

Doughnuts



Apple Fritter

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	160
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 1g	5%
<i>Trans Fat</i> 2g	
Cholesterol 0mg	0%
Sodium 135mg	6%
Total Carbohydrate 24g	9%
Dietary Fiber 0g	0%
Total Sugars 13g	
Includes 11g Added Sugars	22%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 1mg	6%
Potassium 28mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Yeast Raised Doughnut Dough (Flour, Yeast Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine, Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stearoyl Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzymes), Water, Baker's Yeast), Canned Chipped Apples (Chipped Apples, Water), Sugar, Partially Hydrogenated Soybean Oil, Water, Ground Cinnamon.

CONTAINS: Wheat, Soy, Milk, and Eggs.



Bismark, Lemon Filling and Powdered Sugar

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	160
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 1.5g	8%
<i>Trans</i> Fat 2g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 23g	8%
Dietary Fiber 0g	0%
Total Sugars 10g	
Includes 3g Added Sugars	6%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 5mg	0%
Iron 1mg	6%
Potassium 27mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Yeast-Raised Doughnut Dough (Flour, yeast, Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stearoyl Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzymes), Water, Baker's Yeast), Lemon Filling (Water, Sugar, Dextrose, Food Starch-Modified, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Doughnut Sugar (Dextrose, Corn Starch, Partially Hydrogenated Soybean Oil, Contains 2% or less of the following: Natural and Artificial Flavors, Titanium Dioxide (added for color), BHA, BHT).

CONTAINS: Wheat, Soy, Milk, and Eggs.



Bismark (Raspberry Filling, Sugared)

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	170
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 1.5g	8%
Trans Fat 2g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 13g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 5mg	0%
Iron 1mg	6%
Potassium 35mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Yeast-Raised Doughnut Dough (Flour, yeast, Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stearoyl Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzymes), Water, Baker's Yeast), Raspberry Pastry Filling (Sugar, Water, Red Raspberries, Food Starch-Modified, Contains 2% or less of the following: Citric Acid, Dextrin, Salt, Algin, Cellulose Gum, Potassium Sorbate and Sodium Benzoate (added as preservatives), Sodium Citrate, Dextrose, Carrageenan, Red 40, Artificial Flavor), Partially Hydrogenated Soybean Oil, Doughnut Sugar (Dextrose, Corn Starch, Partially Hydrogenated Soybean Oil, Contains 2% or less of the following: Natural and Artificial Flavors, Titanium Dioxide (added for color), BHA, BHT).

CONTAINS: Wheat, Milk, Eggs, and Soy.



Bismark with Raspberry Filling and Vanilla Icing

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	170
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 1g	5%
<i>Trans</i> Fat 2g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 29g	11%
Dietary Fiber 0g	0%
Total Sugars 17g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 5mg	0%
Iron 1mg	6%
Potassium 31mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Yeast-Raised Doughnut Dough (Flour, yeast, Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stearoyl Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzymes), Water, Baker's Yeast), Raspberry Pastry Filling (Sugar, Water, Red Raspberries, Food Starch-Modified, Contains 2% or less of the following: Citric Acid, Dextrin, Salt, Algin, Cellulose Gum, Potassium Sorbate and Potassium Benzoate (added as preservatives), Sodium Citrate, Dextrose, Carrageenan, Red 40, Artificial Flavor), Icing (Sugar, Water, Corn Syrup, Agar, Artificial Color, Potassium Sorbate (added as a preservative), Citric Acid, Natural and Artificial Flavor, Locus Bean Gum, Mono and Diglycerides), Partially Hydrogenated Soybean Oil.

CONTAINS: Wheat, Soy, Milk, and Eggs.



Bismark, Vanilla Filling and Icing

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	220
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 2.5g	13%
Trans Fat 3g	
Cholesterol 0mg	0%
Sodium 150mg	7%
Total Carbohydrate 31g	11%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 5mg	0%
Iron 1mg	6%
Potassium 28mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Yeast-Raised Doughnut Dough (Flour, yeast, Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stearoyl Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzymes), Water, Baker's Yeast), Vanilla Filling (Sugar, Partially Hydrogenated Soy and Cottonseed Oils, Water, Corn Syrup, Contains 2% or less of: High Fructose Corn Syrup, Corn Starch, Mono and Diglycerides, Natural and Artificial Flavor, Salt, Guar Gum, Phosphoric Acid, Polysorbate 60, Potassium Sorbate (added as a preservative)), Icing (Sugar, Water, Corn Syrup, Agar, Artificial Color, Potassium Sorbate (added as a preservative), Citric Acid, Natural and Artificial Flavor, Locust Bean Gum, Mono and Diglycerides), Partially Hydrogenated Soybean Oil.

CONTAINS: Wheat, Soy, Milk, and Eggs.



Cake Doughnut with Chocolate Icing and Sprinkles

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	250
	% Daily Value*
Total Fat 15g	19%
Saturated Fat 3.5g	18%
<i>Trans Fat</i> 5g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 16g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 12mg	0%
Iron 1mg	6%
Potassium 0mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Cake Donut Mix (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Soy Flour, Egg Yolks, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate). Contains 2% or less of the following: Nonfat Dry Milk, Wheat Starch, Salt, Soy Lecithin, Dextrose, Propylene Glycol Mono- and Diesters of Fats and Fatty Acids, Mono- and Diglycerides, Lactylic Esters of Fatty Acids, Xanthan Gum, Artificial Flavor, Whey, Beta Carotene (Color), Carboxymethylcellulose), White & Glossy (Sugar, Water, Corn Syrup, less than 2% of the following: Agar, Artificial Color, Potassium Sorbate (Preservative), Citric Acid, Natural and Artificial Flavor, Locust Bean Gum, Mono and Diglycerides), Chocolate Ready Ice (Sugar, Vegetable Oil (Partially Hydrogenated Soy and Cottonseed), Water, High Fructose Corn Syrup, Corn Syrup, Cocoa (processed with Alkali) Mono and Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (added as a preservative), Citric Acid, Natural and Artificial Flavor), Rainbow Sprinkles (Sugar, Corn Starch, Partially Hydrogenated Vegetable Oil (Cottonseed and/or Soybean), Soy Lecithin, Dextrin, Confectioner's Glaze, Natural and Artificial Flavor, Yellow 6 Lake, Carnauba Wax, Yellow 5 Lake, Blue 1 Lake, Red 3, Red 40).

CONTAINS: Wheat, Soy, Milk, and Eggs.



Cinnamon Sugar Cake Doughnut

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	250
% Daily Value*	
Total Fat 17g	22%
Saturated Fat 3g	15%
Trans Fat 6g	
Cholesterol 0mg	0%
Sodium 240mg	10%
Total Carbohydrate 23g	8%
Dietary Fiber 0g	0%
Total Sugars 10g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 15mg	2%
Iron 1mg	6%
Potassium 0mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched, Bleached Wheat Flour (Wheat Flour, Barley Malt, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Cinnamon, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate), Dextrose, Salt, Sugar, Partially Hydrogenated Soybean Oil, Soy Flour, Egg Yolks, Nonfat Milk, Emulsifier (Distilled Propylene Glycol Monoesters, Distilled Monoglycerides, Lactylic Esters of Fatty Acids, Potassium Sorbate), Lecithin, Natural and Artificial Flavor, Xanthan Gum, Whey, Wheat Starch, Beta Carotene, Margarine (Partially Hydrogenated Soybean and Cottonseed Oil, Skim Milk, Salt, Vegetable Mono and Diglycerides, Soy Lecithin, Vitamin A Palmitate, Beta Carotene, Artificial Flavor).

CONTAINS: Wheat, Soy, Eggs, and Milk.



Cake Doughnut, Glazed

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	250
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 3g	15%
<i>Trans</i> Fat 6g	
Cholesterol 0mg	0%
Sodium 220mg	10%
Total Carbohydrate 25g	9%
Dietary Fiber 0g	0%
Total Sugars 13g	
Includes 7g Added Sugars	14%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 14mg	2%
Iron 1mg	6%
Potassium 0mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate), Dextrose, Salt, Sugar, Partially Hydrogenated Soybean Oil, Soy Flour, Egg Yolks, Nonfat Milk, Emulsifier (Distilled Propylene Glycol Monoesters, Distilled Monoglycerides, Lactylic Esters of Fatty Acids, Potassium Sorbate), Lecithin, Natural and Artificial Flavor, Xanthan Gum, Whey, Wheat Starch, Beta Carotene, Maltodextrin, Agar, Cellulose Gum, Potassium Sorbate, Citric Acid, Mono and Diglycerides.

CONTAINS: Wheat, Soy, Milk, and Eggs.



Cake Doughnut with Powdered Sugar

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	250
	% Daily Value*
Total Fat 16g	21%
Saturated Fat 3g	15%
<i>Trans</i> Fat 6g	
Cholesterol 0mg	0%
Sodium 220mg	10%
Total Carbohydrate 26g	9%
Dietary Fiber 0g	0%
Total Sugars 14g	
Includes 8g Added Sugars	16%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 14mg	2%
Iron 1mg	6%
Potassium 0mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched Wheat Flour (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Water, Palm Oil, Sugar, Soybean Oil, Defatted Soy Flour, Rye Flour, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Whey (Milk), Dextrose, Salt, Egg Yolks, Egg, Mono And Diglycerides, Milk Protein Concentrate, High Fructose Corn Syrup, Sodium Propionate (added as a preservative), Guar Gum, Sodium Stearoyl Lactylate, Polysorbate 60, Artificial Flavor), Glaze (Sugar, Water, Maltodextrin, Contains 2% or less than each of the following: Agar, Cellulose Gum, Potassium Sorbate (added as a preservative), Citric Acid, Mono And Diglycerides), Granulated Sugar, Powdered Sugar.

CONTAINS: Wheat, Soy, Milk, and Eggs.



Sugared Cake Doughnut

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	250
	% Daily Value*
Total Fat 17g	22%
Saturated Fat 3g	15%
Trans Fat 6g	
Cholesterol 0mg	0%
Sodium 240mg	10%
Total Carbohydrate 23g	8%
Dietary Fiber 0g	0%
Total Sugars 10g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 15mg	2%
Iron 1mg	6%
Potassium 0mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Enriched Wheat Flour (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Water, Palm Oil, Sugar, Soybean Oil, Defatted Soy Flour, Rye Flour, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Whey (Milk), Dextrose, Salt, Egg Yolks, Egg, Mono and Diglycerides, Milk Protein Concentrate, High Fructose Corn Syrup, Sodium Propionate (added as a preservative), Guar Gum, Sodium Stearoyl Lactylate, Polysorbate 60, Artificial Flavor), Glaze (Sugar, Water, Maltodextrin, Contains 2% or less of the following: Agar, Cellulose Gum, Potassium Sorbate (added as a preservative), Citric Acid, Mono and Diglycerides), Granulated Sugar, Powdered Sugar.

CONTAINS: Wheat, Milk, Eggs, and Soy.



Cake Doughnut, Vanilla Icing and Sprinkles

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	240
	% Daily Value*
Total Fat 13g	17%
Saturated Fat 3.5g	18%
<i>Trans</i> Fat 5g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 29g	11%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 1mg	6%
Potassium 0mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Cake Donut Mix (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Soy Flour, Egg Yolks, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate). Contains 2% or less of the following: Nonfat Dry Milk, Wheat Starch, Salt, Soy Lecithin, Dextrose, Propylene Glycol Mono- and Diesters of Fats and Fatty Acids, Mono- and Diglycerides, Lactylic Esters of Fatty Acids, Xanthan Gum, Artificial Flavor, Whey, Beta Carotene (Color), Carboxymethylcellulose), White & Glossy (Sugar, Water, Corn Syrup, less than 2% of the following: Agar, Artificial Color, Potassium Sorbate (Preservative), Citric Acid, Natural and Artificial Flavor, Locust Bean Gum, Mono and Diglycerides), Vanilla Icing (Sugar, Water, Corn Syrup, Agar, Artificial Color, Potassium Sorbate (added as a preservative, Citric Acid, Natural and Artificial Flavor, Locus Bean Gum, Mono and Diglycerides), Partially Hydrogenated Soybean Oil, Water), Rainbow Sprinkles (Sugar, Corn Starch, Partially Hydrogenated Vegetable Oil (Cottonseed and/or Soybean), Soy Lecithin, Dextrin, Confectioner's Glaze, Natural and Artificial Flavor, Yellow 6 Lake, Carnauba Wax, Yellow 5 Lake, Blue 1 Lake, Red 3, Red 40).

CONTAINS: Wheat, Milk, Eggs, and Soy.



Doughnut Holes, Cinnamon Sugar

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	260
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 330mg	14%
Total Carbohydrate 31g	11%
Dietary Fiber 0g	0%
Total Sugars 14g	
Includes 4g Added Sugars	8%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 22mg	2%
Iron 1mg	6%
Potassium 1mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Donut Holes (Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Vegetable Oil (Cottonseed, Partially Hydrogenated Soybean, and/or Hydrogenated Cottonseed Oil), Sugar, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Defatted Soy Flour, Egg Yolk with Sodium Silicoaluminate, Salt, Soy Lecithin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Natural Flavor, BHT, Citric Acid (Preservative), and Artificial Flavor, Color Added), Donut Sugar (Dextrose, Corn Starch, Partially Hydrogenated Soybean Oil, Contains 2% or less of: Natural and Artificial Flavors, Titanium Dioxide (Color)), Cinnamon.

CONTAINS: Soy, Wheat, Milk, and Eggs.



Doughnut Holes, Glazed Blueberry

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	200
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 4.5g	23%
<i>Trans Fat</i> 0g	
Cholesterol 15mg	5%
Sodium 260mg	11%
Total Carbohydrate 24g	9%
Dietary Fiber --g	--%
Total Sugars 13g	
Includes --g Added Sugars	--%
Protein 2g	
Vitamin D --mcg	--%
Calcium 22mg	2%
Iron 1mg	6%
Potassium --mg	--%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Donut Holes(Enriched Flour(Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Vegetable Oil (Cottonseed, Partially Hydrogenated Soybean, and/or Hydrogenated Cottonseed Oil), Sugar, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Defatted Soy Flour, Egg Yolk with Sodium Silicoaluminat, Salt, Soy Lecithin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Natural Flavor, BHT, Citric Acid (Preservative), and Artificial Flavor, Color Added.), Color Added, FD&C Blue 2, Red 40, Blue 1, Glaze (Sugar, Water, Maltodextrin).

CONTAINS: Soy, Wheat, Milk, and Eggs.



Doughnut Holes, Nutty

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	260
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 7g	35%
<i>Trans Fat</i> 0g	
Cholesterol 10mg	3%
Sodium 280mg	12%
Total Carbohydrate 31g	11%
Dietary Fiber 0g	0%
Total Sugars 16g	
Includes 8g Added Sugars	16%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 19mg	2%
Iron 1mg	6%
Potassium 23mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Donut Holes (Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Vegetable Oil (Cottonseed, Partially Hydrogenated Soybean, And/Or Hydrogenated Cottonseed Oil), Sugar, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Defatted Soy Flour, Egg Yolk With Sodium Silicoaluminate, Salt, Soy Lecithin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Natural Flavor, BHT, Citric Acid (added as preservatives), and Artificial Flavor, Color Added), Glaze (Sugar, Maltodextrin, Water), Peanuts.

CONTAINS: Wheat, Soy, Milk, Eggs, and Peanuts.



Powdered Sugar Doughnut Holes

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	260
	% Daily Value*
Total Fat 13g	17%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 320mg	14%
Total Carbohydrate 32g	12%
Dietary Fiber 0g	0%
Total Sugars 16g	
Includes 7g Added Sugars	14%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 18mg	2%
Iron 1mg	6%
Potassium 0mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Doughnut Holes (Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Vegetable Oil (Cottonseed, Partially Hydrogenated Soybean, and/or Hydrogenated Cottonseed Oil), Sugar, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Defatted Soy Flour, Egg Yolk with Sodium Silicoaluminatate, Salt, Soy Lecithin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Natural Flavor, BHT, Citric Acid (Preservative), and Artificial Flavor, Color Added), Donut Sugar (Dextrose, Corn Starch, Partially Hydrogenated Soybean Oil, Contains 2% or less of: Natural And Artificial Flavors, Titanium Dioxide (Color)).

CONTAINS: Wheat, Soy, Milk, and Eggs.



Doughnut Holes, Sprinkled

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	260
	% Daily Value*
Total Fat 12g	15%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 200mg	9%
Total Carbohydrate 34g	12%
Dietary Fiber 0g	0%
Total Sugars 20g	
Includes --g Added Sugars	--%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 15mg	2%
Iron 1mg	6%
Potassium 52mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Donut Holes(Enriched Flour(Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Vegetable Oil (Cottonseed, Partially Hydrogenated Soybean, and/or Hydrogenated Cottonseed Oil), Sugar, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Defatted Soy Flour, Egg Yolk with Sodium Silicoaluminate, Salt, Soy Lecithin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Natural Flavor, BHT, Citric Acid (Preservative), and Artificial Flavor, Color Added.), Glaze (Sugar, Water, Maltodextrin), Sprinkle Base (Sugar, Corn Starch, Partially Hydrogenated Vegetable Oil (Cottonseed, Soybean), Soy Lecithin, Dextrin, Confectioners Glaze, Natural And Artificial Flavor, Carnauba Wax), Yellow 5 Lake, Blue 1 Lake, Yellow 6 Lake, Cocoa, Red 3, Red 40, Blue 1.

CONTAINS: Wheat, Milk, Soy, and Eggs.



Doughnut Holes, Sugared

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	260
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 330mg	14%
Total Carbohydrate 31g	11%
Dietary Fiber --g	--%
Total Sugars 13g	
Includes --g Added Sugars	--%
Protein 3g	
Vitamin D --mcg	--%
Calcium 19mg	2%
Iron 1mg	6%
Potassium --mg	--%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Donut Holes (Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Vegetable Oil (Cottonseed, Partially Hydrogenated Soybean, and/or Hydrogenated Cottonseed Oil), Sugar, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Defatted Soy Flour, Egg Yolk with Sodium Silicoaluminate, Salt, Soy Lecithin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Natural Flavor, BHT, Citric Acid (Preservative), and Artificial Flavor, Color Added), Donut Sugar (Dextrose, Corn Starch, Partially Hydrogenated Soybean Oil, Contains 2% or less of: Natural and Artificial Flavors, Titanium Dioxide (added for color)).

CONTAINS: Wheat, Milk, Soy, and Eggs.



Glazed Cruller

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	210
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 2g	10%
Trans Fat 3.5g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 11g	
Includes 10g Added Sugars	20%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 7mg	0%
Iron 1mg	6%
Potassium 39mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Water, Flour, Yeast Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stearoyl Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzymes), Sugar, Partially Hydrogenated Soybean Oil, Baker's Yeast.

CONTAINS: Wheat, Soy, Milk, and Eggs.



Long John, Chocolate Icing and Sprinkles

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	230
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 3.5g	18%
<i>Trans</i> Fat 3g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 30g	11%
Dietary Fiber 0g	0%
Total Sugars 15g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 6mg	0%
Iron 1mg	6%
Potassium 31mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Yeast-Raised Doughnut Dough (Flour, Yeast, Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stearoyl Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzyme), Water, Baker's Yeast, Bavarian Cream (Water, High Fructose Corn Syrup, Modified Food Starch, Contains less than 2% of: Locus Bean Gum, Sugar, Color Added, FD&C Yellow #6, Sodium Benzoate, Citric Acid, Salt, Benzoic Acid, Potassium Sorbate, Polysorbate 60, Shortening (Partially Hydrogenated Soybean/Cottonseed Oil), Artificial Flavors), Chocolate Ready Ice (Sugar, Vegetable Oil (Partially Hydrogenated Soy and Cottonseed), Water, High Fructose Corn Syrup, Corn Syrup, Cocoa (processed with Alkali) Mono an Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (added as a preservative), Citric Acid, Natural and Artificial Flavor), Rainbow Sprinkles (Sugar, Corn Starch, Partially Hydrogenated Vegetable Oil (Cottonseed and/or Soybean), Soy Lecithin, Dextrin, Confectioner's Glaze, Natural and Artificial Flavor, Yellow 6 Lake, Carnauba Wax, Yellow 5 Lake, Blue 1 Lake, Red 3, Red 40).

CONTAINS: Wheat, Milk, Soy, and Egg.



Long John (Custard Filled and Chocolate Icing)

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	170
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 1.5g	8%
Trans Fat 2.5g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 10g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 5mg	0%
Iron 1mg	6%
Potassium 26mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Yeast-Raised Doughnut Dough (Flour, Yeast, Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stearoyl Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzyme), Water, Baker's Yeast, Bavarian Cream (Water, High Fructose Corn Syrup, Modified Food Starch, Contains less than 2% of: Locus Bean Gum, Sugar, Color Added, FD&C Yellow #6, Sodium Benzoate, Citric Acid, Salt, Benzoic Acid, Potassium Sorbate, Polysorbate 60, Shortening (Partially Hydrogenated Soybean/Cottonseed Oil), Artificial Flavors), Chocolate Ready Ice (Sugar, Vegetable Oil (Partially Hydrogenated Soy and Cottonseed), Water, High Fructose Corn Syrup, Corn Syrup, Cocoa (processed with Alkali) Mono an Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (added as a preservative), Citric Acid, Natural and Artificial Flavor).

CONTAINS: Wheat, Milk, Eggs, and Soy.



Long John, Custard Filled, Vanilla Icing

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	160
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 1g	5%
Trans Fat 2g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 24g	9%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 5mg	0%
Iron 1mg	6%
Potassium 26mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Yeast-Raised Doughnut Dough (Flour, Yeast, Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate)), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stearoyl Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzyme), Water, Baker's Yeast, Bavarian Cream (Water, High Fructose Corn Syrup, Modified Food Starch, Contains less than 2% of: Locus Bean Gum, Sugar, Color Added, FD&C Yellow #6, Sodium Benzoate, Citric Acid, Salt, Benzoic Acid, Potassium Sorbate, Polysorbate 60, Shortening (Partially Hydrogenated Soybean/Cottonseed Oil), Artificial Flavors), White Icing (Sugar, Water, Corn Syrup, Agar, Artificial Color, Potassium Sorbate (added as a preservative), Citric Acid, Natural and Artificial Flavor, Locus Bean Gum, Mono and Diglycerides), Partially Hydrogenated Soybean Oil.

CONTAINS: Wheat, Soy, Milk, and Eggs.



Long John, Vanilla Icing and Sprinkles

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	220
	% Daily Value*
Total Fat 9g	12%
Saturated Fat 3g	15%
<i>Trans Fat</i> 2.5g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 32g	12%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 6mg	0%
Iron 1mg	6%
Potassium 31mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Yeast-Raised Doughnut Dough (Flour, Yeast, Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stearoyl Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzyme), Water, Baker's Yeast, White Icing (Sugar, Water, Corn Syrup, Agar, Artificial Color, Potassium Sorbate (added as a preservative), Citric Acid, Natural and Artificial Flavor, Locus Bean Gum, Mono and Diglycerides), Partially Hydrogenated Soybean Oil, Rainbow Sprinkles (Sugar, Corn Starch, Partially Hydrogenated Vegetable Oil (Cottonseed and/or Soybean), Soy Lecithin, Dextrin, Confectioner's Glaze, Natural and Artificial Flavor, Yellow 6 Lake, Carnauba Wax, Yellow 5 Lake, Blue 1 Lake, Red 3, Red 40).

CONTAINS: Wheat, Milk, Soy, and Egg.



Persian, Caramel Icing and Nuts

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	240
	% Daily Value*
Total Fat 15g	19%
Saturated Fat 2.5g	13%
<i>Trans</i> Fat 3.5g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Total Sugars 9g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 19mg	2%
Iron 1mg	6%
Potassium 96mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Water, Flour, Yeast, Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stearoyl Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzymes), Sugar, Partially Hydrogenated Soybean Oil, Baker's Yeast, Soybean Oil, Ground Cinnamon, Caramel Icing (Sugar, Vegetable Oil (Partially Hydrogenated Soy and/or Cottonseed Oil), Tree Nuts.

CONTAINS: Soy, Wheat, Milk, Eggs, and Tree Nuts.



Persian, Chocolate Icing and Nuts

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	240
	% Daily Value*
Total Fat 15g	19%
Saturated Fat 2.5g	13%
Trans Fat 3g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 24g	9%
Dietary Fiber 1g	4%
Total Sugars 9g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 18mg	2%
Iron 1mg	6%
Potassium 96mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Flour, Yeast, Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stearoyl Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzymes), Sugar, Partially Hydrogenated Soybean Oil, Baker's Yeast, Soybean Oil, Chocolate Ready Ice (Sugar, Vegetable Oil (Partially Hydrogenated Soy and Cottonseed), Water, High Fructose Corn Syrup, Corn Syrup, Cocoa (processed with Alkali) Mono and Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (added as a preservative), Citric Acid, Natural and Artificial Flavor), Walnuts.

CONTAINS: Wheat, Milk, Soy, Eggs, and Tree Nuts.



Persian Glazed

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	210
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 2g	10%
Trans Fat 3g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 11g	
Includes 10g Added Sugars	20%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 1mg	5%
Potassium 41mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Water, Flour, Yeast, Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stearoyl Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzymes), Sugar, Partially Hydrogenated Soybean Oil, Baker's Yeast, Soybean Oil, Ground Cinnamon.

CONTAINS: Soy, Wheat, Milk, and Eggs.



Persian, Vanilla Icing and Nuts

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	230
	% Daily Value*
Total Fat 13g	17%
Saturated Fat 2g	10%
<i>Trans Fat</i> 2.5g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 26g	9%
Dietary Fiber 1g	4%
Total Sugars 11g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 17mg	2%
Iron 1mg	6%
Potassium 96mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Flour, Yeast, Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stearoyl Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzymes), Sugar, Partially Hydrogenated Soybean Oil, Baker's Yeast, Soybean Oil, White Icing(Sugar, Water, Corn Syrup, Agar, Artificial Color, Potassium Sorbate (added as a preservative), Citric Acid, Natural and Artificial Flavor, Locus Bean Gum, Mono and Diglycerides), Partially Hydrogenated Soybean Oil), Walnuts.

CONTAINS: Wheat, Milk, Soy, Eggs, and Tree Nuts.



Sour Cream Old Fashioned Cake Doughnut, Glazed

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	250
	% Daily Value*
Total Fat 16g	21%
Saturated Fat 3g	15%
Trans Fat 6g	
Cholesterol 5mg	2%
Sodium 210mg	9%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 16g	
Includes 7g Added Sugars	14%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 1mg	6%
Potassium 43mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Sour Cream Donut Mix(Enriched Wheat Flour Bleached (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Dextrose, Dry Egg Yolk, Soy Flour, Wheat Starch, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Nonfat Milk Solids, Caramel Color, Salt, Natural and Artificial Flavor, Soy Lecithin, Propylene Glycol, Cellulose Gum, Corn Starch, Sulfites, Enzymes), Glaze (Sugar, Maltodextrin, Water).

CONTAINS: Wheat, Milk, Eggs, and Soy.



Sour Cream Old Fashioned Cake Doughnut, Plain

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	260
	% Daily Value*
Total Fat 18g	23%
Saturated Fat 3.5g	18%
Trans Fat 7g	
Cholesterol 10mg	3%
Sodium 240mg	10%
Total Carbohydrate 24g	9%
Dietary Fiber 0g	0%
Total Sugars 10g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 13mg	2%
Iron 1mg	6%
Potassium 49mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Sour Cream Donut Mix(Enriched Wheat Flour Bleached(Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Dextrose, Dry Egg Yolk, Soy Flour, Wheat Starch, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Nonfat Milk Solids, Caramel Color, Salt, Natural and Artificial Flavor, Soy Lecithin, Propylene Glycol, Cellulose Gum, Corn Starch, Sulfites, Enzymes), Glaze (Sugar, Maltodextrin, Water).

CONTAINS: Wheat, Milk, Eggs, and Soy.



Triple Chocolate Doughnut

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	230
	% Daily Value*
Total Fat 12g	15%
Saturated Fat 3g	15%
<i>Trans</i> Fat 3.5g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 28g	10%
Dietary Fiber 0g	0%
Total Sugars 16g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 7mg	0%
Iron 1mg	6%
Potassium 47mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Chocolate Raised Donut Mix (Enriched Wheat Flour Bleached (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Dextrose, Cocoa (processed with Alkali), Salt, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Sugar, Soy Flour, Dry Whey, Mono and Diglycerides with BHT and Citric Acid (added as preservatives), Sodium Stearoyl Lactylate, Artificial Flavors, Sodium Propionate (added as preservatives), Nonfat Milk Solids, Dry Egg Yolk, Wheat Starch, Propylene Glycol, Corn Starch), Chocolate Filling (Sugar, Partially Hydrogenated Soy and Cottonseed Oils, Water, Cocoa (processed with Alkali), Contains 2% or less of: High Fructose Corn Syrup, Corn Syrup Solids, Corn Starch, Mono and Diglycerides, Salt, Natural and Artificial Flavor, Phosphoric Acid, Soy Lecithin, Guar Gum, Potassium Sorbate (added as a preservative), Polysorbate 60, Sodium Benzoate (added as a preservative)), Chocolate Icing (Sugar, Vegetable Oil (Partially Hydrogenated Soy and Cottonseed Oil), Water, High Fructose Corn Syrup, Corn Syrup, Coca (processed with Alkali), Mono and Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (added as preservatives), Citric Acid, Natural and Artificial Flavor), Water, Partially Hydrogenated Soybean Oil, Baker's Yeast.

CONTAINS: Wheat, Soy, Milk, and Eggs.



Twists, Glazed

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	200
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 2g	10%
<i>Trans</i> Fat 3g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 28g	10%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 10g Added Sugars	20%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 7mg	0%
Iron 1mg	6%
Potassium 39mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Flour, Yeast Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stearoly Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzymes), Water, Partially Hydrogenated Soybean Oil, Doughnut Sugar (Dextrose, Corn Starch, Partially Hydrogenated Soybean Oil, Contains 2% or less of the following: Natural and Artificial Flavors, Titanium Dioxide (added for color), BHA, BHT), Baker's Yeast.

CONTAINS: Wheat, Milk, Eggs, and Soy.



Twists, Sugared

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	210
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 2g	10%
Trans Fat 4g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 25g	9%
Dietary Fiber 0g	0%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 1mg	6%
Potassium 46mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Flour, Yeast Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stearoly Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzymes), Water, Partially Hydrogenated Soybean Oil, Doughnut Sugar (Dextrose, Corn Starch, Partially Hydrogenated Soybean Oil, Contains 2% or less of the following: Natural and Artificial Flavors, Titanium Dioxide (added for color), BHA, BHT), Baker's Yeast.

CONTAINS: Wheat, Milk, Eggs, and Soy.



Yeast Raised Ring, Chocolate Icing with Sprinkles

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	230
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 3.5g	18%
Trans Fat 3g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 30g	11%
Dietary Fiber 0g	0%
Total Sugars 15g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 6mg	0%
Iron 1mg	6%
Potassium 31mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Chocolate Ready Ice (Sugar, Vegetable Oil (Partially Hydrogenated Soy and Cottonseed), Water, High Fructose Corn Syrup, Cocoa (processed with Alkali), Mono and Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (added as a preservative), Citric Acid, Natural and Artificial Flavor), Flour, Yeast Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrosphosphate, Sodium Bicarbonate), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stearoyl Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzymes), Water, Rainbow Sprinkles (Sugar, Corn Starch, Partially Hydrogenated Vegetable Oil (Cottonseed and/or Soybean), Soy Lecithin, Dextrin, Confectioner’s Glaze, Natural and Artificial Flavor, Yellow 6 Lake, Carnuba Wax, Yellow 5 Lake, Blue 1 Lake, Red 3, Red 40), Partially Hydrogenated Soybean Oil, Baker’s Yeast.

CONTAINS: Wheat, Soy, Milk, and Eggs.



Yeast Raised Ring, Glazed

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	210
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 2g	10%
<i>Trans Fat</i> 3.5g	
Cholesterol 0mg	0%
Sodium 210mg	9%
Total Carbohydrate 26g	9%
Dietary Fiber 0g	0%
Total Sugars 10g	
Includes 8g Added Sugars	16%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 1mg	6%
Potassium 42mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Flour, Yeast Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stereol Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzymes), Partially Hydrogenated Soybean Oil, Sugar, Baker's Yeast.

CONTAINS: Wheat, Soy, Milk, and Eggs.



Yeast-Raised Ring, Vanilla Icing and Sprinkles

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	220
	% Daily Value*
Total Fat 9g	12%
Saturated Fat 3g	15%
Trans Fat 2.5g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 32g	12%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 6mg	0%
Iron 1mg	6%
Potassium 31mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Flour, Yeast Raised Doughnut Base (Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Contains 2% or less of the following: Egg Whites, Mono and Diglycerides, Whey, Inulin, Polyfructose, Sodium Stearoyl Lactylate, Nonfat Dry Milk, Beta Carotene (added for color), Enzymes), Water, Vanilla Icing (Sugar, Water, Corn Syrup, Agar, Artificial Color, Potassium Sorbate (added as a preservative, Citric Acid, Natural and Artificial Flavor, Locus Bean Gum, Mono and Diglycerides), Partially Hydrogenated Soybean Oil, Water), Rainbow Sprinkles (Sugar, Corn Starch, Partially Hydrogenated Vegetable Oil (Cottonseed and/or Soybean), Soy Lecithin, Dextrin, Confectioner's Glaze, Natural and Artificial Flavor, Yellow 6 Lake, Carnauba Wax, Yellow 5 Lake, Blue 1 Lake, Red 3, Red 40), Partially Hydrogenated Soybean Oil, Baker's Yeast.

CONTAINS: Wheat, Milk, Eggs, and Soy.