulose), Potassium Sorbate and Natamycin (added as preservatives)), Sugar, Onion, Contains 2% or less of: Soybean Oil, High Fructose Corn Syrup, Vinegar, Salt, Rochester Sauce Concentrate (Vinegar, Corn Syrup, Water, Salt, Tamarind, Natural Flavor), Lemon Juice Concentrate, Garlic, Xanthan Gum, Propylene Glycol Alginate, Apocarotenal (added for color), Beta Carotene (added for color), Maltodextrin, Cultured Dextrose, Spices (including Paprika, Red Pepper, Celery Seed, Black Pepper), Corn Starch, Extractive of Paprika, Natural Flavor, Tricalcium Phosphate, Orange and Lemon Peel, Red and Green Bell Peppers, Tomato Powder, Carrot, Celery, Citric Acid, Chives, Lemon Oil, Preservatives (Sodium Benzoate, Potassium Sorbate, Nisin, Sodium Diacetate, Egg White Lysozyme).

CONTAINS: Wheat, Milk, and Eggs.



Macaroni Supreme Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	310
	% Daily Value*
Total Fat 19g	24%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0g	
Cholesterol 45mg	15%
Sodium 980mg	43%
Total Carbohydrate 33g	12%
Dietary Fiber 1g	4%
Total Sugars 14g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 3mg	0%
Iron 0mg	0%
Potassium 13mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Salad Dressing (Water Soybean Oil, Corn Syrup, Vinegar, Modified Food Starch, Egg Yolk, Salt, Natural Flavors, Garlic, Lemon Juice, Paprika, Disodium EDTA (added to protect flavor)), Pasta(Water, Durum Wheat Semolina, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Onions, Salt, Black Pepper, Ham(Cured With Water, Salt, Contains 2% or less of Dextrose, Sodium Erytherobate, Sodium Nitrate, Sodium Phosphate, Sugar) Cheddar Cheese(Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto(Vegetable Coloring), Powdered Cellulose(added to prevent caking), Potassium Sorbate and Natamycin (added as a preservative), and Peas.

CONTAINS: Milk, Eggs, Soy, and Wheat.



Mango Quinoa Salad

Nutrition Facts	
Variable servings per container	
Serving size	3.5oz (99g)
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 5g	6%
Saturated Fat 2.5g	13%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 35mg	2%
Total Carbohydrate 17g	6%
Dietary Fiber --g	--%
Total Sugars 8g	
Includes --g Added Sugars	--%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 33mg	2%
Iron 1mg	6%
Potassium 187mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Red Quinoa, Dressing (Balsamic Vinegar, Coconut (Coconut, Sulfites, Sugar, Water, Propylene Glycol (added as a preservative), Salt), Water, Cilantro, Lime Juice (Water, Lime Juice Concentrate, Sodium Bisulfite, Potassium Sorbate, Sodium Benzoate (added as preservatives)), Edamame, Fresh Mango, Toasted Almonds, Bell Peppers, Onions, Golden Raisins (Golden Raisins, Sulphur Dioxide, Vegetable Oil), Toasted Almonds.

CONTAINS: Soy and Tree Nuts.



Mediterranean Pasta Salad

Nutrition Facts

About 15 servings per container
Serving size 2/3 cup (140g)

Amount per serving
Calories 350

	% Daily Value*
Total Fat 24g	31%
Saturated Fat 5g	24%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 680mg	30%
Total Carbohydrate 26g	9%
Dietary Fiber 2g	8%
Total Sugars 5g	
Includes 3g Added Sugars	6%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 148mg	10%
Iron 2mg	10%
Potassium 259mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Tri-Color Cheese Tortellini (Enriched Durum Wheat Flour (Durum Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Ricotta Cheese (Whey, Milk, Vinegar, Carrageenan), Parmesan Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Eggs, Romano Cheese (Pasteurized Cow's Milk, Cheese Cultures, Salt, Enzymes), Breadcrumbs (Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Yeast), Provolone Cheese (Pasteurized Whole Milk, Cheese Cultures, Salt, Enzymes), Salt, Spinach Powder, Spice, Extractives of Paprika, Natural Flavors), Tomato Sauce (Tomato Puree (Water, Tomato Paste), Water, Salt, Onion Powder, Garlic Powder, Citric Acid, Natural Flavors), Corn Oil, Water, Parmesan Cheese (Pasteurized Part Skim Milk, Cheese Culture, Salt, Enzymes, Corn Flour/Cellulose (added as an Anti-Caking agent)), Vinegar, Carrots, Ripe Olives (Ripe Olives, Water, Salt, Ferrous Gluconate (added to stabilize color)), Sugar, Sun Dried Tomatoes (Sun Dried Tomatoes, Sulfur Dioxide and/or Sodium Metabisulfite (added for color retention)), Salt, Glucono Delta Lactone, Basil, Dried Onions, Garlic (Water, Garlic, Phosphoric Acid (added as a preservative), Soybean Oil), Stabilizer (Guar Gum, Xanthan Gum, Sodium Alginate), Sodium Benzoate (added as a preservative), Lemon Juice (Lemon Juice from Concentrate (Water, Concentrated Lemon Juice), Sodium Benzoate, Sodium Metabisulfite and Sodium Sulfite (added as preservatives, Lemon Oil), Potassium Sorbate (added as a preservative), Cayenne Pepper, Oregano, Dry Parsley.

CONTAINS: Wheat, Milk, Eggs, and Soy.



Mediterranean Quinoa Shrimp Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	180
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 400mg	17%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 77mg	6%
Iron 1mg	6%
Potassium 145mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Quinoa (Water, Quinoa), Kale, Red Quinoa (Water, Red Quinoa), Onions, Shrimp, Grape Tomatoes, Cucumbers, Greek Dressing (Water, Soybean Oil (Feta Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose (added to prevent caking), Natamycin (added as an anti-mycotic agent)), White Wine Vinegar, Salt, Extra Virgin Olive Oil, contains less than 2% of Garlic Juice, Sugar, Spices, Lemon Juice Concentrate, Dehydrated Garlic, Propylene Glycol Alginate, Onion Juice, Xanthan Gum, Sodium Benzoate and Potassium Sorbate (added as preservatives), Dehydrated Parsley, Dehydrated Onion, Calcium Disodium EDTA (added to protect flavor)), Feta Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose (added to prevent caking), Natamycin (added as an anti-mycotic agent)), Vinegar Balsamic Moderna (Balsamic Vinegar), Lemon Juice (Water, Lemon Juice Concentrate, Sodium Bisulfite (added as a preservative), Sodium Benzoate (added as a preservative), Lemon Oil).

CONTAINS: Shellfish, Soy, and Milk.



Mushroom Salad

Nutrition Facts

About 19 servings per container
Serving size 1/2 cup (120g)

Amount per serving

Calories 130

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 920mg 40%

Total Carbohydrate 31g 11%

Dietary Fiber 1g 4%

Total Sugars 29g

Includes 28g Added Sugars 55%

Protein 1g

Vitamin D 0mcg 0%

Calcium 7mg 0%

Iron 1mg 6%

Potassium 228mg 4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Mushrooms (Mushrooms, Water, Salt, Citric Acid, Lactic Acid, Ascorbic Acid, Potassium Sorbate, Sodium Benzoate EDTA), Sugar, Vinegar, Carrots, Onions, Salt, Red Peppers, Yellow Peppers, Green Peppers.



Ocean Shore Salad

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	270
	% Daily Value*
Total Fat 21g	27%
Saturated Fat 5g	25%
<i>Trans</i> Fat 0g	
Cholesterol 265mg	88%
Sodium 440mg	19%
Total Carbohydrate 7g	3%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 11g	
Vitamin D 1mcg	6%
Calcium 58mg	4%
Iron 1mg	6%
Potassium 128mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

INGREDIENTS: Eggs, Imitation Crab (Fish Protein (Pollock and/or Whiting), Water, Egg Whites, Corn Starch, Potato Starch, Sugar, Sorbitol, Mirin Wine, Contains 2% or less of the following: Salt, Natural And Artificial Crab Flavors, Soy Protein Isolate, Soybean Oil, Carrageenan, Sodium Phosphates, Paprika, Color Added), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains Less Than 2% Of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA Added To Protect Flavor, Natural Flavors), Cucumber, Sour Cream (Cultured Sour Cream (Nonfat Milk, Cream, Grade A Whey, Corn Starch-Modified, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Locust Bean Gum), Potassium Sorbate (Preservative)), Onion, Dill, Pepper.

CONTAINS: Milk, Soy, Wheat, Fish, Shellfish, and Eggs.



Orange Orzo Fruit Salad

Nutrition Facts	
Variable servings per container	
Serving size	3.5oz (99g)
Amount per serving	
Calories	200
	% Daily Value*
Total Fat 12g	15%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrate 24g	9%
Dietary Fiber --g	--%
Total Sugars 14g	
Includes --g Added Sugars	--%
Protein 2g	
Vitamin D --mcg	--%
Calcium 0mg	0%
Iron 0mg	0%
Potassium --mg	--%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Whipped Topping Base (Water, Partially Hydrogenated Palm Kernel Oil, High Fructose Corn Syrup, Sugar, Partially Hydrogenated Coconut Oil, Carbohydrate Gum, Polysorbate 60, Polyglycerol Esters of Fatty Acids, Soy Lecithin, Artificial Flavor, Salt, Sodium Citrate, Disodium Phosphate, Xanthan Gum, Natural Flavor, Beta Carotene [added for color]), Water, Pasta (Water, Durum Wheat Semolina, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Mandarin Oranges (Mandarin Oranges, Water, Sugar), Sugar, Gelatin (Gelatin, Fumaric Acid, Sodium Citrate, Potassium Sorbate, Salt, Natural & Artificial Flavor, Yellow #6, Sugar, Dimethylpolysiloxane), Food Starch-Modified, Sodium Benzoate (added as a preservative), Potassium Sorbate (added as a preservative), Food Coloring (Water, FD&C Yellow No. 6, Citric Acid, Sodium Benzoate).

CONTAINS: Tree Nut Oil, Soy, and Wheat.



Oriental Coleslaw

Nutrition Facts	
About 47 servings per container	
Serving size	1/3 cup (60g)
Amount per serving	
Calories	260
% Daily Value*	
Total Fat 17g	21%
Saturated Fat 3g	16%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 420mg	18%
Total Carbohydrate 26g	9%
Dietary Fiber 0g	2%
Total Sugars 14g	
Includes 14g Added Sugars	29%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 5mg	0%
Iron 1mg	4%
Potassium 26mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Plain Ramen Noodles (Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (contains one or more of the following: Canola Oil, Cottonseed Oil, Palm Oil), preserved by Tocopherols and/or TBHQ and/or Ascorbyl Palmitate, Salt, Sodium Tripolyphosphate, Potassium Carbonate, Sodium Carbonate, Sodium Alginate), Vinegar, Sugar, Corn Oil, Soup Base (Salt, Dextrose, Chicken Fat, Modified Food Starch, Onion Powder, Spice, Extractives of Turmeric, Sorbic Acid, Parsley, Disodium Inosinate and Guanylate, Silicon Dioxide (added to prevent caking)).

CONTAINS: Wheat.



Our Own Potato Salad

Nutrition Facts	
Varied servings per container	
Serving size	2/3 cup (158g)
Amount per serving	
Calories	310
	% Daily Value*
Total Fat 20g	25%
Saturated Fat 3.5g	17%
Trans Fat 0g	
Cholesterol 95mg	32%
Sodium 480mg	21%
Total Carbohydrate 28g	10%
Dietary Fiber 2g	6%
Total Sugars 10g	
Includes 8g Added Sugars	17%
Protein 5g	
Vitamin D 0mcg	2%
Calcium 25mg	2%
Iron 1mg	4%
Potassium 331mg	8%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Potatoes, Salad Dressing (Soybean Oil, Water, Vinegar, Sugar, Egg Yolks, Modified Food Starch, Salt, Mustard Flour, Spice, Paprika, Natural Flavor, Dried Garlic), Eggs, Mustard (Water, Vinegar, Mustard Seed, Salt, Turmeric, Paprika), Sugar, Onions, Salt, Black Pepper.

CONTAINS: Eggs.



Parmesan Bowtie Salad

Nutrition Facts	
About 23 servings per container	
Serving size	2/3 cup (105g)
Amount per serving	
Calories	350
	% Daily Value*
Total Fat 28g	36%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 10mg	4%
Sodium 530mg	23%
Total Carbohydrate 18g	6%
Dietary Fiber 1g	3%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 153mg	10%
Iron 1mg	4%
Potassium 90mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Pasta (Water, Durum Wheat Semolina, Egg White, Niacin, Iron (Ferrous Sulfate), Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Oil, Parmesan Cheese (Pasteurized Part Skim Milk, Cheese Culture, Salt, Enzymes, Corn Flour/Cellulose (added as an anti-caking agent), Parmesan Cheese (Parmesan Cheese (Pasteurized Cow's Milk, Cheese Culture, Salt, Enzymes, Powdered Cellulose (added as an anti-caking agent), Calcium Propionate (added as a preservative)), White Wine Vinegar (White Wine Vinegar, Potassium Metabisulfite (added to protect color)), Lemon Juice (Lemon Juice from Concentrate (Water, Concentrated Lemon Juice), Sodium Benzoate, Sodium Metabisulfite, Sodium Sulfite (added as a preservative), Lemon Oil), Water, Green Onions, Garlic (Water, Garlic, Phosphoric Acid (added as a preservative), Soybean Oil), Salt, Parsley, Sodium Benzoate (added as a preservative), Potassium Sorbate (added as a preservative), Stabilizer (Guar Gum, Xanthan Gum, Sodium Alginate).

CONTAINS: Soy, Milk, Eggs, and Wheat.



Parmesan Garden Salad

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	240
	% Daily Value*
Total Fat 16g	21%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 290mg	13%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 74mg	6%
Iron 1mg	6%
Potassium 204mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Parmesan Peppercorn Dressing(Soybean Oil, Buttermilk (Cultured Pasteurized Skim Milk and Milk, Sodium Citrate and Salt), Water, Corn Syrup, Parmesan Cheese (Pasteurized Cultured Milk or Part Skim, Salt, Enzymes and Anti-mycotic Agent), Parmesan Cheese Flavor (Parmesan Cheese(Cultured Milk, Salt, Enzymes), Flavor [Enzyme Modified Parmesan Cheese(Cultured Milk, Water, Salt, Enzymes)]), Egg Yolks, Buttermilk, Whey Solids, Contains Less than 2% of Distilled Vinegar, Salt, Balsamic Vinegar, Dehydrated Garlic, Dehydrated Onion, Lemon Juice Concentrate, Spices, Lactic Acid, Xanthan Gum, Polysorbate 60, Sodium Benzoate and Potassium Sorbate, Propylene Glycol Alginate, Autolyzed Yeast Extract, Dehydrated Parsley, Dextrose, Maltodextrin, Calcium Disodium EDTA Added to Protect Flavor), Rotini Pasta(Water, Enriched Semolina(Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid)), Broccoli, Peas, Carrots, Onion, Celery, Zucchini Squash, Mrs. Dash Seasoning (Onion, Spices(Black Pepper, Parsley, Celery Seed, Basil, Bay, Marjoram, Oregano, Savory, Thyme, Cayenne Pepper, Coriander, Cumin, Mustard, Rosemary), Garlic, Carrot, Orange Peel, Tomato, Lemon Juice Powder, Citric Acid, Oil of Lemon).

CONTAINS: Wheat, Milk, Eggs, and Soy.



Parmesan Seafood Salad

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	370
	% Daily Value*
Total Fat 27g	35%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 680mg	30%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 152mg	10%
Iron 1mg	6%
Potassium 23mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Shell Pasta (Water, Enriched Semolina (Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid)), Parmesan Peppercorn Dressing (Soybean Oil, Buttermilk (Cultured Pasteurized Skim Milk and Milk, Sodium Citrate and Salt), Water, Corn Syrup, Parmesan Cheese (Pasteurized Cultured Milk or Part Skim, Salt, Enzymes and Anti-mycotic Agent), Parmesan Cheese Flavor (Parmesan Cheese (Cultured Milk, Salt, Enzymes), Flavor [Enzyme Modified Parmesan Cheese (Cultured Milk, Water, Salt, Enzymes)]), Egg Yolks, Buttermilk, Whey Solids, Contains Less than 2% of Distilled Vinegar, Salt, Balsamic Vinegar, Dehydrated Garlic, Dehydrated Onion, Lemon Juice Concentrate, Spices, Lactic Acid, Xanthan Gum, Polysorbate 60, Sodium Benzoate and Potassium Sorbate, Propylene Glycol Alginate, Autolyzed Yeast Extract, Dehydrated Parsley, Dextrose, Maltodextrin, Calcium Disodium EDTA Added to Protect Flavor), Imitation Crab (Fish Protein (Pollock and/or Whiting), Water, Egg Whites, Corn Starch, Potato Starch, Sugar, Sorbitol, Mirin Wine, Contains 2% or less of the following: Salt, Natural And Artificial Crab Flavors, Soy Protein Isolate, Soybean Oil, Carrageenan, Sodium Phosphates, Paprika, Color Added), Shredded Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (Color), Potato Starch, Powdered Cellulose And Dextrose (to prevent caking)), Celery, Black Olives (California Ripe Olives, Water, Salt, Ferrous Gluconate), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors).

CONTAINS: Milk, Soy, Wheat, Eggs, Fish, and Shellfish.



Party Broccoli Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	8oz (227g)
Amount per serving	
Calories	450
	% Daily Value*
Total Fat 35g	45%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 860mg	37%
Total Carbohydrate 36g	13%
Dietary Fiber 2g	7%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 31mg	2%
Iron 1mg	6%
Potassium 118mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Pasta (Water, Enriched Durum Semolina (Durum Semolina Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid, Egg Whites), Broccoli, Red Grapes, Mayo (Soybean Oil, Water, Whole Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Red Wine Vinegar (Red Wine Vinegar, Water, Potassium Metabisulfite, (preservative), Diluted with Water to 5% Acidity), Bacon (cured With Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite), Salt, Sugar.

CONTAINS: Egg, Wheat and Soy.



Party Pepperoni Salad

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	250
	% Daily Value*
Total Fat 17g	22%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 700mg	30%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 45mg	4%
Iron 2mg	10%
Potassium 116mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Rotini Rainbow(Enriched Durum Flour(Durum Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid, Water, Egg Whites, Dehydrated Tomato, Dehydrated Spinach), Feta Dressing (Water, Soybean Oil, Feta Cheese, White Wine Vinegar, Salt, Extra Virgin Olive Oil, Garlic, Sugar, Spices, Lemon Juice Concentrate, Garlic Juice, Onion Juice, Xanthan Gum, Potassium Sorbate, Sodium Benzoate), Parsley, Onion, Calcium Disodium, EDTA (added to protect flavor), Green Peppers, Pepperoni (Pork and Beef, Salt, Contains 2 % or less of Water, Dextrose, Natural Spices, Oleoresin of Paprika, Lactic Acid Starter Culture, Garlic Powder, Sodium Nitrite, BHA, BHT, Citric Acid), Cherry Tomatoes, Celery, Black Olives.

CONTAINS: Eggs, Milk, Soy, and Wheat.



Popcorn Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	540
	% Daily Value*
Total Fat 45g	58%
Saturated Fat 10g	50%
<i>Trans Fat</i> 0g	
Cholesterol 55mg	18%
Sodium 600mg	26%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 11g Added Sugars	22%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 109mg	8%
Iron 1mg	6%
Potassium 53mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Mayonnaise (Soybean Oil, Egg Yolks, Whole Egg, Water, Distilled Vinegar, Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Celery, Bacon, (Cured Pork with Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium), Cheese (Cultured Pasteurized Milk, Cheese Cultures, Enzymes, Salt, Calcium Chloride, Annatto Dye (added for color)), Water Chestnuts, Celery, Onion, Sugar, Popcorn Sunflower Oil, Salt, Vinegar, High Fructose Corn Syrup and Cider Vinegar.

CONTAINS: Eggs and Milk.



Poppy Seed Chicken Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	290
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 2g	10%
<i>Trans Fat</i> 0g	
Cholesterol 15mg	5%
Sodium 250mg	11%
Total Carbohydrate 33g	12%
Dietary Fiber 0g	0%
Total Sugars 16g	
Includes 0g Added Sugars	0%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 1mg	6%
Potassium 46mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Poppy Seed Dressing (High Fructose Corn Syrup, Soybean Oil, Water, Distilled Vinegar, Corn Vinegar, Contains Less Than 2% Of Non-Fat Dry Milk Solids, Salt, Poppy Seeds, Egg Yolks, Xanthan Gum, Dehydrated Onion, Spice, Calcium Disodium EDTA (added to protect flavor)), Noodles(Water, Enriched Durum Semolina (Durum Semolina Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid),Chicken (Boneless, Skinless Chicken Breast Meat with Rib Meat, Water, Seasoning (Maltodextrin, Salt, Sugar, Chicken Stock, Vegetable Stock (Carrot, Onion, Celery), Flavors, Carrot Powder and Garlic Powder), Modified Food Starch, Sodium Phosphates, Soy Protein Concentrate, Sea Salt), Grapes, Bell Pepper.

CONTAINS: Milk, Eggs, Soy, and Wheat.



Rainbow Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	110
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 22g	8%
Dietary Fiber 1g	4%
Total Sugars 8g	
Includes 6g Added Sugars	12%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 2mg	10%
Potassium 118mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Rotini (Water, Enriched Durum Wheat Semolina [Semolina, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid], Egg Whites), White Vinegar, Beet Sugar, Yellow Mustard, Parsley Flakes, Garlic Salt, Cucumber, Red Onion, Grape Tomatoes).

CONTAINS: Wheat and Eggs.



Roasted Garlic Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	390
	% Daily Value*
Total Fat 31g	40%
Saturated Fat 5g	25%
<i>Trans Fat</i> 0g	
Cholesterol 20mg	7%
Sodium 560mg	24%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 17mg	2%
Iron 1mg	6%
Potassium 88mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Ranch Dressing (Soybean Oil, Water, Distilled Vinegar, Buttermilk Solids, Egg Yolks, Contains Less Than 2% Of Sugar, Monosodium Glutamate (MSG), Natural Flavors (Milk), Salt, Dehydrated Garlic, Dehydrated Onion, Lactic Acid, Phosphoric Acid, Sodium Benzoate (A Preservative), Spices, Xanthan Gum, Calcium Disodium EDTA Added To Protect Flavor), Rotini Pasta (Water, Enriched Semolina (Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid)), Broccoli, Artichoke Hearts (Quartered Artichoke Hearts, Water, Salt, Citric Acid), Tomatoes, Parmesan Cheese (Parmesan Cheese (Pasteurized Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Powdered Cellulose Added to Prevent Caking), Black Olives (California Ripe Olives, Water, Salt, Ferrous Gluconate), Carrots, Garlic, Chives, Basil.

CONTAINS: Soy, Egg, Wheat, and Milk.



Seafood Fettuccini Salad

Nutrition Facts	
About 16 servings per container	
Serving size	3/4 cup (140g)
Amount per serving	
Calories	280
	% Daily Value*
Total Fat 13g	17%
Saturated Fat 2g	11%
<i>Trans</i> Fat 0g	
Cholesterol 50mg	17%
Sodium 550mg	24%
Total Carbohydrate 32g	12%
Dietary Fiber 1g	3%
Total Sugars 11g	
Includes 10g Added Sugars	20%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 1mg	8%
Potassium 80mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Egg Noodles (Water, Durum Wheat Semolina, Durum WHEat Flour, Eggs, Niacin, Iron (Ferrous Sulfate), Thiamin Mononitrate, Riboflavin, Folic Acid), Salad Dressing (Water, Soybean Oil, Sugar, Vinegar, Modified Food Starch, Egg Yolk, Salt, Natural Flavor, Paprika, Calcium Disodium EDTA (added to protect flavor), Lemon Juice, Garlic, Xanthan Gum), Water, Imitation Crab (Pollock, Water, Egg Whites, Modified Food Starch, Sugar, Wheat Starch, Sorbitol, Crabmeat, Natural and Artificial Crab Flavors (Crab, Corn Syrup, Yeast Extract, Hydrolyzed Corn Gluten, Maltodextrin), Mirin Wine (Sake, Sugar, Salt, Water, Yeast Extract), Potato Starch, Salt, Soybean Oil, Soy Protein Isolate, Sodium Tripolyphosphate, Tetrasodium Pyrophosphate, Carmine, Paprika Oleoresin), Shrimp (Shrimp, Salt, Natural Flavorings, Color Added (Red 40), Sugar, Preservative (Maltodextrin, Cultured Dextrose, Sodium Diacetate, Nisin Preparation (Sodium Chloride, Nisin Prep), Egg White Lysozyme), Lemon Juice (Lemon Juice from Concentrate (Water, Concentrate Lemon Juice), Sodium Benzoate, Sodium Metabisulfite ad Sodium Sulfite (added as preservatives), Lemon Oil), Salt, Glucono Delta Lactone, Dried Onions, Dill Weed, Sodium Benzoate (added as a preservative), Stabilizer (Guar Gum, Xanthan Gum, Sodium Alginate), Potassium Sorbate (added as a preservative).

CONTAINS: Eggs, Fish, Shellfish, Soy, and Wheat.



Seafood Salad

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	330
	% Daily Value*
Total Fat 24g	31%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 640mg	28%
Total Carbohydrate 24g	9%
Dietary Fiber 0g	0%
Total Sugars 5g	
Includes 1g Added Sugars	2%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 21mg	2%
Iron 1mg	6%
Potassium 51mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Pasta (Water, Durum Wheat, Semolina, Niacin, Iron (Ferrous Sulfate), Thiamin Mononitrate, Riboflavin, Folic Acid), Crab Flavored Seafood (Alaska Pollock, Water, Snow Crab, Sugar, Sorbitol, Egg Whites, Wheat Starch, Potato Starch, Corn Starch, Mirin Wine (Sake, Sugar, Salt, Water, Yeast Extract), Salt, Calcium Carbonate, Modified Food Starch, Soy Protein Isolate, Natural and Artificial Crab Flavors (Crab, Maltodextrin, Disodium Guanylate, Disodium Inosinate), Soybean Oil, Sodium Tripolyphosphate, Tetrasodium Pyrophosphate, Carmine, Paprika Oleoresin, Color), Salad Dressing (Soybean Oil, Water, Vinegar, Sugar, Egg Yolks, Modified Food Starch, Salt, Mustard Flour, Spice, Paprika, Natural Flavor, Dried Garlic), Mayonnaise (Soybean Oil, Egg Yolk, Corn Sweetener, Water, Vinegar, Salt, Spices, Citric Acid, Lemon Juice, Calcium Disodium EDTA (added to protect flavor), Natural Flavor), Carrots, Water, Italian Dressing (Soybean Oil, Water, High Fructose Corn Syrup, Vinegar, Salt, Rochester Sauce Concentrate (Vinegar, Corn Syrup, Water, Salt, Garlic, Spices, Celery Seed, Tamarind, Natural Flavor), Lemon Juice Concentrate, Garlic, Xanthan Gum, Onion, Natural Flavor, Red Bell Pepper, Propylene Glycol Alginate, Spice, Apocarotenal and Beta Carotene (color), Calcium Disodium EDTA (added to protect flavor)), Sugar, Preservative (Maltodextrin, Cultured Dextrose, Sodium Diacetate, Nisin Preparation (Salt, Nisin Prep, Egg White Lysozyme), Seasoning Salt (Salt, Sugar, Starch, Onion Powder, Spices, Paprika, Natural Flavor, Tricalcium Phosphate (anti-caking)), Dried Onions, Preservatives (Sodium Benzoate, Potassium Sorbate), Black Pepper.

CONTAINS: Milk, Eggs, Fish, Shellfish, Soy, and Wheat.



Shrimp Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	310
	% Daily Value*
Total Fat 22g	28%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 460mg	20%
Total Carbohydrate 21g	8%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 1g Added Sugars	2%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 36mg	2%
Iron 1mg	6%
Potassium 73mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pasta (Water, Enriched Semolina (Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Ribofalvin, Folic Acid), Italian Dressing (Soybean Oil, Water, High Fructose Corn Syrup, Distilled Vinegar, Salt, Contains less than 2% of Lemon Juice Concentrate, Garlic, Xanthan Gum, Onion, Tamarind, Natural Flavor, Red Bell Pepper, Propylene Glycol Alginate, Spices, Apo Carotenal, Calcium Disodium EDTA (added to protect flavor), Beta Carotene (added for color), Black Pepper, 2% Milk (Reduced Fat Milk, Vitamin A Palmitate and Vitamin D3), Sugar, Salad Dressing (Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains less than 2% of Salt, Spices (Mustard), Natural Flavors, Paprika), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Green Onion, Salt Seasoning (Salt, Sugar, Spices (including Paprika, Turmeric), Onion, Corn Starch, Garlic, Natural Flavor, and Extractives of Paprika), Onion, Celery, Green Peas, Shrimp.

CONTAINS: Shellfish, Wheat, Soy, Milk, and Eggs.



Sicilian Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	280
	% Daily Value*
Total Fat 17g	22%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 1220mg	53%
Total Carbohydrate 27g	10%
Dietary Fiber --g	--%
Total Sugars 7g	
Includes --g Added Sugars	--%
Protein 6g	
Vitamin D --mcg	--%
Calcium 111mg	8%
Iron 2mg	10%
Potassium --mg	--%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pasta (Enriched Durum Wheat Semolina), Red Pepper, Canola Oil, Feta Cheese (Pasteurized Milk, Modified Milk, Bacterial Culture, Pasteurized Cream, Salt, Calcium Chloride, Microbial Enzyme), Sun Dried Tomatoes (Sulfites), Filtered Water, Black Olives, Green Onions, Roasted Garlic, Red Wine Vinegar (Sulfites), Garlic Puree (Canola Oil, Citric Acid), Balsamic Vinegar (Sulfites), Sea Salt, Sugar, Basil, Parsley, Spices, Citric Acid.

CONTAINS: Wheat and Milk.



Smoked Jarlsberg Pasta Salad

Nutrition Facts	
About 21 servings per container	
Serving size	3/4 cup (138g)
Amount per serving	
Calories	480
	% Daily Value*
Total Fat 41g	52%
Saturated Fat 8g	39%
Trans Fat 0.5g	
Cholesterol 45mg	15%
Sodium 730mg	32%
Total Carbohydrate 18g	7%
Dietary Fiber 1g	3%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 13mg	2%
Iron 1mg	6%
Potassium 125mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Pasta (Water, Durum Wheat Semolina, Niacin, Iron (Ferrous Sulfate), Thiamin Mononitrate, Riboflavin, Folic Acid), Mayonnaise (Soybean Oil, Water, Egg Yolk, Vinegar, Sugar, Salt, Mustard, Natural Flavor, Citric Acid, Calcium Disodium EDTA (added to protect flavor), Lemon Juice, Oleoresin Paprika (added for color)), Smoke Turkey Breast (Cured with Water, Salt, Dextrose, Modified Corn Starch, Sodium Lactate, Sodium Phosphate, Carrageenan, Natural Flavoring, Sodium Diacetate, Natural Mesquite Smoke Flavor, Ascorbic Acid, Sodium Nitrite, Citric Acid), Jarlsberg Cheese (Pasteurized Part Skim Milk, Rennet, Salt, Cheese Cultures), Green Onions, Water, Salt, Vinegar, Onions, Poppy Seeds, Sodium Benzoate (added as a preservative), Potassium Sorbate (added as a preservative), Black Pepper.

CONTAINS: Wheat, Eggs, and Milk.



Sombrero Pasta Salad

Nutrition Facts	
About 16 servings per container	
Serving size	2/3 cup (144g)
Amount per serving	
Calories	370
	% Daily Value*
Total Fat 21g	27%
Saturated Fat 5g	25%
Trans Fat 1g	
Cholesterol 5mg	2%
Sodium 630mg	28%
Total Carbohydrate 39g	14%
Dietary Fiber 2g	6%
Total Sugars 16g	
Includes 15g Added Sugars	29%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 65mg	4%
Iron 2mg	10%
Potassium 144mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Pasta (Water, Durum Wheat, Semolina, Niacin, Iron (Ferrous Sulfate), Thiamin Mononitrate, Riboflavin, Folic Acid), Salad Dressing (High Fructose Corn Syrup, Soybean Oil, Vinegar, Tomato Paste, Water, Salt, Paprika, Garlic Powder, Onion Powder, Apocarotenal, Worcesterhsire Powder (Corn Syrup Solids, Salt, Caramel Color, Garlic, Sugar, Spices, Soy Sauce Solids (Naturally Fermented Wheat and Soybean, Salt, Maltodextrin, Caramel Color), Palm Oil, Tamarind, Natural Flavor, Sulfiting Agent), Xanthan Gum, Propylene Glycol Alginate, Lemon Juice, Calcium Disodium EDTA (added to protect flavor), Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto (Vegetable Color), Anti-Caking Agents (Corn Starch and/or Potato Starch and/or Powdered Cellulose), Potassium Sorbate and Natamycin (added as preservatives)), Green Peppers, Tomatoes, Green Onions, Ripe Olives(Ripe Olives, Water, Salt, Ferrous Gluconate (added to stabilize color)), Taco Sauce (Tomato Puree (Water and Tomato Paste), Jalapeno Peppers, Sugar, Modified Cornstarch, Vinegar, Salt, Spices, Dehydrated Onions, Citric Acid, Dehydrated Garlic, Nautral Flavor), Taco Seasoning (Salt, Dehydrated Onion and Garlic, Chili Pepper, Dextrose, Paprika, Spices, Whey, Extractive of Paprika, Natural Flavors, Silicon Dioxide (added as an anti-caking agent)), Water, Glucono Delta Lactone, Sodium Benzoate (added as a preservative), Potassium Sorbate (added as a preservative), Stabilizer (Xanthan Gum, Maltodextrin).

CONTAINS: Wheat, Milk, and Soy.



Spinach Pine Nut Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	260
	% Daily Value*
Total Fat 17g	22%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 730mg	32%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 2mg	10%
Potassium 44mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Spinach Pasta Base (Pasta (Water, Enriched Durum Wheat Semolina [Semolina, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid], Egg Whites), Corn Oil, Water, Lemon Juice (Lemon Juice from Concentrate [Water, Concentrated Lemon Juice]; Sodium Benzoate, Sodium Metabisulfite and Sodium Sulfite [added as preservatives]; Lemon Oil), White Wine Vinegar (White Wine Vinegar, Potassium Metabisulfite [added to protect color], Water), Garlic (Garlic, Water, Phosphoric Acid, Olive Oil, Sodium Benzoate [added as a preservative], Sulfites), Maltodextrin, Cultured Dextrose, Sodium Diacetate, Salt, Egg White Lysozyme and Nisin Preparation, Stabilizer (Guar Gum, Xanthan Gum, Sodium Alginate), Potassium Sorbate (added as a preservative), Black Pepper, Spinach, Parmesan Cheese (Parmesan Cheese (Pasteurized Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (added to prevent caking), Pine Nuts.

CONTAINS: Wheat, Eggs, Milk, and Tree Nuts.



Steakhouse Potato Salad

Nutrition Facts	
Varied servings per container	
Serving size	1/2 cup (125g)
Amount per serving	
Calories	220
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 3.5g	19%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 490mg	21%
Total Carbohydrate 21g	8%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 5g Added Sugars	9%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 48mg	4%
Iron 1mg	4%
Potassium 379mg	8%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Potatoes, Sour Cream (Cultured Grade A Milk, Cream and Skim Milk, Corn Starch-Modified, Guar Gum, Sodium Citrate, Carrageenan, Locus Bean Gum, Potassium Sorbate (added to preserve freshness), Natural Flavors), Mayonnaise (Soybean Oil, Water, Egg Yolk, Vinegar, Sugar, Salt, Mustard, Natural Flavor, Citric Acid, Calcium Disodium EDTA (added to protect flavor), Lemon Juice, Oleoresin Paprika (added for color)), Sweet Relish (Cucumbers, Sugar, Water, Vinegar, Salt, Calcium Chloride, Sodium Benzoate, Xanthan Gum, Peppers, Polysorbate 80, Natural Flavors, Potassium Sorbate, Oleoresin Turmeric), Onions, Guar, Bacon (cured with Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite, may contain Smoke Flavoring), Vinegar, Salt, Preservative (Maltodextrin, Cultured Dextrose, Sodium Diacetate, Nisin Preparation (Sodium Chloride, Nisin prep), Egg White Lysozyme), Buttermilk Powder (Buttermilk, Whey, Sodium Caseinate, Lactic Acid), Sodium Benzoate (added as a preservative), Black Pepper, Potassium Sorbate (added as a preservative), Garlic Powder, Onion Powder, Dry Parsley.

CONTAINS: Milk and Eggs.



Summerfresh Pasta Salad

Nutrition Facts

Varied servings per container
Serving size 1/2 cup (123g)

Amount per serving
Calories **380**

% Daily Value*

Total Fat 27g	35%
Saturated Fat 4g	21%
Trans Fat 0g	
Cholesterol 20mg	6%
Sodium 440mg	19%
Total Carbohydrate 30g	11%
Dietary Fiber 1g	4%
Total Sugars 12g	
Includes 10g Added Sugars	21%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 47mg	4%
Iron 1mg	8%
Potassium 168mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pasta (Water, Durum Wheat, Semolina, Dried Spinach, Dried Tomato, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Maonnaise (Soybean Oil, Water, Egg Yolk, Vinegar, Sugar, Salt, Mustard, Natural Flavor, Citric Acid, Calcium Disodium EDTA (added to protect flavor), Lemon Juice, Oleoresin Paprika (added for color)), Sugar, Carrots, Cucumbers, Onions, Green Peppers, Vinegar, Garlic Salt (Salt, Garlic, Natural Flavor), Preservatives (Maltodextrin, Cultured Dextrose, Sodium Diacetate, Nisin Preperation (Sodium Chloride, Nisip Prep), Egg White Lysozyme), Black Pepper, Sodium Benzoate (added as a preservative), Potassium Sorbate (added as a preservative), Stabilizer (Guar Gum, Xanthan Gum, Sodium Alginate).

CONTAINS: Egg and Wheat.



Sundried Tomato Low Fat Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	190
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%
Total Carbohydrate 29g	11%
Dietary Fiber 1g	4%
Total Sugars 14g	
Includes 11g Added Sugars	22%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 71mg	6%
Iron 1mg	6%
Potassium 158mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Bowtie Pasta (Water, Enriched Semolina (Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Egg Whites), Yogurt (Cultured Low Fat Milk, Sugar, Food Starch Modified, Gelatin, Carrageenan, Potassium Sorbate), Fresh Basil, Fresh Sundried Tomato, Honey, Pepper, Tomato, Asparagus.

CONTAINS: Wheat, Milk, and Eggs.



Super Veggie Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	170
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 21g	8%
Dietary Fiber --g	--%
Total Sugars 16g	
Includes --g Added Sugars	--%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 74mg	6%
Iron 2mg	10%
Potassium 0mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Broccoli, Cauliflower, Tuscan Lemon Herb Dressing (Water, Canola Oil, Sugar, Rice Vinegar, Lemon Juice Concentrate, Distilled Vinegar, Salt, Spices, Natural Flavor, Dried Onion, Dried Garlic, Yeast Extract, Lemon Flavor (Lemon Peel, Sugar, Lemon Oil), Dried Bell Pepper, Citric Acid, Xanthan Gum, Acacia Gum), Golden Raisins (Raisins, Vegetable Oil), Kale, Red Onion, Sunflower Seeds (Sunflower, Peanut Oil, Salt), Green Cabbage, Carrot.

CONTAINS: Peanut Oil.



Supreme Seafood Salad

Nutrition Facts	
About 20 servings per container	
Serving size	1/2 cup (89g)
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 580mg	25%
Total Carbohydrate 11g	4%
Dietary Fiber 0g	0%
Total Sugars 5g	
Includes 4g Added Sugars	8%
Protein 5g	
Vitamin D 0mcg	2%
Calcium 9mg	0%
Iron 0mg	2%
Potassium 40mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Imitation Crab (Pollock, Water, Egg Whites, Modified Food Starch, Sugar, Wheat Starch, Sorbitol, Crabmeat, Natural and Artificial Crab Flavors (Crab, Corn Syrup, Yeast Extract, Hydrolyzed Corn Gluten, Maltodextrin), Mirin Wine (Sake, Sugar, Salt, Water, Yeast Extract), Potato Starch, Salt, Soybean Oil, Soy Protein Isolate, Sodium Tripolyphosphate, Tetrasodium Pyrophosphate, Carmine, Paprika Oleoresin), Salad Dressing (Water, Soybean Oil, Sugar, Vinegar, Modified Food Starch, Egg Yolk, Salt, Natural Flavor, Paprika, Calcium Disodium EDTA (added to protect flavor), Lemon Juice, Garlic, Xanthan Gum), Shrimp (Shrimp, Salt, Natural Flavorings, Color Added (Red 40)), Onions, Glucono Delta Lactone, Sodium Benzoate (added as a preservative), Potassium Sorbate (added as a preservative).

CONTAINS: Wheat, Eggs, Soy, and Shellfish.



Sweet and Sour Coleslaw

Nutrition Facts	
Variable servings per container	
Serving size	3.5oz (99g)
Amount per serving	
Calories	120
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 1g	5%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 440mg	19%
Total Carbohydrate 17g	6%
Dietary Fiber 0g	0%
Total Sugars 14g	
Includes 12g Added Sugars	24%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 3mg	0%
Iron 0mg	0%
Potassium 19mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Shredded Cabbage Mix (Green Cabbage, Red Cabbage, Carrots), Sugar, Vinegar, Soybean Oil, Bell Pepper, Carrots, Salt, Onion, Celery Seeds, Pepper.

CONTAINS: Soy.



Sweet Pepper Coleslaw

Nutrition Facts

About 25 servings per container
Serving size 1/2 cup (90g)

Amount per serving
Calories 90

% Daily Value*

Total Fat 1g	1%
Saturated Fat 0g	1%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 480mg	21%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	5%
Total Sugars 18g	
Includes 16g Added Sugars	33%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 22mg	2%
Iron 0mg	2%
Potassium 107mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cabbage, Sugar, Vinegar, Green Peppers, Red Peppers, Yellow Peppers, Orange Peppers, Onions, Salt, Corn Oil, Celery Seed.



Sweet Potato Grain Salad

Nutrition Facts	
Variable servings per container	
Serving size	3.5oz (99g)
Amount per serving	
Calories	190
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	7%
Total Carbohydrate 31g	11%
Dietary Fiber --g	--%
Total Sugars 10g	
Includes --g Added Sugars	--%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 48mg	4%
Iron 1mg	6%
Potassium 173mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cooked Brown Rice, Sweet Potatoes, Vinegar, Corn Oil, Water, Light Brown Sugar, Dried Blueberries (Blueberries, Sugar, Sunflower Oil), Shallots, Parsley, Garlic, Water, Phosphoric Acid (added as a preservative), Soybean Oil, Preservatives (Maltodextrin, Cultured Dextrose, Sodium Diacetate, Nisin Preparation (Sodium Chloride, Nisin Preparation)), Egg White Lysozyme, Tarragon, Salt, Sodium Benzoate (added as a preservative), Stabilizers (Guar Gum, Xanthan Gum, Sodium Alginate), Potassium Sorbate (added as a preservative), Black Pepper.

CONTAINS: Eggs.



Taco Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	270
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 3.5g	18%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 580mg	25%
Total Carbohydrate 28g	10%
Dietary Fiber 0g	0%
Total Sugars 14g	
Includes 0g Added Sugars	0%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 68mg	6%
Iron 1mg	6%
Potassium 51mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Rotini Pasta (Water, Enriched Semolina (Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid)), Taco Meat (Beef, Water, Textured Vegetable Protein Product [Soy Protein Concentrate, Caramel Color], Tomato Paste, Onions, Modified Food Starch, Seasoning [Salt, Spices, Dehydrated Garlic], Seasoning [Hydrolyzed Corn Soy Protein, Salt, Sugar, Onion Powder, Natural Flavorings], Red Bell Peppers, Natural Flavoring [Natural Extractives of Chili Peppers, Canola Oil, Mono and Diglycerides]), Red Ranch Dressing (High Fructose Corn Syrup, Soybean Oil, Sugar, Water, Distilled Vinegar, Tomato Paste, Salt, Contains less than 2% of Spice, Paprika, Xanthan Gum, Dehydrated Onion, Propylene Glycol Alginate, Natural Flavor, Dehydrated Garlic, Caramel Color, Red 40, Blue 1, Calcium Disodium EDTA (added to protect flavor)), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (color), Potato Starch, Powdered Cellulose and Dextrose (to prevent caking)), Black Olives (California Ripe Olives, Water, Salt, Ferrous Gluconate), Green Peppers, Onion, Tomatoes.

CONTAINS: Wheat, Milk, and Soy.



Thai Couscous Salad

Nutrition Facts	
Variable servings per container	
Serving size	3.5oz (99g)
Amount per serving	
Calories	170
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 490mg	21%
Total Carbohydrate 24g	9%
Dietary Fiber --g	--%
Total Sugars 8g	
Includes --g Added Sugars	--%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 33mg	2%
Iron 1mg	6%
Potassium 106mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Cooked Couscous (Water, Durum Wheat, Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Edamame (Shelled Soybeans, Roasted Red Bell Pepper, Sugar, Carrots, Corn Oil, Rice Vinegar (Water, Rice), Water, Lemon Juice (Lemon Juice Concentrate, Sodium Benzoate, Sodium Metabisulfite and Sodium Sulfite (added as preservatives), Lemon Oil)), Soy Sauce (Water, Salt, Hydrolyzed Soy Protein, Corn Syrup, Caramel Color, Potassium Sorbate (added as a preservative), Salt, Preservatives (Maltodextrin, Cultured Dextrose, Sodium Diacetate, Nisin Preparation (Sodium Chloride, Nisin)), Egg White Lysozyme)), Basil, Garlic, Water, Phosphoric Acid (added as a preservative), Soybean Oil, Natural Peanut Flavor, Sodium Benzoate (added as a preservative), Stabilizers (Guar Gum, Xanthan Gum, Sodium Alginate), Natural Flavors, Potassium Sorbate (added as a preservative), Cayenne Pepper.

CONTAINS: Wheat, Soy, and Eggs.



Three Bean Salad

Nutrition Facts	
About 23 servings per container	
Serving size	1/2 cup (100g)
Amount per serving	
Calories	120
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 770mg	34%
Total Carbohydrate 28g	10%
Dietary Fiber 1g	5%
Total Sugars 24g	
Includes 23g Added Sugars	47%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 17mg	2%
Iron 0mg	2%
Potassium 74mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Green Beans (Green Beans, Water, Salt, Zinc Chloride (added for color stabilization)), Sugar, Kidney Beans (Kidney Beans, Water, Salt, Calcium Chloride (added as a firming agent), Citric Acid, Disodium EDTA (added for color retention), Vinegar, Wax Beans (Wax Beans, Water, Salt), Onions, Salt, Red Peppers (Sweet Bell Peppers, Water, Citric Acid).



Tomato, Cucumber, Avocado Salad

Nutrition Facts	
Variable servings per container	
Serving size	3.5oz (99g)
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 340mg	15%
Total Carbohydrate 10g	4%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron 0mg	0%
Potassium 173mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cucumbers, Tomatoes, Avocados (Avocado, Salt, Ascorbic Acid), Salad Dressing (Filtered Water, Canola Oil, Distilled Vinegar, Sugar, Romano Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Sea Salt, Extra Virgin Olive Oil, Dried Garlic, Roasted Garlic, Spices, Dried Onion, Xanthan Gum, Dried Red Bell Pepper, Oleoresin Rosemary, Natural Flavor, Citric Acid), Red Onion, Cilantro, Salt.

CONTAINS: Milk.



Tortellini Pasta Salad with Pesto

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	360
	% Daily Value*
Total Fat 25g	32%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 420mg	18%
Total Carbohydrate 26g	9%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 68mg	6%
Iron 2mg	10%
Potassium 54mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Tortellini (Wheat Flour (Milled Wheat, Niacin, Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid), Eggs, Dough Mix (Yellow Corn Flour, Vegetable Oil), Ricotta Cheese (Milk Protein, Whey, Cream, Vinegar, Salt), Eggs, Pecorino Romano Cheese (Pasteurized Sheep's Milk, Pasteurized Cow's Milk, Cheese Cultures, Salt, Rennet, Powdered Cellulose, Calcium Propionate), Starch, Salt, Parsley), Pesto Sauce (Pine Nuts, Basil, and Garlic), Red Roasted Tomatoes, Yellow Pepper, Garlic, Olive Oil.

CONTAINS: Wheat, Milk, Soy, Tree Nuts, and Eggs.



Tri Color Chickpea Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	160
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 890mg	39%
Total Carbohydrate 26g	9%
Dietary Fiber --g	--%
Total Sugars 11g	
Includes --g Added Sugars	--%
Protein 4g	
Vitamin D --mcg	--%
Calcium 74mg	6%
Iron 1mg	6%
Potassium --mg	--%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Chick Peas, Water, Salt, Orange Juice Concentrate, Red Pepper, Yellow Pepper, Green Onions, Red Onions, Inverted Sugar, Canola Oil, Cilantro, Sugar, Sea Salt, White Wine Vinegar (contains Sulphites), Lime Juice Concentrate, Citric Acid.



Tuna Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	300
	% Daily Value*
Total Fat 21g	27%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 380mg	17%
Total Carbohydrate 18g	7%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 2g Added Sugars	4%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 35mg	2%
Iron 1mg	6%
Potassium 86mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Shell Macaroni Pasta(Water, Enriched Semolina(Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid)), Tuna(Light Tuna, Water, Vegetable Broth (Soy, Salt), Sour Cream(Cultured Sour Cream (Nonfat Milk, Cream, Grade A Whey, Corn Starch-Modified, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Locust Bean Gum), Potassium Sorbate (added as a preservative)), Mayonnaise(Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Peas, Water Chestnuts(Water Chestnuts, Water), Celery, Sugar, Lemon Juice, Onion, Salt, Mrs. Dash Seasoning (Onion, Spices,(Black Pepper, Parsley, Celery Seed, Basil, Bay, Marjoram, Oregano, Savory, Thyme, Cayenne Pepper, Coriander, Cumin, Mustard, Rosemary), Garlic, Carrot, Orange Peel, Tomato, Lemon Juice Powder, Citric Acid, Oil of Lemon), Pepper High Fructose Corn Syrup and Cider Vinegar.

CONTAINS: Fish, Soy, Milk, Eggs, and Wheat.



Tuna Salad with Gluten Free Pasta

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	350
	% Daily Value*
Total Fat 22g	28%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 630mg	27%
Total Carbohydrate 27g	10%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 45mg	4%
Iron 1mg	6%
Potassium 87mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Gluten-Free Macaroni (Brown Rice Flour, Water, Potato Starch, Tapioca Starch, Whole Egg, Salt, Xanthan Gum), Tuna (Light Tuna, Water, Vegetable Broth (Soy, Salt), Sour Cream (Cultured Sour Cream (Nonfat Milk, Cream, Grade A Whey, Corn Starch- Modified, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Locust Bean Gum), Potassium Sorbate (added as a preservative)), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Peas, Water Chestnuts (Water Chestnuts, Water), Celery, Lemon Juice, Onion, Sugar, Salt, Mrs. Dash Seasoning (Onion, Spices, (Black Pepper, Parsley, Celery Seed, Basil, Bay, Marjoram, Oregano, Savory, Thyme, Cayenne Pepper, Coriander, Cumin, Mustard, Rosemary), Garlic, Carrot, Orange Peel, Tomato, Lemon Juice Powder, Citric Acid, Oil of Lemon), Pepper, High Fructose Corn Syrup and Cider Vinegar.

CONTAINS: Fish, Soy, Milk, and Eggs.



Turkey Dill Rotini

Nutrition Facts	
Variable servings per container	
Serving size	5 oz (142g)
Amount per serving	
Calories	290
	% Daily Value*
Total Fat 18g	23%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 770mg	33%
Total Carbohydrate 20g	7%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 6mg	0%
Iron 1mg	6%
Potassium 54mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

INGREDIENTS: Rotini Pasta (Water, Enriched Semolina (Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid)), Italian Tuscan Gold Dressing (Soybean Oil, Water, High Fructose Corn Syrup, Distilled Vinegar, Salt, Contains less than 2% of Lemon Juice Concentrate, Dehydrated Garlic, Xanthan Gum, Dehydrated Onion, Tamarind, Natural Flavor, Dehydrated Red Bell Pepper, Propylene Glycol Alginate, Spices, Apo Carotenal, Calcium Disodium EDTA (added to protect flavor), Beta Carotene (added for color)), Oven Roasted Turkey Breast (Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphates, Browned In Soybean Oil), Colby Cheese (Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Tomatoes, Dill Weed.

CONTAINS: Wheat, Soy, and Milk.



Tuscany Pasta Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	320
	% Daily Value*
Total Fat 13g	17%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 560mg	24%
Total Carbohydrate 46g	17%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 70mg	6%
Iron 2mg	10%
Potassium 117mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Bow Tie Pasta(Water, Enriched Durum Semolina (Durum Semolina Wheat Flour, Niacin, Ferrous Sulfate, Thaimine Mononitrate, Riboflavin, Folic Acid), Egg Whites), Italian Dressing (Filtered Water, Canola Oil, Distilled Vinegar, Sugar, Romano Cheese(Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Sea Salt, Extra Virgin Olive Oil, Garlic, Roasted Garlic, Spice, Onion, Xanthan Gum, Red Bell Pepper, Oleoresin Rosemary, Natural Flavor, Citric Acid), Grape Tomatoes, Roasted Red Tomatoes (Tomatoes, expeller pressed non GMO Canola Oil, Garlic, Organic Vinegar, Salt, Spices), Spinach, Red Pepper Slices, Grated Parmesan (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes, Modified Food Starch, Powdered Cellulose (added to prevent caking), Potassium Sorbate (added to protect flavor)).

CONTAINS: Wheat, Milk, and Eggs.



Veggie Pasta Salad

Nutrition Facts	
variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	280
	% Daily Value*
Total Fat 20g	26%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 600mg	26%
Total Carbohydrate 21g	8%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 44mg	4%
Iron 1mg	6%
Potassium 162mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pasta (Water, Enriched Durum Semolina (Durum Semolina Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid)), Sliced Green Peppers, Sliced Red Peppers, Sliced Yellow Peppers, Sugar Snap Peas, Sun Dried Tomatoes (Sun Dried Tomato, Sulfur Dioxide, Citric Acid, Glucose), Feta Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Natamycin (natural mold inhibitor), Basil, Chardonnay Vinaigrette Dressing (Soybean Oil, White Wine, White Wine Vinegar, Sugar, Salt, contains less than 2% of Mustard Flour, Spice, Garlic Powder, Onion Powder, Natural Flavor, Xanthan Gum, Autolyzed Yeast Extract, Mustard Oil, Chives).

CONTAINS: Wheat, Milk, Soy.



Vermicelli Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	290
	% Daily Value*
Total Fat 19g	24%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 720mg	31%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 1mg	6%
Potassium 65mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pasta (Durum Wheat Semolina, Niacin, Ferrous Sulfate (Iron), Thiamin Mononitrate, Riboflavin, Folic Acid), Tomatoes, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto (Vegetable Coloring), Powdered Cellulose (added to prevent caking), Potassium Sorbate and Natamycin (added as a preservative), Bell Pepper, Soybean Oil, Black Olives (California Ripe Olives, Water, Salt, Ferrous Gluconate), Vinegar, Italian Dressing Mix (Sugar, Salt, Sodium Citrate, Garlic, Onions, Spice, Red Bell Peppers, Carrots, Xanthan Gum, Maltodextrin (Corn), Parsley, Natural Flavor, Guar Gum, Citric Acid), Salad Seasoning (Romano Cheese (Park-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Salt, Sesame Seed, Poppy Seed, Paprika, Celery Seed, Garlic, Black Pepper, Silicon Dioxide (added to make free flowing), and Red Pepper).

CONTAINS: Wheat and Milk.



Waldorf Salad

Nutrition Facts	
Variable servings per container	
Serving size	3.5oz (99g)
Amount per serving	
Calories	200
	% Daily Value*
Total Fat 13g	17%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 95mg	4%
Total Carbohydrate 24g	9%
Dietary Fiber 1g	4%
Total Sugars 18g	
Includes 5g Added Sugars	10%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 0mg	0%
Potassium 100mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Green and Red Apples, Calcium Ascorbate (added to prevent browning), Grapes, Celery, Poppy Seed Dressing (High Fructose Corn Syrup, Soybean Oil, Water, Vinegar, Red Wine Vinegar, Dried Sour Cream (Cultured Cream, Skim Milk), Salt, Contains less than 2% of Modified Food Starch, Poppy Seeds, Whey, Dried Onions, Polysorbate 60, Xanthan Gum, Mustard Flour, Potassium Sorbate and Calcium Disodium EDTA (added as preservatives), Artificial Color), Walnuts, Dried Cranberries (Cranberries, Sugar, Sunflower Oil), Egg Yolks, Xanthan Gum, Dehydrated Onion, Spice, Calcium Disodium EDTA (added to protect flavor), Kale.

CONTAINS: Milk, Tree Nuts, Eggs, and Soy.



Wheatberry Salad

Nutrition Facts	
Variable servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	350
	% Daily Value*
Total Fat 26g	33%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Total Carbohydrate 30g	11%
Dietary Fiber --g	--%
Total Sugars 10g	
Includes --g Added Sugars	--%
Protein 7g	
Vitamin D --mcg	--%
Calcium 37mg	2%
Iron 2mg	10%
Potassium --mg	--%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Wheatberry, Canola Oil, Sunflower Seeds, Red Peppers, Raisins (contain Sulphites), Lemon Juice, Parsley, Honey, Ginger Puree (Canola Oil, Citric Acid), White Vinegar, Sea Salt, Spices, Citric Acid.

CONTAINS: Wheat.



Whipped Fruit Salad

Nutrition Facts	
Variable servings per container	
Serving size	4 oz (113g)
Amount per serving	
Calories	180
	% Daily Value*
Total Fat 5g	6%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 120mg	5%
Total Carbohydrate 32g	12%
Dietary Fiber 0g	0%
Total Sugars 22g	
Includes --g Added Sugars	--%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 0mg	0%
Potassium 38mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Fruit Cocktail (Diced Peaches, Diced Pears, Water, Grapes, Corn Syrup, Pineapple Segments, Sugar, Halved Cherries (artificially colored red)), Vanilla Pudding (Sugar, Dextrose, Modified Food Starch, Sodium Phosphates, Calcium Sulfate, Natural and Artificial Flavors, Salt, Mono and Diglycerides, Yellow 5, Yellow 6), Sour Cream (Cultured Sour Cream (Skim Milk, Cream, Grade A Whey, Food Starch Modified), Guar Gum, Sodium Phosphate, Carrageenan, Sodium Citrate, Potassium Sorbate, Locust Bean Gum, Enzymes).

CONTAINS: Milk.



Wild Rice Citrus Salad

Nutrition Facts	
Varies servings per container	
Serving size	5oz (142g)
Amount per serving	
Calories	360
	% Daily Value*
Total Fat 20g	26%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 330mg	14%
Total Carbohydrate 40g	15%
Dietary Fiber --g	--%
Total Sugars 12g	
Includes --g Added Sugars	--%
Protein 5g	
Vitamin D --mcg	--%
Calcium 0mg	0%
Iron 0mg	0%
Potassium --mg	--%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pasta (Water, Durum Wheat Semolina, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Wild Rice (Rice, Water, Salt), Mayonnaise (Soybean Oil, Water, Egg Yolk, Corn Syrup, Vinegar, Salt, Mustard, Natural Flavors, Citric Acid, Disodium EDTA (added to protect flavor), Lemon), Mandarin Oranges (Mandarin Orange Segments, Water, Sugar), Sugar, Cashews (Cashews, Soy Oil, Salt), Dried Cranberries (Cranberries, Sugar, Sunflower Oil), Green Onions, White Wine Vinegar (White Wine Vinegar, Sodium Bisulfite (added as a preservative), Glucono-Delta-Lactone, Water, Sodium Benzoate (added as a preservative), Natural Flavor, Potassium Sorbate (added as a preservative), Xanthan Gum, Guar Gum, Dextrose, Pepper.

CONTAINS: Wheat, Soy, Eggs, and Tree Nuts.