

ROLLS



Bolillo Roll

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Total Carbohydrate 28g	10%
Dietary Fiber --g	--%
Total Sugars 2g	
Includes --g Added Sugars	--%
Protein 5g	
Vitamin D --mcg	--%
Calcium 50mg	4%
Iron 2mg	10%
Potassium --mg	--%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Enriched Bleached Flour (Wheat Flour, Malted Barely Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Egg White, Soybean Oil, Salt, Sugar, Dough Improver (Cultured Wheat Flour Sponge, Monocalcium Phosphate, Calcium Sulfate, Salt, Ammonium Chloride, Ammonium Sulfate, Ascorbic Acid, Calcium Peroxide), Dough Improver (Soy Flour, Wheat Flour, Calcium Salts, Dextrose, Diacetyl Tartaric Acid Esters of Mono and Diglycerides (Datem), Mono-Diglycerides, Soy Lecithin, Ascorbic Acid, Carbamide, Deodorized Garlic Powder, Enzymes), Calcium Propionate (added as a preservative).

CONTAINS: Soy, Wheat, and Egg.



Buttermilk Biscuits

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	150
	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 1g	5%
<i>Trans</i> Fat 1g	
Cholesterol 5mg	2%
Sodium 430mg	19%
Total Carbohydrate 24g	9%
Dietary Fiber 0g	0%
Total Sugars 5g	
Includes 4g Added Sugars	8%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 117mg	10%
Iron 1mg	6%
Potassium 28mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Enriched, Bleached, Wheat Flour (Wheat Flour, Reduced Iron, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Grade A Buttermilk (Cultured Low Fat Milk, Salt, Natural Flavor), Sugar, Shortening (Partially Hydrogenated Soybean And Soybean Oil), Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Whole Eggs, Salt, Grade A Butter.

CONTAINS: Wheat, Milk, Soy, and Eggs.



Ciabatta Roll

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	150
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 400mg	17%
Total Carbohydrate 30g	11%
Dietary Fiber --g	--%
Total Sugars 1g	
Includes --g Added Sugars	--%
Protein 5g	
Vitamin D --mcg	--%
Calcium 0mg	0%
Iron 2mg	10%
Potassium --mg	--%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Ciabatta (Enriched Unbleached Wheat Flour (Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Eggs, Folic Acid), Water, Olive Oil, Salt, Yeast).

CONTAINS: Eggs and Wheat.



Croissant

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	200
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 6g	30%
<i>Trans</i> Fat 0g	
Cholesterol 30mg	10%
Sodium 210mg	9%
Total Carbohydrate 24g	9%
Dietary Fiber --g	--%
Total Sugars 4g	
Includes --g Added Sugars	--%
Protein 4g	
Vitamin D --mcg	--%
Calcium 40mg	4%
Iron 1mg	6%
Potassium --mg	--%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched Wheat Flour (Flour, Niacin, Thiamine Mononitrate, Iron, Riboflavin, Folic Acid), Water, Butter, Glucose-Fructose, Sugar, Yeast, Salt, Skim Milk Powder, Whole Dried Egg, Soy Flour, Calcium Sulfate, Diacetyl Tartaric Acid Esters Of Mono And Diglycerides, Sodium Stearoyl Lactylate, Sunflower Oil, Enzymes, Wheat Starch, Natural Flavor (Milk).

CONTAINS: Wheat, Milk, Egg, and Soy.



Crusty Brat Buns

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%
Total Carbohydrate 29g	11%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 0mg	0%
Potassium 47mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Enriched, Bleached Wheat Flour (Wheat Flour, Barley Malt, Niacin, Reduced Iron Thiamine Mononitrate, Riboflavin, Folic Acid), Water Yeast, Salt, Vegetable Shortening (Partially Hydrogenated Soybean, Canola, and/or Cottonseed Oil), Dextrose, Sugar, Corn Starch, Mono and Diglycerides, Soy Flour, Ascorbic Acid, Potassium Bromate, L-Cysteine, Enzyme, Cornmeal.

CONTAINS: Wheat and Soy.



Crusty Kaiser Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%
Total Carbohydrate 29g	11%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 0mg	0%
Potassium 47mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Patent Flour (Bleached Wheat Flour, Malted Barley Flour, Potassium Bromate), Water, Bread Base (Dextrose, Soybean Oil, Sugar, Salt, Mono- and Diglycerides, Corn Starch, Defatted Soy Flour and 2% or less of each of the following: Monocalcium Phosphate, Calcium Stearoyl Lactylate (CSL), Ascorbic Acid (Vitamin C), Enzymes (Contains Wheat)), Yeast.

CONTAINS: Wheat and Soy.



Garlic Knots

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	170
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 2g	10%
Trans Fat 0.5g	
Cholesterol 10mg	3%
Sodium 570mg	25%
Total Carbohydrate 24g	9%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 57mg	4%
Iron 1mg	6%
Potassium 63mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Patent Flour (Bleached Wheat Flour, Malted Barley Flour, Potassium Bromate), Water, Danish Base (Enriched Wheat Flour Bleached (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Partially Hydrogenated Vegetable Oil (Soybean and/or Cottonseed Oil). Dextrose, Wheat Starch, Mono & Diglycerides with BHT and Citric Acid (added as preservatives) , Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Salt, Dry Whole Egg, Soy Flour, Potato Flour, Soybean Oil, Dry Whey, Vital Wheat Gluten Corn Starch, Sodium Stearoyl Lactylate, Sodium Propionate (added as a preservative), Corn Oil, Beta Carotene (added for color), Citric Acid, Alpha Tocopherols (added as a preservative), Garlic, Yeast, Asiago Cheese (Cheese (Pasteurized Cow's Milk, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (added to prevent caking), Garlic Powder, Dough Conditioner (Wheat Flour, DATEM, Dextrose, Soybean Oil, Ascorbic Acid, L-Cysteine, Enzymes), Italian Seasoning (Spices), Salt.

CONTAINS: Milk, Eggs, Wheat, and Soy.



Ham Buns

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	150
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 2mg	10%
Potassium 53mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched Flour (Bleached Wheat Flour Enriched (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Potassium Bromate), Water, Bread Base (Dextrose, Soybean Oil, Sugar, Salt, Mono and Diglycerides, Corn Starch, Soy Flour, Contains 2% or less of Calcium Stearoyl Lactylate, Monocalcium Phosphate, Ascorbic Acid, Azodicarbonamide, Enzymes), Baker's Yeast.

CONTAINS: Soy and Wheat.



Hoagie Roll

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%
Total Carbohydrate 29g	11%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 0mg	0%
Potassium 47mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched, Bleached Wheat Flour (Wheat Flour, Barley Malt, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Vegetable Shortening (Partially Hydrogenated Soybean, Cottonseed And/Or Canola Oil), Dextrose, Sugar, Yeast, Cornstarch, Mono and Diglycerides, Soy Flour, Ascorbic Acid, Potassium Bromate, L-Cysteine, Enzyme.

CONTAINS: Wheat and Soy.



Homestyle Clover Leaf Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	170
<small>% Daily Value*</small>	
Total Fat 4.5g	6%
Saturated Fat 1g	5%
<i>Trans</i> Fat 1g	
Cholesterol 5mg	2%
Sodium 290mg	13%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 15mg	2%
Iron 2mg	10%
Potassium 21mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Patent Flour (Bleached Wheat Flour, Malted Barley Flour, Potassium Bromate), Water, Danish Base (Enriched Wheat Flour Bleached (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Partially Hydrogenated Vegetable Oil (Soybean and/or Cottonseed Oil), Dextrose, Wheat Starch, Mono & Diglycerides with BHT and Citric Acid (added as preservatives), Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Salt, Dry Whole Egg, Soy Flour, Potato Flour, Soybean Oil, Dry Whey, Vital Wheat Gluten Corn Starch, Sodium Stearoyl Lactylate, Sodium Propionate (added as a preservative), Corn Oil, Beta Carotene as color, Citric Acid, Alpha Tocopherols (added as a preservative), Yeast, S-500 Dough Conditioner (Wheat Flour, DATEM, Dextrose, Soybean Oil, Ascorbic Acid, L-Cysteine, Enzymes), Salt.

CONTAINS: Wheat, Eggs, and Soy.



Homestyle Dinner Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	170
	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 1g	5%
<i>Trans</i> Fat 1g	
Cholesterol 5mg	2%
Sodium 290mg	13%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 15mg	2%
Iron 2mg	10%
Potassium 21mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Patent Flour (Bleached Wheat Flour, Malted Barley Flour, Potassium Bromate), Water, Danish Base (Enriched Wheat Flour Bleached (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Partially Hydrogenated Vegetable Oil (Soybean and/or Cottonseed Oil), Dextrose, Wheat Starch, Mono & Diglycerides with BHT and Citric Acid (added as preservatives) , Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Salt, Dry Whole Egg, Soy Flour, Potato Flour, Soybean Oil, Dry Whey, Vital Wheat Gluten Corn Starch, Sodium Stearoyl Lactylate, Sodium Propionate (added as a preservative) Poppy seed, Sesame seed,, Corn Oil, Beta Carotene as color, Citric Acid, Alpha Tocopherols (added as a preservative), Yeast, S-500 Dough Conditioner (Wheat Flour, DATEM, Dextrose, Soybean Oil, Ascorbic Acid, L-Cysteine, Enzymes), Salt.

CONTAINS: Wheat, Milk, Egg, and Soy.



Homestyle Finger Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	170
	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 1g	5%
Trans Fat 1g	
Cholesterol 5mg	2%
Sodium 290mg	13%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 15mg	2%
Iron 2mg	10%
Potassium 21mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Patent Flour (Bleached Wheat Flour, Malted Barley Flour, Potassium Bromate), Water, Danish Base (Enriched Wheat Flour Bleached (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Partially Hydrogenated Vegetable Oil (Soybean and/or Cottonseed Oil), Dextrose, Wheat Starch, Mono & Diglycerides with BHT and Citric Acid (added as preservatives), Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Salt, Dry Whole Egg, Soy Flour, Potato Flour, Soybean Oil, Dry Whey, Vital Wheat Gluten Corn Starch, Sodium Stearoyl Lactylate, Sodium Propionate (added as a preservative), Corn Oil, Beta Carotene (added for color), Citric Acid, Alpha Tocopherols (added as a preservative), Yeast, S-500 Dough Conditioner (Wheat Flour, DITEM, Dextrose, Soybean Oil, Ascorbic Acid, L-Cysteine, Enzymes), Salt.

CONTAINS: Wheat, Soy, and Eggs.



Homestyle Hamburger Buns

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	170
	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 1g	5%
<i>Trans</i> Fat 1g	
Cholesterol 5mg	2%
Sodium 290mg	13%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 15mg	2%
Iron 2mg	10%
Potassium 21mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Patent Flour (Bleached Wheat Flour, Malted Barley Flour, Potassium Bromate), Water, Danish Base (Enriched Wheat Flour Bleached (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Partially Hydrogenated Vegetable Oil (Soybean and/or Cottonseed Oil). Dextrose, Wheat Starch, Mono & Diglycerides With BHT and Citric Acid (added as preservatives), Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Salt, Dry Whole Egg, Soy Flour, Potato Flour, Soybean Oil, Dry Whey, Vital Wheat Gluten Corn Starch, Sodium Stearoyl Lactylate, Sodium Propionate (added as a preservative), Corn Oil, Beta Carotene (added as color), Citric Acid, Alpha Tocopherols (added as a preservative), Yeast, S-500 Dough Conditioner (Wheat Flour, DATEM, Dextrose, Soybean Oil, Ascorbic Acid, L-Cysteine, Enzymes), Salt.

CONTAINS: Wheat, Soy, and Eggs.



Homestyle Silver Dollar Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	160
% Daily Value*	
Total Fat 4.5g	6%
Saturated Fat 1g	5%
<i>Trans</i> Fat 1g	
Cholesterol 5mg	2%
Sodium 280mg	12%
Total Carbohydrate 26g	9%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 14mg	2%
Iron 2mg	10%
Potassium 20mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Patent Flour (Bleached Wheat Flour, Malted Barley Flour, Potassium Bromate), Water, Danish Base (Enriched Wheat Flour Bleached (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Partially Hydrogenated Vegetable Oil (Soybean and/or Cottonseed Oil). Dextrose, Wheat Starch, Mono & Diglycerides With BHT And Citric Acid As Preservatives , Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Salt, Dry Whole Egg, Soy Flour, Potato Flour, Soybean Oil, Dry Whey, Vital Wheat Gluten Corn Starch, Sodium Stearoyl Lactylate, Sodium Propionate (added as a preservative), Corn Oil, Beta Carotene (added as color), Citric Acid, Alpha Tocopherols (added as a preservative), Yeast, S-500 Dough Conditioner (Wheat Flour, DATEM, Dextrose, Soybean Oil, Ascorbic Acid, L-Cysteine, Enzymes), Salt.

CONTAINS: Wheat, Milk, Eggs, and Soy.



Kaiser Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	11%
Total Carbohydrate 26g	9%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 25mg	2%
Iron 2mg	10%
Potassium 50mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Patent Flour (Bleached Wheat Flour, Malted Barley Flour, Potassium Bromate), Water, Bread Base (Dextrose, Soybean Oil, Sugar, Salt, Mono- and Diglycerides, Corn Starch, Defatted Soy Flour and 2% or less of the following: Monocalcium Phosphate, Calcium Stearoyl Lactylate (CSL), Ascorbic Acid (Vitamin C), Azodicarbonamide (ADA), Enzymes, Yeast.

CONTAINS: Wheat and Soy.



Miami Onion Roll

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	130
	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 180mg	8%
Total Carbohydrate 22g	8%
Dietary Fiber --g	--%
Total Sugars 4g	
Includes --g Added Sugars	--%
Protein 4g	
Vitamin D --mcg	--%
Calcium 16mg	2%
Iron 1mg	6%
Potassium --mg	--%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Wheat Flour (Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Onions, Sugar, Yeast, Soybean Oil, Eggs, Poppy Seeds, Salt, Ascorbic Acid, Turmeric.

CONTAINS: Wheat and Soy.



Multigrain Croissant

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	170
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 2.5g	13%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%
Total Carbohydrate 23g	8%
Dietary Fiber --g	--%
Total Sugars 2g	
Includes --g Added Sugars	--%
Protein 5g	
Vitamin D --mcg	--%
Calcium 64mg	4%
Iron 1mg	6%
Potassium --mg	--%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Enriched Wheat Flour (Flour, Niacin, Thiamine Mononitrate, Iron, Riboflavin, Folic Acid), Water, Vegetable Oil Shortening Blend [Vegetable Oils (Palm, Canola), Water, Sugar, Monoglycerides, Soy Lecithin, Potassium Sorbate (added as a preservative), Citric Acid, Artificial Flavor], Whole Wheat Flour, Sugar, Yeast, Sunflower Seeds, Flax Seeds, Millet, Wheat Flakes, Rye Flakes, Wheat Gluten, Dried Egg White, Wheat Flour, Wheat Bran, Salt, Corn Flakes, Contains less than 2% of the following: Active Enzyme Soy Flour, Light Rye Flour, Oat Flakes, Soy Grits, Malted Barley Flour, Sodium Stearoyl-2-Lactylate, Artificial Flavor, Acetylated Tartaric Acid Esters of Mono and Diglycerides, Soy Lecithin, Potassium Sorbate (added as a preservative), Citric Acid, Mono and Diglycerides, Enzyme, Canola Oil, L-Cysteine, Ascorbic Acid, Color (Caramel, Annatto, Turmeric).

CONTAINS: Wheat, Soy, and Eggs.



Oktoberfest Brat Buns

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	160
	% Daily Value*
Total Fat 3.5g	4%
Saturated Fat 1g	5%
Trans Fat 0.5g	
Cholesterol 0mg	0%
Sodium 270mg	12%
Total Carbohydrate 28g	10%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 2mg	10%
Potassium 45mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Enriched Flour (Flour, Niacin, Iron From Ferrous Sulfate, Thiamine, Hydrochloride, Riboflavin), Water, Rye Flour, Yeast, Corn Syrup, Artificial and Natural Flavor, Salt, Wheat Gluten, Vegetable Shortening (Partially Hydrogenated Soybean and/or Cottonseed Oils), Artificial Color Lactose, Sodium Stearoyl Lactylate, Guar Gum, Ammonium Sulfate, Ascorbic Acid.

CONTAINS: Wheat and Soy.



Party Dinner Roll Buns

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	170
	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 1g	5%
<i>Trans</i> Fat 1g	
Cholesterol 5mg	2%
Sodium 290mg	13%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 15mg	2%
Iron 2mg	10%
Potassium 21mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Dough Mix (Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Partially Hydrogenated Soybean Oil, Sugar, Dextrose, Contains 2% or less of the following: Soy Flour, Whey, Nonfat Dry Milk, Buttermilk, Mono and Diglycerides, Salt, Potato Flour, Wheat Starch, Vital Wheat Glutem, Sodium Stearoyl Lactylate, Calcium Stearoyl-2-Lactylate, Lactylic Stearate, Leavening (Sodium Acid Prophosphate, Sodium Bicarbonate), Yellow 5, Annatto (added for color), Artificial Flavor, Eggs), Water, Flour, Baker's Yeast, Baker's Margarine (Partially Hydrogenated Soybean and Cottonseed, Fully Refined Soybean Oils, Water, Salt, Cultured Buttermilk, Soy Lecithin, Sorbic Acid, Sodium Benzoate (added to preserve freshness), Artificially Flavored, Beta-Carotene (added for color), Vitamin A Palmitate), Eggs, Sugar, Dough Developer (Wheat Flour, Datem, Dextrose, Soybean Oil, Ascorbic Acid, L-Cysteine, Azodicarbonamide (ADA), Enzymes), Salt.

CONTAINS: Soy, Wheat, Milk, and Egg.



Potato Roll

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	150
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 24mg	2%
Iron 2mg	10%
Potassium 91mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Potato Roll Mix (Enriched Wheat Flour Bleached (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Potato Flour, Salt, Soy Flour, Dry Whey, Yeast, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Mono & Diglycerides, With BHT & Citric Acid (added as preservatives), Sodium Stearoyl Lactylate, Calcium Propionate (added as a preservative), Nonfat Milk Solids, Wheat Starch.

CONTAINS: Wheat, Soy, and Milk.



Pretzel Burger Bun

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	150
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 26g	9%
Dietary Fiber --g	--%
Total Sugars 3g	
Includes --g Added Sugars	--%
Protein 4g	
Vitamin D --mcg	--%
Calcium 11mg	0%
Iron 0mg	0%
Potassium --mg	--%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Bleached Enriched Flour (Wheat Flour, Malted Barely Flour, Niacin, Iron, Potassium Bromate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Canola Oil, Sugar, Yeast, Malt, Dough Conditioner (Wheat Flour, Dextrose, Mono and Diglycerides, Vegetable Oil, Enzymes, Ascorbic Acid), Salt, Enzymes, Sodium Hydroxide.

CONTAINS: Wheat.



Pretzel Dinner Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	150
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 26g	9%
Dietary Fiber --g	--%
Total Sugars 3g	
Includes --g Added Sugars	--%
Protein 4g	
Vitamin D --mcg	--%
Calcium 11mg	0%
Iron 0mg	0%
Potassium --mg	--%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Unbleached Unbromated Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Canola Oil, Sugar, Yeast, Malt, Dough Conditioner (Wheat Flour, Dextrose, Mono and Diglycerides, Vegetable Oil, Enzymes, Ascorbic Acid), Salt, Enzymes, Sodium Hydroxide.

CONTAINS: Wheat.



Pretzel Sausage Bun

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	150
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 26g	9%
Dietary Fiber --g	--%
Total Sugars 3g	
Includes --g Added Sugars	--%
Protein 4g	
Vitamin D --mcg	--%
Calcium 11mg	0%
Iron 0mg	0%
Potassium --mg	--%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Unbleached Unbromated Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Canola Oil, Sugar, Yeast, Malt, Dough Conditioner (Wheat Flour, Dextrose, Mono and Diglycerides, Vegetable Oil, Enzymes, Ascorbic Acid), Salt, Enzymes, Sodium Hydroxide.

CONTAINS: Wheat.



Seven Sister Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 2mg	10%
Potassium 53mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched Flour (Bleached Wheat Flour Enriched (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Potassium Bromate), Water, Bread Base (Dextrose, Soybean Oil, Sugar, Salt, Mono and Diglycerides, Corn Starch, Soy Flour, Contains 2% or less of Calcium Stearoyl Lactylate, Monocalcium Phosphate, Ascorbic Acid, Azodicarbonamide, Enzymes), Baker's Yeast.

CONTAINS: Wheat and Soy.



SKS Bacon Rosemary Cheese Roll

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	170
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 440mg	19%
Total Carbohydrate 20g	7%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 83mg	6%
Iron 2mg	10%
Potassium 51mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: On packaging.



SKS Crusty Italian Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Total Carbohydrate 26g	9%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 7mg	0%
Iron 2mg	10%
Potassium 52mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: on packaging.



SKS Fresh Garlic and Asiago Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
<i>Trans</i> Fat 0g	
Cholesterol 5mg	2%
Sodium 320mg	14%
Total Carbohydrate 23g	8%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2mg	10%
Potassium 55mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: On packaging.



SKS Multi Grain Harvest Seed Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%
Total Carbohydrate 23g	8%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 18mg	2%
Iron 2mg	10%
Potassium 34mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: on packaging.



SKS Onion Poppy Seed Roll

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Total Carbohydrate 27g	10%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 35mg	2%
Iron 2mg	10%
Potassium 110mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: On packaging.



SKS Rustic Sour Dough Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 26g	9%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 7mg	0%
Iron 2mg	10%
Potassium 49mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: on packaging.



SKS Tomato Parmesan Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	13%
Total Carbohydrate 24g	9%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 43mg	4%
Iron 2mg	10%
Potassium 95mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: On packaging.



SKS Wisconsin 5 Cheese Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	160
% Daily Value*	
Total Fat 5g	6%
Saturated Fat 3g	15%
<i>Trans Fat</i> 0g	
Cholesterol 15mg	5%
Sodium 330mg	14%
Total Carbohydrate 20g	7%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 120mg	10%
Iron 1mg	6%
Potassium 49mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: on packaging.



Soft Kaiser Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	150
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 2mg	10%
Potassium 53mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched, Bleached Wheat Flour(Wheat Flour, Barley Malt, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Dextrose, Vegetable Shortening (Partially Hydrogenated Soybean, Cottonseed Oil and/or Canola Yeast, Sugar, Salt, Corn Starch, Soy Flour, Monocalcium Phosphate, Mono and diglycerides, Calcium Stearoyl Lactylate, Ascorbic Acid, Enzyme.

CONTAINS: Wheat and Soy.



Telera Roll

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	150
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Total Carbohydrate 28g	10%
Dietary Fiber --g	--%
Total Sugars 2g	
Includes --g Added Sugars	--%
Protein 5g	
Vitamin D --mcg	--%
Calcium 50mg	4%
Iron 2mg	10%
Potassium --mg	--%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Patent Flour (Bleached Wheat Flour, Malted Barley Flour, Potassium Bromate), Water, Danish Base (Enriched Wheat Flour Bleached (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Partially Hydrogenated Vegetable Oil (Soybean and/or Cottonseed Oil), Dextrose, Wheat Starch, Mono & Diglycerides with BHT and Citric Acid (added as preservatives), Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Salt, Dry Whole Egg, Soy Flour, Potato Flour, Soybean Oil, Dry Whey, Vital Wheat Gluten Corn Starch, Sodium Stearoyl Lactylate, Sodium Propionate (added as a preservative), Azodicarbonamide (Dough Conditioner), Corn Oil, Beta Carotene (added for color), Citric Acid, Alpha Tocopherols (added as a preservative), Yeast, S-500 Dough Conditioner (Wheat Flour, DATEM, Dextrose, Soybean Oil, Ascorbic Acid, L-Cysteine, Azodicarbonamide (ADA), Enzymes), Salt.

CONTAINS: Wheat, Soy, and Eggs.



Traditional Brat Buns

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	150
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 2mg	10%
Potassium 53mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched, Bleached Wheat Flour (Wheat Flour, Barley Malt, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Dextrose, Vegetable Shortening (Partially Hydrogenated Soybean, Cottonseed Oil and/or Canola Oil), Yeast, Sugar, Salt, Corn Starch, Soy Flour, Monocalcium Phosphate, Mono and Diglycerides, Stearoyl Lactylate, Ascorbic Acid, Enzyme.

CONTAINS: Wheat and Soy.



Upper Crust Hard Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	11%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron 2mg	10%
Potassium 50mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched, Bleached Wheat Flour (Wheat Flour, Barley Malt, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Soybean and/or Cottonseed), Dough Conditioner (Wheat Flour, Datem, Dextrose, Soybean Oil, Ascorbic Acid, L-Cysteine, Enzyme), Yeast, Sugar, and Salt.

CONTAINS: Wheat and Soy.



Upper Crust Wheat Hard Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	11%
Total Carbohydrate 27g	10%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 2mg	10%
Potassium 71mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Enriched, Bleached Wheat Flour(Wheat Flour, Barley Malt, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Whole Wheat, Salt, Vegetable Shortening (Partially Hydrogenated Soybean, Cottonseed and /or Canola Oil), Dextrose, Sugar, Yeast, Cornstarch, Mono and Diglycerides, Soy Flour, Ascorbic Acid, Potassium Bromate, L-Cysteine, Enzyme.

CONTAINS: Wheat and Soy.



Wheat Kaiser Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	160
% Daily Value*	
Total Fat 3.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%
Total Carbohydrate 28g	10%
Dietary Fiber 2g	7%
Total Sugars 5g	
Includes 1g Added Sugars	2%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 22mg	2%
Iron 1mg	6%
Potassium 94mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Patent Flour (Bleached Wheat Flour, Malted Barley Flour, Potassium Bromate), Water, Medium Wheat Flour (Whole Wheat Flour), Caravan Supersoad Grains 24 (Water, High Fructose Corn Syrup, Oats, Sunflower Seeds, Millet, Flax Seed, Contains 2% or Less of: Sea Salt, Cracked Wheat, Lactic Acid, Cultured Wheat Starch), Caravan #14 Bread Base (Dextrose, Soybean Oil, Sugar, Salt, Mono- and Diglycerides, Corn Starch, Defatted Soy Flour and 2% or Less of Each of the Following: Monocalcium Phosphate, Calcium Stearoyl Lactylate (CSL), Ascorbic Acid (Vitamin C), Enzymes (Contains Wheat)), Yeast, Molasses, Honey.

CONTAINS: Wheat and Soy.



Wheat Picollo Roll

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	130
	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Total Carbohydrate 25g	9%
Dietary Fiber --g	--%
Total Sugars 0g	
Includes --g Added Sugars	--%
Protein 5g	
Vitamin D --mcg	--%
Calcium 15mg	2%
Iron 1mg	6%
Potassium --mg	--%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Whole Wheat Flour, Water, Enriched Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour), Yeast, Salt, Wheat Gluten, Datem, Malted Barley Flour).

CONTAINS: Wheat.



White Picollo Roll

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	130
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	13%
Total Carbohydrate 27g	10%
Dietary Fiber --g	--%
Total Sugars 1g	
Includes --g Added Sugars	--%
Protein 5g	
Vitamin D --mcg	--%
Calcium 15mg	2%
Iron 2mg	10%
Potassium --mg	--%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour), Water, Yeast, Salt, Datem, Malted Barley Flour.

CONTAINS: Wheat.



Whole Grain Dinner Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	160
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%
Total Carbohydrate 28g	10%
Dietary Fiber 1g	4%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 23mg	2%
Iron 2mg	10%
Potassium 73mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched Flour (Bleached Wheat Flour Enriched (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Potassium Bromate), Water, Super Soaked Grains (Water, High Fructose Corn Syrup, Oats, Sunflower Seeds, Millet, Flax Seed, Contains 2% or less of Sea Salt, Cracked Wheat, Lactic Acid, Cultured Wheat Starch), Whole Wheat Flour, Bun Base 25 (Sugar, Dextrose, Soy Oil, Mono and Diglycerides, Salt, Guar Gum, Contains 2% or less of: Soy Flour, Calcium Stearoyl Lactylate, Monocalcium Phosphate, Ascorbic Acid, L-Cysteine, Hydrochloride, Enzyme, Azodicarbonamide, Baker's Yeast, Molasses, Honey).

CONTAINS: Wheat and Soy.



Whole Grain Hamburger Buns

Nutrition Facts

Variable servings per container
Serving size 2oz (57g)

Amount per serving
Calories 160

% Daily Value*

Total Fat 3g	4%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%
Total Carbohydrate 28g	10%
Dietary Fiber 1g	4%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 23mg	2%
Iron 2mg	10%
Potassium 73mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched Flour (Bleached Enriched Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Potassium Bromate), Water, Super Soaked Grains (Water, High Fructose Corn Syrup, Oats, Sunflower Seeds, Millet, Flax Seed, Contains 2% or less of the following: Sea Salt, Cracked Wheat, Lactic Acid, Cultured Wheat Starch, Whole Wheat Flour, Bun Base 25 (Sugar, Dextrose, Soy Oil, Mono and Diglycerides, Salt, Guar Gum, Contains 2% or less Soy Flour, Calcium Stearoyl Lactylate, Monocalcium Phosphate, Ascorbic Acid, L-Cysteine, Hydrochloride, Enzyme, Asodicarbonamide, Baker's Yeast, Molasses, Honey.

CONTAINS: Wheat and Soy.



Whole Grain Hot Dog Buns

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	160
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%
Total Carbohydrate 28g	10%
Dietary Fiber 1g	4%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 23mg	2%
Iron 2mg	10%
Potassium 73mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched Flour (Bleached Enriched Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Potassium Bromate), Water, Super Soaked Grains (Water, High Fructose Corn Syrup, Oats, Sunflower Seeds, Millet, Flax Seed, Contains 2% or less of the following: Sea Salt, Cracked Wheat, Lactic Acid, Cultured Wheat Starch, Whole Wheat Flour, Bun Base 25 (Sugar, Dextrose, Soy Oil, Mono and Diglycerides, Salt, Guar Gum, Contains 2% or less Soy Flour, Calcium Stearoyl Lactylate, Monocalcium Phosphate, Ascorbic Acid, L-Cysteine, Hydrochloride, Enzyme, Asodicarbonamide, Baker's Yeast, Molasses, Honey.

CONTAINS: Wheat and Soy.



Whole Wheat Dinner Rolls

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	160
	% Daily Value*
Total Fat 3.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%
Total Carbohydrate 28g	10%
Dietary Fiber 2g	7%
Total Sugars 5g	
Includes 1g Added Sugars	2%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 22mg	2%
Iron 1mg	6%
Potassium 94mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Water, Whole Wheat Flour, Enriched Flour (Bleached Wheat Flour (Bleached Wheat Flour Enriched (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Potassium Bromate), Bun Base 25 (Sugar, Dextrose, Soy Oil, Mono and Diglycerides, Salt, Guar Gum, Contains 2% or less of: Soy Flour, Calcium Stearoyl Lactylate, Monocalcium Phosphate, Ascorbic Acid, L-Cysteine Hydrochloride, Enzyme, Azodicarbonamide, Baker's Yeast, Corn Syrup, All Purpose Shortening (Partially Hydrogenated Soybean and Cottonseed Oil), Molasses.

CONTAINS: Wheat and Soy.



Whole Wheat Hamburger Buns

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	160
	% Daily Value*
Total Fat 3.5g	4%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%
Total Carbohydrate 28g	10%
Dietary Fiber 2g	7%
Total Sugars 5g	
Includes 1g Added Sugars	2%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 22mg	2%
Iron 1mg	6%
Potassium 94mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched Flour (Bleached Wheat Flour Enriched (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Potassium Bromate), Water, Super Soaked Grains (Water, High Fructose Corn Syrup, Oats, Sunflower Seeds, Millet, Flax Seed, Contains 2% or less of Sea Salt, Cracked Wheat, Lactic Acid, Cultured Wheat Starch), Whole Wheat Flour, Bun Base 25 (Sugar, Dextrose, Soy Oil, Mono and Diglycerides, Salt, Guar Gum, Contains 2% or less of: Soy Flour, Calcium Stearoyl Lactylate, Monocalcium Phosphate, Ascorbic Acid, L-Cysteine, Hydrochloride, Enzyme, Azodicarbonamide, Baker's Yeast, Molasses, Honey).

CONTAINS: Wheat and Soy.



Whole Wheat Hot Dog Buns

Nutrition Facts	
Variable servings per container	
Serving size	2oz (57g)
Amount per serving	
Calories	160
	% Daily Value*
Total Fat 3.5g	4%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%
Total Carbohydrate 28g	10%
Dietary Fiber 2g	7%
Total Sugars 5g	
Includes 1g Added Sugars	2%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 22mg	2%
Iron 1mg	6%
Potassium 94mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Enriched Flour (Bleached Wheat Flour Enriched (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Potassium Bromate), Water, Super Soaked Grains (Water, High Fructose Corn Syrup, Oats, Sunflower Seeds, Millet, Flax Seed, Contains 2% or less of Sea Salt, Cracked Wheat, Lactic Acid, Cultured Wheat Starch), Whole Wheat Flour, Bun Base 25 (Sugar, Dextrose, Soy Oil, Mono and Diglycerides, Salt, Guar Gum, Contains 2% or less of: Soy Flour, Calcium Stearoyl Lactylate, Monocalcium Phosphate, Ascorbic Acid, L-Cysteine, Hydrochloride, Enzyme, Azodicarbonamide, Baker’s Yeast, Molasses, Honey.

CONTAINS: Wheat and Soy.